

RIVER ADVENTURES	YOUTH ADULTS (under 16)	
FULL-DAY RIVER ADVENTURE World-famous scenery and a barbecue lunch rafting the Colorado River. 8:00am - 4:00pm (min age: 5)	\$87 \$67	(
COLORADO RIVER A.M. HALF-DAY Raft the river from Fisher Towers to Rocky Rapid. 8:15am - 12:30pm (min age: 5)	\$56 \$45	
Raft from Rocky Rapid to Takeout. Includes BBQ lunch along the river. 10:45am - 4:00pm (min age: 5)	\$67 \$57	
WESTWATER CANYON FULL-DAY Enjoy exciting whitewater rapids & lunch in this unique Canyon. 7:30am - 6:00pm (min age: 10)	\$175 \$175	
Transportation, board rental, instruction, guide, snacks and water are included. (min age: 10)	\$75 \$55	I
HUMMER' SAFARIS	YOUTH ADULTS (under 16)	fr
SLICKROCK SAFARI Incredible 4x4 experience over a landscape of petrified sand dunes. Departs 7:30am, 10am, 1pm (2 hrs)	\$81 \$49	Si w
GRAND SAFARI Further explore the backcountry in the world's most serious 4x4. Departure times vary by season. (4 hrs)	\$169 \$122	2 rc
SUNSET SAFARI The ideal time of day for the perfect off-road experience over petrified dunes and desert scenery. (3 hrs)	\$91 \$69	C
MOUNTAIN BIKING	YOUTH ADULTS (under 16)	D
HALF-DAY MOUNTAIN BIKING Easy to moderate rides. Enjoy scenic desert and red rock oasis. Includes bike rental, helmet, water. (4 hrs)	\$95 \$95	1 0 <u>I</u>
CANYONLANDS SUNRISE DOWNHILL Relaxing downhill ride w/ breakfast. Enjoy grand vistas at every turn. Departure times vary. (5 hrs)	\$110 \$95	m
ARCHES N.P. TOURS	YOUTH ADULTS (under 16)	I E
ARCHES FIERY FURNACE HIKE Explore a maze of astounding hidden chasms with one of our guides on this unique hike . 7:15am - 12:30pm	\$86 \$65	ir
Relaxing park tour and easy walks at the perfect time of	\$73 \$49	

ZIPLINE & ROPES	YOUTH ADULTS (under 16)
ZIPLINE TOURS Glide over the sandstone fins and gaps with a series of	\$129 \$99

zip line cables and bridges. (min. age 9) EPHEDRAS GROTTO CANYONEERING Excellent canyoneering intro gives you access to seldom seen canyons with exciting rappels! 4 hrs (min age: 10)

DESERT ROCK CLIMBING \$99 \$84 Climbing, instruction, and fun on rope and rock! All equipment provided. 5 hrs (min age: 5)

HIGH ROPES COURSE Challenge course, safety gear & instruction, and southern Utah's highest swing! 2 hrs (min age: 10) \$60 \$50

#### FLIGHTS & HORSEBACK ADULTS YOUTH HOT AIR BALLOON RIDES

oar over the sandstone valleys and spires of Moab \$269 \$269 rom an unforgettable perspective. (Approx 3.5 hours)

CANYONLANDS SCENIC FLIGHT \$173 \$173 See all 4 districts of Canyonlands NP in just one hour with a bird's eye view! Departs 9am

\$90 \$90

CASTLE VALLEY HORSEBACK RIDE 2.5 hours plus instruction on horses, with a stunning red ock backdrop. Departs 8am & 4pm (min age: 8)

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Cruise the Colorado River near Canyonlands NP. \$89 \$79 Departs 8am, 1pm (3 hrs)

SUNSET JETBOAT & DINNER hr Dutch-oven dinner plus 1.5 hr jetboat on the \$79 \$69 Colorado River near Canyonlands NP.

DINNER & NIGHT SHOW \$69 \$59 hr Dutch-oven dinner plus 2 hr light show on slownoving boat ride on the Colorado River.

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DAILY & MULTI-DAY RENTALS

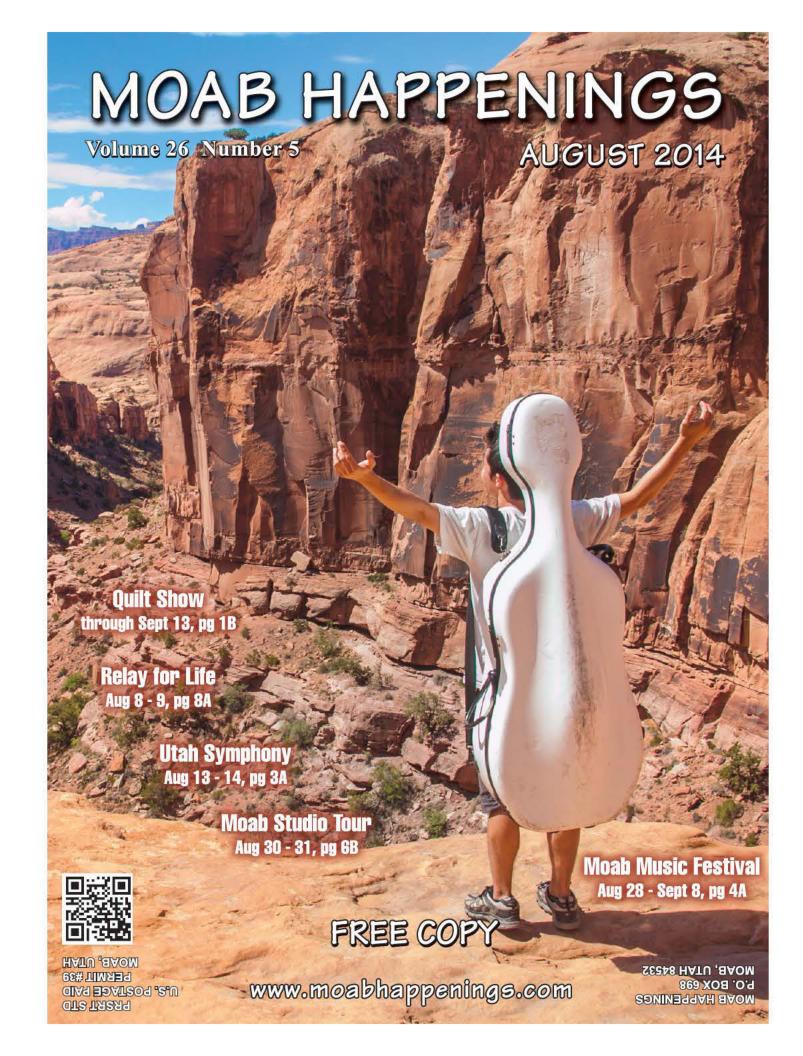
Explore Moab, the world's number one off-road destination, RATES \$175 n a 2 or 4 door Jeep Wrangler. Includes area maps!

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2A • August 2014 • Moab Happenings

## MOAB HAPPENINGS

### MOAB HAPPENINGS®

"Moab Happenings" is published by Canyonlands Advertising Inc. of Moab, Utah and is provided free throughout the Moab area as a visitor information guide.

Articles and photos of area tourist attractions or local historic sites are welcome and may be used at the editor's discretion.

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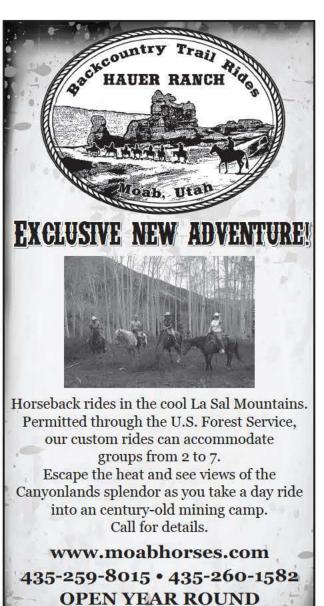
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## SYMPHONY HAPPENINGS

### The Mighty 5® Tour

This month, two iconic forces combine to create a unique combination: nature and music. Against the fiery red backdrops of Southern Utah's national parks and communities, the Utah Symphony with Music Director Thierry Fischer and soprano Celena Shafer will perform during the Mighty 5® Tour from August 11 − 17.

"The Mighty 5® Tour is a great opportunity to combine two kinds of beauty: nature and sound," Mr. Fischer says. "Here in Utah we have the unique and wonderful fortune of being surrounded by five amazing national parks, and with this tour we plan to celebrate them by mixing all the elements of nature with beautiful sounds."

The events celebrating the beauty and mystique of Moab, Arches National Park and Canyonlands National Park will take place on Aug. 13 and 14. The full orchestra performance at 8 PM on August 14 at Red Cliffs Lodge will include movements from Antonin Dvořák's "New World" Symphony, an orchestra suite from Georges Bizet's famous opera Carmen, and George Gershwin's "Summertime" and "An American in Paris."

In addition to this performance, there will be other performances and activities held in and around the national parks. On Wednesday, Aug. 13 at 7:30 PM, there will be two chamber ensemble performances: The Kathryn

redcliffslodge.com

Eberle Quartet and Dvorak's American String Quartet will perform at the Arches National Park Visitors Center and the Aspen Woodwind Winds Quartet will display their talents among cliffs vertical the and canyons of Dead Horse Point State Park.

The Utah Symphony will also provide interactive

activities for visitors at the Arches National Park Visitors Center on Aug. 13 and at Canyonlands Visitors Center on Aug. 14. These will highlight a number of birds that are found in the national parks. Children will learn the rhythm and melody of those birdsongs, and at some parks, they will be able to get Junior Ranger credit for completing this activity. Throughout the day, musicians from Aspen Winds will perform at both locations.



The Mighty 5® Tour is an exclusive experience and a chance for everyone in Utah to celebrate the beauty of nature and music. For complete details, visit www. utahsymphony.org/mighty5

By Traci Grant

#### Wednesday, August 13, 2014

All day – Interactive Educational Activities Visitors Center, Arches National Park

7:30 PM – Kathryn Eberle Quartet, Dvorak's American String Quartet Performance Visitors Center, Arches National Park

7:30 PM – Aspen Winds Performance Dead Horse Point State Park

#### Thursday, August 14

All day – Interactive Educational Activities Canyonlands Visitors' Center

8 PM – Red Cliffs Lodge (Sold Out)
Utah Symphony Performance\* with Thierry Fischer
and soprano Celena Shafer

\*Tickets Required



UTAH



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## MUSIC HAPPENINGS

The Moab Music Festival's 22nd Season!

### "an adventurer's paradise... becomes an extraordinary concert hall"



As Smithsonian Magazine said of the Moab Music Festival, "Moab is an

adventurer's paradise... but when the summer heat tapers off around Labor Day, the region becomes an extraordinary concert hall for world-class musicians." Be here August 28 to September 8 for the magic of music in concert with the landscape when the banks of the Colorado River, its canyons, grottos and views, its history and living present sing with music across traditions and ages.

According to Festival Co-founder and Music Director

Michael Barrett, "Our 22nd season celebrates a new generation of innovators who bring artistry and imagination to music both the traditional and contemporary in a fabulous balance of youthful energy and history. And of course the red rock landscape always seems to give our concerts an added depth we can find only here."

From programming master Barrett comes opening night

at Star Hall "Music, Marriage, and Madness," Barrett's exploration of the music of Robert Schumann, that of his gifted wife Clara, and of the young Johannes Brahms, who remained devoted to both Robert and Clara, moving into

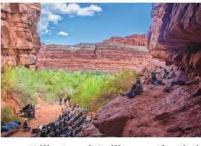


their home while Robert was living at an asylum. Red Cliffs Lodge hosts two compelling evenings, one featuring virtuoso Colombian jazz harpist Edmar Castaneda's original music from the traditions of his native Colombia and the world of improvised jazz; another titled "Ireland in the New World" which explores the roots and pathways of Irish and Scottish jigs, reels, tender ballads and humorous broadsides for an evening of toe-tapping Celtic music,

performed by master musicians.

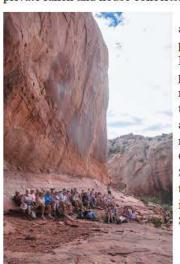
Concerts at Sorrel River Ranch Resort and Spa include "Freedom and Censorship: The Music of Russia and Poland," with music by Shostakovich, Rimsky-Korsakov, Chopin and others, tracing the flowering of their musical tradition in the 19th and 20th centuries, as well as the struggle of the post-war years; and world-renowned guitarist and singer John Pizzarelli, prime

interpreter of the Great American Songbook, who uses performers like Nat "King" Cole, Frank Sinatra and Joao Gilberto as touchstones, setting the modern standard for stylish expressions of the cool jazz tunes of an earlier era.



Gilbert and Sullivan make their Moab debut closing night with their one-act satire

on the British legal system, Trial by Jury, as the centerpiece of "There Will Always Be an England." The free Rocky Mountain Power Family Picnic in Swanny City Park celebrates the 50th Anniversary of Canyonlands National Park with a new work by Utah's Gerald Elias evoking a local historical figure. And of course there's a generous serving of chamber music at the end of Musical Hikes, private ranch and house concerts.



For more information about the Festival or to purchase tickets for the Moab Music Festival, please visit moabmusicfest.org telephone the Box Office at (435) 259-7003. You may also visit the Festival Office at 58 East 300 South, Moab and be sure to mention you read about it in Moab Happenings. See ad on page 1B.











### Music by Women for Everyone!

As summer progresses and the desert monsoons continue their migration through Torrey, so does another annual event: the Women's RedRock Musical Festival. Hosted on the grounds of Robber's Roost Bookstore, the outdoor festival expects to host upwards of 600 attendees. In its eighth year, the Festival has an remarkable track record of introducing to its audiences incredible music by independent women musicians. The festival is committed in being inclusive in every aspect of its operation. The directors make sure that each decision made-from performers to vendors—demonstrates their dedication to creating a festival that is welcoming to everyone. This year's lineup offers impressive diversity—diversity on so many levels. The countries of origin of the headliners is just one of those levels.

Friday's headliner offer festival goers a chance to hear a truly international sensation. Three sisters from

Sweden make up the band Baskery: Greta on the sixstring banjo and customized drums, Stella on upright bass, and Sunniva on guitar. They started out their careers in a band with their father called The Slaptones and began Baskery in 2006. With three released albums, they describe their music as Killbilly, mudcountry and banjo punk



Baskery

(think Dixie Chicks or The Roches). Although they've been offered record deals with major labels, the sisters say they've turned them down. One label wanted them to change who they are. Another wanted them to stay exactly the same, never making any changes. "We followed our hearts. We didn't adapt to the market," Sunniva said. They created their own independent label, Mother Tarantula.

They also never rehearse. Most of their songs are created during jam sessions, they say.

The international flavor continues with Saturday's headliner, Belgian Sarah Bettens. As a solo performer



Sarah Bettens

and in the band K's Choice, Sarah has played in front of crowds of 30,000 at some of Europe's biggest festivals. But this summer she's focusing on the writing and recording of the band's new album and limiting her summer shows to only four: two festivals in Belgium and two in the US-in Georgia and at the Women's Redrock Music Festival. Sarah played WRMF a few years ago; she loved the red rocks and the crowds and wanted to come back. Her closing

out the festival in 2009 will be remembered as a WRMF highlight. When asked about her lyrics Sarah says, "I feel strongly about what every song says. I can't write about things that don't affect me emotionally- I just like to offer stories that will hopefully spark conversation." She currently lives in Johnson City, TN. She has been married to Stef Kramer since 2002 and they have four children.

The Women's Redrock Music Festival, created in 2007, is a non-profit working with the Entrada Institute, and is organized by Carol Gnade, Founding Director, along with Laurie Wood, Jeri Tafoya, and Lu Prickett. As stated in its mission statement, the festival promises "Music by Women, for Everyone." With an endeavor to empower and support independent women musicians from around the world, the festival each year brings the benefits of donations, scholarships, and loyal followers, which are cultural and economical gifts to Torrey and the surrounding communities and small business owners.

For tickets and more information go to www. womensredrockmusicfest.com. See ad on page 3B.



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## MOAB AREA EVENTS CALENDAR





### Edge of the Cedars State Park Museum

660 West, 400 North, in Blanding, Utah. For more information please call the Edge of the Cedars State Park Museum at (435) 678-2238

Day Visits: \$5 per person or \$20 a carload \$3 Children 6-12 Tour Buses \$3 per person Annual Passes are \$75 Park Hours: Monday - Saturday 9 a.m. to 5 p.m. Sunday 10 a.m. to 4 p.m.

Closed: Thanksgiving, Christmas & New Year's Day

### The Moab Farmers' Market

is every Thursday evening from 5-8pm!

Featuring local and regional produce, meat & cheese, handcrafted goods, fine art, baked goods & other prepared food, and live music!

Join us at Swanny City Park.

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### August Events

Aug 1 Garden Dinner - presented by the Youth Garden Project, 530 S. 400 East. Join Chef Kaye Davis, deli manager at The Moonflower Cooperative, & Kara Stoner for a feast for the senses. In addition to being a unique & fun evening Garden Dinners help raise funds for youth & community programs. \$50 pp, advance reservations required call 435-259-BEAN.

Aug 1 Moab Western Show- Comedy and Music 8:30pm Moab Backyard Theater 56 W. 100 South.

Aug 1 Hideout Shootout Golf Tournament- 2 pm shotgun start. Two person teams, better ball format, \$110 per team, USGA handicaps required. Hideout Golf Club 549 S. Main St. Monticello, UT. For info call 435-587-2200.

Aug 1-5 Women: Wild By Nature River Rafting Trip - Women, whitewater, wisdom and wonder. Join CFI's Director Karla VanderZanden on this special womenonly annual event. Women of all ages & backgrounds enjoy this trip; youth 16 & older are welcome. Visit cfimoab.org or call 435-259-7750.

Aug 1-9 San Juan County Fair- Sew It! Grow It! Show It. With all of the fair events you remember from your childhood. See article pg. 17B, ad on this page.

Aug 2 Multicultural Market-9am -1pm 156 North 100 West. Browse, Shop,Sell, Eat. Selling food, collectibles, handmade merchandise, jewelry, art, crafts, fresh fruit & vegetables. Musicians Welcome! Interested vendors please call 435-259-1601. Fee only \$10 or 15% whichever is less.

Aug 2 Delicate Stitchers Quilt Guild's Impressions of Canyonlands Annual Quilt Challenge honoring the 50th Celebration of Canyonlands National Park - special reception from 6-9pm, at the Museum of Moab, 118 E. Center. The quilts will be on display July 16th thru September 13th. See article on pg. 1B.

Aug 2 Magic Night with Rick Boretti-8pm Moab Backyard Theater 56 W. 100 South.

Aug 2-3 Hideout Amateur Golf Tournament- 9:00am Sat & 8:00am Sun start times. Individual stroke play Men's & Ladies flights, USGA handicaps required. \$125 includes cart & lunch following Saturdays round. Hideout Golf Club 549 S. Main St. Monticello, UT. For info call 435-587-2200.

Aug 2-3 Mixed Golf Tourney 3-n-1- Moab Golf Club, 2705 E. Bench Rd, 435-259-6488.

Aug 4 Moab Western Show- Comedy and Music 8pm Moab Backyard Theater 56 W. 100 South.

Aug 5 Moab Garden Club- Our August Garden Club meeting takes us to the home of member, Lee Truesdell, 1587 Huntcreek Dr 7:00p p.m. Lee is working on converting her gardens from water thirsty to water wise; much better suited for our arid environment. Garden Club is open to anyone with an interest in gardening. For further information contact Tricia Scott at 435-249-4959.

Aug 6 Complimentary Seminar: How Bio-Identical Hormone Replacement Therapy can help you. from 6:00-7:00 in Moab. Please RSVP with your name & number of attendees for this limited-seating presentation. Refreshments provided. Call 800-775-4902 x178 or go to www.utahbioidenticalhormones. com/bhrt-doctor-utah. Provided by Hormone Centers of Utah.

Aug 7 Moab Western Show- Comedy and Music 8:15pm Moab Backyard Theater 56 W. 100 South.

Aug 7 Jerry Shue- Honey Bees, Humans, and Moab Explore the amazing world of honey bees, how humans have partnered with them for millennia, and how beekeepers in Moab are dealing with the current challenges to honey bee health. Jerry Shue has been a beekeeper, on & off, for 37 years. He has been a honey bee inspector in Pennsylvania & Utah, has searched desert canyons to find wild survivor colonies, & has seen 40,000 commercial hives sitting in one field waiting to pollinate almonds. He believes the bees have a lot to teach us. Moab Information Center, Center & Main, 2014 Lecture Series sponsored by Canyonlands Natural History Association (CNHA) & Museum of Moab. 6:00 pm.

Aug 7-10 Edge of the Cedars State Park Museum- hosts the Pecos Conference of Southwest Archaeology. See ad and article on pg. 17B.

Aug 8 Moab Western Show- Comedy and Music 8:30pm Moab Backyard Theater 56 W. 100 South.

Aug 8 Bluff Fort - hosts Allen & Leonie Hunt concert. See article on pg. 17B.

Aug 8-9 Relay for Life - support The American Cancer Society. Taste of Moab starts at 5, Opening Ceremony is at 6; Survivor Lap at 6:30; Luminaria ceremony at 10:00; Closing Ceremony at 6 am on Saturday morning. At the Old Spanish Trail Arena. For info call Yordy 970-986-9141. See article on pg. 8A.

Aug 8-9 Women's Redrock Music Festival- Robber's Roost Bookstore (outdoor venue) Torrey, Utah. 185 West Main, Torrey Utah. For tickets & details visit our website at www.redrockwomensfest.com. See ad on pg. 3B and article on 4A.

Aug 9 Multicultural Market- 9am-1pm, 156 North 100 West. Browse, Shop,Sell, Eat. Selling food, collectibles, handmade merchandise, jewelry, art, crafts, fresh fruit & vegetables. Musicians Welcome! Interested vendors please call 435-259-1601. Fee only \$10 or 15% whichever is less.

Aug 9 Abajo Enduro Mountain Bike Race- see article on pg. 17B.



San Juan County Fair August 1-9

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> Rodeo August 1&2

Youth Rodeo August 9

**Little Texas Concert** Aug. 7 at 7:30pm

For more event info: www.sanjuancountyfair.com

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### **DEADLINE for SEPTEMBER Events Calendar: <u>AUGUST 20, 2014</u>**

Listings in the *Moab Happenings* Events Calendar are FREE!! Do you know of an event for the Happenings calendar?? Call (435) 259-8431 or fax us at (435) 259-2418

e-mail: info@moabhappenings.com

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## MORE MOAB AREA EVENTS

### August Events continued

Aug 9 Free Concert Moab Music Festival- an evening of music with singer/songwriter Jean Rohe & special guests Danny Noveck & Christopher Layer. 6pm at Aarchway Inn, 1551 Hwy 191. For info www. moabmusicfest.org. Donations accepted.

Aug 9 Fourth Annual George Geer Memorial Car Show, Cortez. See ad on pg 16B.

Aug 9 Magic Night with Rick Boretti-8pm Moab Backyard Theater 56 W. 100 South.

Aug 11-17 Utah Symphony's Mighty 5 Tour - see complete schedule and information on pg. 3A.

Aug 12-15 Sustainable You! Summer Camp - Join Canyonlands Field Institute & Roslyn Brain, PhD for this fun and active Sustainable You! Summer Camp in Moab. It's an exciting opportunity for kids entering 5th through 8th grades to participate in an awesome learning adventure during the summer. Visit cfimoab. org or call 435-259-7750.

Aug 13 Music in the Parks: Chamber Ensemble Performance- 7:30pm at Arches National Park & Dead Horse Point State Park. Concert is free. For info: utahsymphony.org/mighty5/concerts/itinerary. See article on pg. 3A.

Aug 14 Steve Curry ~ Meteorites ~ It has only been within the last few years that scientists have come to discover, & understand, that nearly all our basic & precious metals were created and produced extra terrestrially. Join Steve Curry for an exciting program discussing new & exciting discoveries. Go deep inside meteorites with the help of thin section microscopy. Steve will also discuss the international trade of meteorites, its effects & ramifications on man kind's scientific pursuits & advancements. 6pm at Moab Information Center, Center & Main. 2014 Lecture Series sponsored by Canyonlands Natural History Association (CNHA) & Museum of Moab.

Aug 14 Utah Symphony's Mighty 5 Performance- 8pm at Red Cliffs Lodge, milepost 14 on Highway 128. Concert is free, get your tickets in advance at Zions Bank, 330 S. Main. See article on pg. 3A.

Aug 14 Western Show-Comedy and Music 8pm Moab Backyard Theater 56 W. 100 South.

Aug 15 Western Show-Comedy and Music 8:30pm Moab Backyard Theater 56 W. 100 South.

Aug 16 Multicultural Market-9am-1pm, 156 North 100 West. Browse, Shop, Sell, Eat. Selling food, collectibles, handmade merchandise, jewelry, art, crafts, fresh fruit & vegetables. Musicians Welcome! Interested vendors please call 435-259-1601. Fee only \$10 or 15% whichever is less.

Aug 16 Dirt Riot Endurance Racing, Cortez. See ad on pg 16B.

Aug 16 Magic Night with Rick Boretti-8pm Moab Backyard Theater 56 W. 100 South.

Aug 17 Canyonlands Field Institute 30th Anniversary Benefit Dinner at Pack Creek Ranch - This enlivening evening includes a silent auction; social hour music by Christopher Layer, Moab Music Festival Artist in Residence; & talk by Bill Haggerty, outdoor writer for the Grand Junction Sentinel. Guest chef & owner of Pack Creek Ranch, Jane Sleight, will prepare gourmet dinner with local, fresh ingredients. Limited seating, \$50 per guest. Call CFI at 435-259-7750 to reserve, or purchase tickets online, visit cfimoab.org/ events/pack-creek-dinner. All proceeds benefit CFI's youth programs.

Aug 20 Toastmasters Meeting- everyone is welcome. Noon in the basement of the Zions Bank building, 330 S. Main St. For more info call 435-220-0646.

Aug 21 Free Film: ALIVE INSIDE- presented by the Grand County Public Library & the Utah Film Center: As dementia affects millions of elderly Americans, ALIVE INSIDE reveals a remarkable, music-based breakthrough that has already transformed lives. Captured over the course of three years, we learn that songs from a patient's past can awaken memories & emotions that have been asleep for years, restoring a deep sense of self to those suffering from the isolation of dementia. 7 pm at Star Hall 159 E. Center St. for more info call the library at 435-259-1111.

Aug 22 Potluck Open Mic - Moab Poets and Writers invite you to our next outdoor potluck open mic at Eklectica Cafe, 352 N. Main. This event begins at 6:30 p.m. Share your poems, songs & stories where it all began. Join us to enjoy the food, fellowship & to listen to the voice of our local writers. For info 435-259-6197.

Aug 22 Western Show-Comedy and Music 8pm Moab Backyard Theater 56 W. 100 South.

### 2014 MOAB EVENTS

August 9-10.....Relay For Life

Aug 28-Sept 8 . . . . Moab Music Festival

September 13-14 . . . Racing in the Rockies

September 16-20...Land Rover National Rally September 19-23 ... Moab Int'l Film Festival

September 20 . . . . . Moab Century Tour

September 22-26...Moab Gay Adventure Week

September 26-28...Moab Pride Festival

September 24-28...Red Rockin' ATV-UTV Trails Ride

October 1-5.....Outerbike

October 3-11.....PleinAir Moab October 9-11.....Rock, Gem & Mineral Show

October 11.....Radical Reels

October 16-18 . . . . Moab Jeep Jamboree

October 18-19 . . . . Barrel For Bucks

October 19 . . . . . The Other Half

October 23-26..... Moab Ho-Down Mtn Bike Festival

October 25 . . . . . Zombi 5K

November 2..... Moab Trail Marathon

November 3..... Dia de Los Muertos (Day of the Dead)

November 5......Christmas Tree Lighting

November 5-8 .... Moab Senior Games

November 7-9..... Moab Folk Festival

November 7-9..... Moab Celtic Festival

December 5-6.....Grand Center X-mas Gift Fair December 5-6.....MARC Holiday Craft Fair

December 6......Winter Sun Run 10K

December 6 . . . . . . Electric Light Parade

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Aug 29-30 Moab Electronic Music & Arts Festival- 2 nights, 16 artists, 12,000 watts of sound. Club Rio, 2 S. 100 West, 435-259-2654.

970-986-9141.

Aug 29-Sept 1 Bates Wilson Youth Camp - The Friends of Arches & Canyonlands Parks, in partnership with Canyonlands

Aug 23 Multicultural Market- 9am-1pm, 156 North 100

West. Browse, Shop, Sell, Eat. Selling food, collectibles,

handmade merchandise, jewelry, art, crafts, fresh fruit

& vegetables. Musicians Welcome! Interested vendors

please call 435-259-1601. Fee only \$10 or 15% whichever

Aug 23 Big Mountain Enduro Moab - This single-day

Big Mountain Enduro stop will combine over 7,500 feet

of descending over the course of 3 stages & will navigate

through various climate zones as riders wind their way

down from Burro Pass through Hazard County, Kokopelli,

UPS, LPS & Porcupine Rim trails and will serve as the final points race for the 2014 Big Mountain Enduro and

is conducted on Public Lands under special permit from

the U.S. Bureau of Land Management & USDA Forest

Service. For info visit bigmountainenduro.com or call

Aug 23 Southwest Colorado Food, Wine, Art Festival-

Aug 23-24 Hideout Senior Amateur Golf Tournament-

Hideout Golf Club, Monticello, Utah. www.hideoutgolf.

Aug 23 Reach Out Music Festival- promoting positive

music, speakers & a family friendly event in Cortez. See

Aug 23 Outward Bound Scholarship Fundraiser-

featuring a silent auction of awesome outdoor gear

& gift certificates to local Moab shops & restaurants.

Proceeds go toward scholarships to take local Moab

teens on course. 6pm at Eddie McStiff's, 57 S. Main St.

Aug 23 Magic Night with Rick Boretti-8pm Moab

Aug 23 Celebrate the Stars- join rangers from Dead

Horse Point State Park & Canyonlands National Park as

we explore our night skies. A short interpretive program will be followed by telescope viewing. Programs will take place

in good weather or bad. Bring a chair, a red flashlight (if you

have one), & warm clothes. 8:30pm at the Island in the Sky

Aug 25 Free National Park Entrance Day (National Park

Service Birthday) - Visit all national parks, including Arches

and Canyonlands National Parks, for free! For more info visit

Aug 25 Discovery Center- hosts night sky program. See

Aug 26 Moab Women's Network-6pm at Rotary Park. Bring

a snack or dish to share. MWN is committed to empowering

women entrepreneurs by providing opportunities to embrace & enhance their unique talents in a welcoming environment.

Aug 28-Sep 8 Moab Music Festival- every September,

the award-winning Moab Music Festival brings world-class musicians to stunning red rock venues around Moab, Utah for a

feast of chamber music, jazz, & traditional music concerts. We

call it "music in concert with the landscape," celebrating old &

new chamber music, jazz with a Latin flavor, & traditional music

from around the globe. For info and tickets www.moabmusicfest.

Aug 28-30 2014 Utah State H.O.G. Rally - a Harley-Davidson

Motor Company event. This destination rally takes place in

Moab, Utah, surrounded by the warmth & hospitality of a small

resort town at the center of some of the most stunning red

rock landscapes on Earth. Local residents are encouraged to participate as spectators at our events, including our bike games

behind the drivers license division from 6:30pm-8:30pm Aug

28th. Our bike show & bike wash will be at the Moab Valley Inn

on Aug 28 from 1-5pm. Harley Davidson will be providing 2015

bikes for demo & those who would like to participate need a

valid motorcycle license & helmet. For info visit utstatehogrally.

Aug 29 Relay for Life Dutch Oven Cook Off- 3pm at Old

City Park. Grab your favorite camp cook & come support The

American Cancer Society & Relay for Life. For info call Yordy

is less.

303-551-4813.

ad on pg. 16B.

See ad on pg. 15A.

nps.gov/findapark/feefreeparks.htm.

For info moab.women@gmail.com.

Visitor Center.

article on pg. 17B.

org or 435-259-7003.

com or call 385-414-8048.

Backyard Theater 56 W. 100 South.

Cortez. See ad on pg 16B.

com. See article on pg. 17B.

Field Institute, is celebrating Canyonlands National Park's 50th anniversary this year with the first annual Bates Wilson Youth Camp. For more info see pg. 17B.

Aug 30 Multicultural Market- 9am-1pm, 156 North 100 West. Browse, Shop, Sell, Eat. Selling food, collectibles, handmade merchandise, jewelry, art, crafts, fresh fruit & vegetables. Musicians Welcome! Interested vendors call 435-259-1601.

Aug 22 Hometown Harmony- Bluff, Utah. See article on pg. 17B.

Wowmoabhappenings.com

## and MORE MOAB AREA EVENTS

### Events continued

- Aug 30 Magic Night with Rick Boretti-8pm Moab Backyard Theater 56 W. 100 South.
- Aug 30-31 Moab Artists Studio Tour visit the homes & professional studios of local artists. It is an opportunity to observe & ask questions of your favorite artists. Tour runs 10am-4pm both days. For info moabstudiotour.com. See ad pg 18B & article pg. 6B.
- Aug 30-Sept 1 Red Rock 4 Wheelers 2014 Labor Day Safari & Campout- a family-focused event that includes not only wheeling together, but camping together as well as other activities. Headquartered at Moab Rim Camppark located at 1900 S. Hwy 191. Daily trail runs led by fun & knowledgeable Red Rock 4-Wheelers. A great chance to rub shoulders with other jeepers, hang out in a family friendly environment & share stories. For info www.rr4w.com.

### September Events

Sept 1 LABOR DAY

- Sept 1 Rocky Mountain Power Free Family Picnic Concert- a tradition in conjunction with the Moab Music Festival. 2pm at Swanny City Park, corner of 100 West & Park Dr. See article on pg. 4A.
- Sept 5 Fall Couples Classic Golf Tournament-Hideout Golf Club, Monticello, Utah. www. hideoutgolf.com See article on pg.17B.
- Sept 5 Moab Area Art Classes with Kathy Cooneycreate your own masterpiece on the scenic Colorado River. Beginner class 2pm-4pm, supplies provided. All proceeds go to Canyonlands Natural History Association's Discovery Pool Program which supports science & research on the Colorado Plateau. \$60 pp, sign up 800-840-8978 or alishia@cnha.org. Space is limited, sign up by Aug 22nd.
- Sept 6 Edge of the Cedars State Park Museum-hosts lecture by Laurie Webster, Re-Excavating the Past: New Work with Ancient Textiles, Baskets, Wood, and Hides from Southeastern Utah. Lecture starts at 2pm, 660 W. 400 N, Blanding, Utah. For more info: 435-678-2238. See ad on pg 17B.
- Sept 6-7 Steak & Sudsfest Mixed Bestball Golf Tourney-Moab Golf Club, 2705 E. Bench Rd, 435-259-6488.
- Sept 11 Bruce Hucko~Four Corners of Inspiration-Moab photographer, author & children's art coach will share images & audio recordings from his many diverse photo & radio projects including some new audio work for the Canyonlands Anniversary. Additional imagery includes Canyonlands landscapes, Cedar Mesaruins, NW Coast & images of artists and friends. Hucko's Four Corners of inspiration are the Landscape, the People (culture, arts & perception), Self (the internal landscape) & the Medium. Hucko will share his thoughts, feelings, stories & techniques used to create his work. Hucko's work appears in 11 trade books, several self-published books, numerous magazines & two NPS slide shows. Hucko teaches art at HMK where he is known as Art Coach. 6pm at Moab Information Center, Center & Main, 2014 Lecture Series sponsored by Canyonlands Natural History Association (CNHA) & Museum of Moab.
- Sept 11- 13 See Information box on this page for Canyonlands 50th Celebration activities. Sept 11-13 San Juan ATV Safari- Blanding, Utah. See article on pg. 17B.
- Sept 12 Garden Dinner presented by the Youth Garden Project, 530 S. 400 East. Join Chef Ken Moody for a gourmet meal that is sure to impress. Enjoy a locally grown meal in the midst of the garden's beauty along with live jazz. Garden Dinners help raise funds for youth & community programs. \$50 pp, advance reservations required call 435-259-BEAN.
- Sept 13-14 Racing in the Rockies- Come watch as fast horses & their riders compete in the popular sport of Barrel racing. Spectators are welcomed to come & watch the show free of charge. Terri Gold 970.390.3712 or racingintherockies.com.
- Sept 18 Dr. James Allison ~ Excavation at Alkali Ridge- one of the largest & most extensively excavated Pueblo I villages in the Northern Southwest & in southeastern Utah. The site was first excavated in 1932 & 1933 by J.O. Brew of

Harvard University, who dug all or part of 118 storage rooms, 11 pit houses, & 25 surface habitation rooms belonging to the early Pueblo I component. Recent work at the site beginning in 2012 has included reexcavating several rooms originally excavated by Brew in 1932 & new excavations of adjacent surface habitation rooms. This work has shed light on the excavation methods used in the original excavations. The recent excavations also largely support Brew's interpretation of the site as a village housing people with diverse backgrounds that was destroyed by fire before the inhabitants had a chance to recover food & other belongings from their houses. 6pm at Moab Information Center, Center & Main. 2014 Lecture Series sponsored by Canyonlands Natural History Association (CNHA) & Museum of Moab.

- Sept 19-23 Moab International Film Festival Our purpose is to showcase stellar independent films of cultural & educational value for film-goers to enjoy. We aim to share uniquely powerful stories, concepts, & ideas from around the world. In addition, we seek to further independent films which have a positive effect on society. For more info visit moabfilmfestival.org or call 435-261-2393.
- Sept 19-20 Red Rocks Amateur Golf Tourney-Moab Golf Club, 2705 E. Bench Rd, 435-259-6488.
- Sept 20 Moab Century Tour- this annual event is packed with road cycling benefiting the Moab Cancer Treatment & Resource Center along with survivorship programs. See description pg. 2B.
- Sept 20 Wildlife of Canyonlands Day Seminar with Canyonlands Field Institute & Dr. Tim Graham This one day wildlife seminar features the ecology of the "uncharismatic" microfauna of canyon country...we will explore a variety of habitats in the canyon country near Moab, looking for small animals living in these semi-arid environments. Using traps, nets & just poking around, we will look for insects and other arthropods, small mammals, birds and lizards. We will note animal signs & habits of larger mammals such as Big Horn Sheep. For info 435-259-7750 or cfimoab.org.
- Sept 20 Edge of the Cedars State Park Museumhosts lecture by Winston Hurst, Fading Traces: The Archaeology of Southeast Utah's Forgotten Roads. Lecture starts at 2pm, 660 W. 400 N, Blanding, Utah. For more info: 435-678-2238. See ad on pg.
- Sept 24-28 11th Annual M.O.A.B. (Mother of All Boogies)- join us for a 5 day skydiving festival over beautiful Moab. Using two large turbine aircraftwe will have jumping from sunrise to sunset. We welcome first-time tandem skydivers & offer specialty & high altitude skydives to experienced jumpers. Reservations highly recommended call Rachel Sutton 435-259-5867 or skydivemoab.com.
- Sept 25 Seth Jarvis ~ Stars Join the Director of the Clark Planetarium (in Salt Lake City), Seth Jarvis, as he takes us on a journey through the stars! Seth Jarvis has been an enthusiastic amateur astronomer since he built his first telescope at the age of 12. Seth became the director of the Clark Planetarium when it opened in 2003. He is the author of several programs that now play in planetariums & science centers around the world. Come explore the night sky & learn what the stars have to teach us! 6pm at Moab Information Center, Center & Main. 2014 Lecture Series sponsored by Canyonlands Natural History Association (CNHA) & Museum of Moab.
- Sept 25-27 Red Rocking ATV-UTV Event 3rd Annual. See ad on 16A.
- Sept 26-27 Green River Melon Cruise Car Show-Open to all years, makes, & models of cars, trucks, motorcycles & special interest vehicles. Located at Green River City Park. Registration the 26th at 4pm, BBQ 6-8pm. Late registration the 27th 9am, "Melon Cruise" 10:30am, Show time 11am. Entry fee \$25. For more info call Charlene 435-813-2961 or meloncruise@gmail.com.
- Sept 27 Free National Park Entrance Day (National Public Lands Day) - Visit all national parks, including Arches and Canyonlands National Parks, for free! For more info visit nps.gov/findapark/ feefreeparks.htm.
- Sept 27 Navajo Rug and Estate Auction Join R.B. Burnham & Co. for an exciting auction of over 200 quality vintage and contemporary Navajo rugs.



### Canyonlands National Park 50th Anniversary Celebration

Sept 11th & 13th Historic Canyonlands Film Festival at Star Hall, Moab, 7:00-9:00 p.m. Admission is free with donations to the Friends of Arches and Canyonlands Parks appreciated. Doors open at 6:30 p.m.

Sept12th, Commemorative Ceremony
Needles District Canyonlands National Park. Free
for everyone. 3:00-8:00 p.m.
Guest Speakers • Tribute to Bates Wilson
Catered Cowboy Dinner • Interpretative Talks
Please RSVP to reserve a spot at
www.canyonlands50.org

Sept 11th and Sept 12th, Canyonlands
National Park Community/Employee/Alumni
Gathering- Thursday from 9 a.m. to 2 p.m. &
Friday from 9 a.m.to noon, the entire community,
especially those involved in the establishment
of Canyonlands National Park, NPS alumni and
employees, are invited to come together, share
stories, meet old and new friends at the Grand
Center, 182 N. 500 West, Moab.

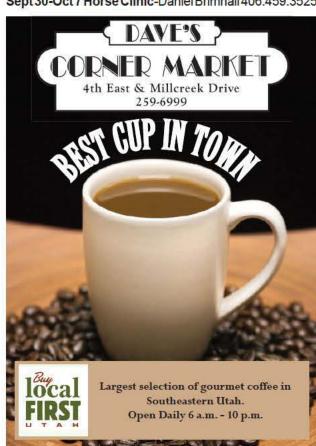
Sept 13th Community Picnic in the Park- A day of fun for the entire community and Canyonlands National Park Employees and Alumni. Join us at Old City Park, Moab, 11:00 a.m. – 4:00 p.m. Food will be available for purchase or bring your own. Stories, music, Dutch oven cooking demonstration and free birthday celebration desserts, and fun for all!

Sept 13,Canyonlands Art Contest Reception and Awards- Moab Arts and Recreation Center, Moab, 6:00 p.m. – 9:00 p.m. Art show and contest with prizes awarded during the Moab Art Walk.

Moab Grand Center, 182 North 500 West. Informal rug appraisals start at 9 A.M., Preview 10:00 AM to 12:00 PM, Auction at 1:00 PM. For more info visit rbburnhamtrading.com/or call 928-688-2777.

Sept 27 Celebrate the Stars- rangers from Dead Horse Point State Park & Canyonlands National Park explore our night skies. A short interpretive program followed by telescope viewing. Programs will take place in good weather or bad. Bring a chair, a red flashlight (if you have one), & warm clothes. 7:30pm at Dead Horse Point Visitor Center.

Sept 30-Oct 7 Horse Clinic-Daniel Brimhall 406.459.3525



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# and MORE MOAB AREA EVENTS

### Relay For Life - August 8th

What is Relay for Life? Dr. Gordy Klatt, a colorectal surgeon wanted to help his local American Cancer Society, so he decided he would personally raise money to fight cancer by doing something he enjoyed---running marathons. So he challenged his friends and co-workers, that if he stayed on the track for 24 hours, they would pay him per lap. That was in 1985. He raised \$25,000 dollars. That was the beginning of Relay for Life. The next year 340 people walked in his Relay for Life. Today more than 3 million people in over 20 countries "Relay". Relay for Life is an overnight fundraising walk, where teams camp out, and members of the teams take turn walking around the track.

Relay For Life is an 12 hour journey providing the light of day and dark of night to parallel the physical effects, emotions and mental state of a cancer patient while undergoing treatment. Relay begins during the day when the sun is shining bright, it continues on through the evening as it gets cooler and darker, just as the emotion of a cancer patient does, through the darkness a cancer patient lives, exhausted, sick and not wanting to go on. We support each other as we push through this phase, showing unity for our loved ones. As the dawn breaks, relayers are exhausted, but the end is in sight and they begin to see the light. The morning light brings a new day, full of life and excitement, full of hope.



Relay for Life is the American Cancer Society's largest fundraiser. Due to the efforts of the American Cancer Society there are 14 million cancer survivors in the

US with another 28 million worldwide. What a miracle. Today there are 350 mores lives saved per day then there were in 1991. I was given a pamphlet the other day that showed some of the Research the American Cancer Society funds. I knew that they funded research, but to see how much money in grants they have here in Utah was amazing. That between the Huntsman Cancer Institute and the University of Utah they have 11 current grants totaling 3.5 million dollars, if you include the whole Great West Division that total jumps up to 31.5 million. That is money going toward research for cancer. It was nice to see that money we raise here in Moab helps our family and friends with cancer here in Utah. Another important fact I read is that the American Cancer society is supporting 56 research grants totaling 29.1 million that is dedicated specifically to childhood cancer.

Relay's motto is Celebrate, Remember and Fight Back. We start the evening with a "Survivor Lap". This is a time where we take time to Celebrate those who are fighting cancer, or have fought cancer in the past. Survivors and their caregivers take the first lap. The Luminaria ceremony takes place after dark, this is the time we take to REMEMBER those who have lost their battle with cancer. Candles are placed in personalized bags and they are placed around the track as glowing tributes to those whose lives have been affected by Cancer. As dawn breaks we have the FIGHT BACK ceremony, this ceremony symbolizes the emotional commitment each of us can make in the fight against cancer.

The thing that has always impressed me about Relay is how an entire community comes together to support each other, to Celebrate the survivors, and their heroes the caregivers, To Remember those loved ones who did not win their battle, and to commit to Fighting Back. It is all about One Day, One Night, One Community, and One

Cancer is also very personal, as I watch my sister and her husband struggle with the final stages of his cancer, it is



heartbreaking. This makes it all the more important to do my part to try and eradicate this terrible disease, so no one else has to watch as a loved one dies from cancer. This year my part of Relay was all about HOPE, to give hope to my sister and her family, to give hope to others who are in the same position.

We are moving Relay for Life this year, from the High School Track to the Old Spanish Trail Arena. We are excited about this move, as wind has dampened our relays the last few years. We are also looking forward to their sound system. We will be able to keep participants involved in some of our fun laps as the evening moves on. We will start the evening off with Taste of Moab, where local restaurants contribute some great food. Some of them include the Branding Iron, Club Rio, Moab Brewery, Pantele's, Pasta Jay's, Szechauan, Shingha, Sweet Cravings, Wake and Bake, and Zax. The taste is \$10. Per person, survivors eat free. Crystal Cakes and cones will be providing our survivors with cupcakes, and the Moab Diner will be providing breakfast for those who make it til

We have two bands who are donating their time and talents to Relay. Steelbender 191 and a new band to Moab called Remission Possible. We will have pony rides, and the Grand County 4-H will have a kids section. There will also be a silent auction with items that shops and businesses have donated.

Our theme is "Kickin' Cancer, one step at a time. So please join us August 8th at the Old Spanish Trail Arena. Registration starts at 5 pm, as does the Taste, opening Ceremony is at 6 pm with the Survivor Lap at 6:30 pm. The Luminaria ceremony is at 10 pm with the Fight Back Ceremony at 6 am the next morning. Help us get loud and FINISH THE FIGHT.

For cancer information 24/7 you can contact the American Cancer Society at 800.ACS.2345 or on the web

### MOAB'S LIVE MUSIC

Music Locations

Blu Bar 811 S. Main Street 435-259-3333

**Buck's Grill House & Lounge** 1393 S. Hwy 191 435-259-5201

Moab Backyard Theater 56 W. 100 South 435-260-0446

> Club Rio 2 South 100 West 435-259-2654

**Woody's Tavern** 221 S. Main Street 435-259-3550

**Peace Tree Cafe** 20 S. Main Street 435-259-0101

Buck's Grill House, Scott Ibex, 7-10pm Aug 1

Aug 1 Blu Bar, Lost Buffalo, 7pm

Aug 1 Woody's Tavern, Jessie Davis, 9pm

Club Rio, DJ Johnny G, 9:30pm Aug 1

Aug 2 Blu Bar, Community Music Night with Scott Ibex, 7pm

Aug 2 Woody's Tavern, Jessie Davis, 9pm

Club Rio, DJ Johnny G, 9:30pm

Buck's Grill House, Eric Jones, 7-10pm Aug 5

Moab Backyard Theater, Bluegrass with Quicksand Soup, 8pm

Woody's Tavern, Erin & Paul Ezekiel, 9pm Aug 7

Blu Bar, Lost Buffalo, 7pm

Aug 8 Buck's Grill House, Scott Ibex, 7-10pm

Woody's Tavern, Lady Legs, 9pm

Club Rio, The Bondsmen, 9:30pm Aug 8

Aug 9 Blu Bar, Community Music Night with Scott Ibex,

Aug 9 Woody's Tavern, Lady Legs, 9pm

Aug 9 Club Rio, The Bondsmen, 9:30pm

Aug 13 Moab Backyard Theater, Bluegrass with Quicksand Soup, 8pm

Aug 14 Woody's Tavern, Pirate Locomotive, 9pm

Aug 15 Blu Bar, Lost Buffalo, 7pm

Aug 15 Buck's Grill House, Eric Jones, 7-10pm

Aug 15 Woody's Tavern, Pirate Locomotive, 9pm

Aug 15 Club Rio, Comedy Night with Guy Seidel, 8pm

Aug 16 Blu Bar, Community Music Night with Scott Ibex,

Aug 16 Buck's Grill House, Sand & Sunnie Sheff, 7-10pm

Aug 16 Club Rio, Diabolical Sound Platoon, 9:30pm

Aug 16 Woody's, Rhinestones & Redrocks Drag Show

Aug 19 Buck's Grill House, Lost Buffalo, 7-10pm

Aug 20 Moab Backyard Theater, Bluegrass with Quicksand Soup, 8pm

Aug 20 Woody's Tavern, Phil Friendly, 9pm

Aug 22 Blu Bar, Lost Buffalo, 7pm

Aug 22 Woody's Tavern, Stonefed, 9pm

Aug 22 Club Rio, CRUX, 9:30pm

Aug 23 Blu Bar, Community Music Night with Scott Ibex,

Aug 23 Buck's Grill House, Sand & Sunnie Sheff, 7-10pm

Aug 23 Woody's Tavern, Stonefed, 9pm

Aug 26 Buck's Grill House, Dave Steward, 7-10pm

Moab Backyard Theater, Bluegrass with Aug 27 Quicksand Soup, 8pm

Woody's Tavern, Latin Dancing (Una Noche Caliente!), 9pm

Aug 28 Club Rio, The Mondegreens, 9:30pm

Aug 29 Buck's Grill House, Lost Buffalo, 7-10pm Aug 29 Blu Bar, Lost Buffalo, 7pm

Aug 29 Moab Backyard Theater, Western Music, 8:30pm

Aug 29 Woody's Tavern, Jack & Jill, 9pm

Aug 29 Club Rio, Moab Electronic Music & Art Festival, 9pm

Club Rio, Moab Electronic Music & Art Festival,

Aug 30 Blu Bar, Community Music Night with Scott Ibex,

Aug 30 Woody's Tavern, Jack & Jill, 9pm

Sep 5 Woody's Tavern, Patwa, 9pm

Sep 6 Woody's Tavern, Patwa, 9pm







Www.moabhappenings.com



# RESTAURANT GUIDE











### How To Get A Drink...

### ...In Moab, Utah

Recent changes to Utah Liquor Laws have made it less confusing and easier to get an alcoholic drink. You can now go to **some** restaurants and without ordering food, you can order a drink.

Some restrictions may still apply as to where you can sit in a particular establishment when consuming alcohol. For example, Zax has an adult atmosphere in the Watering Hole where you can order a cocktail and watch your favorite sporting event on their 13 tvs, with or without ordering food. This locally owned full-service restaurant serves their entire menu in both the Watering Hole and restaurant. However, if you sit in the family dining restaurant, you need to order food to consume an alcoholic beverage.

Moab Brewery, Moab's only on-site microbrewery, offers a variety of locally brewed beers in their bar. They are a new packaging agency where they can sell full strength beer to go. Moab Brewery beer is available at other restaurants in town.

Many flavors are on sale at retail stores in Moab as well in the Salt Lake City area.

Three upscale lounges are in Moab. Blu Bar, located at The Blu Pig is Moab's newest adult libation headquaters (see ad on p.13). Vista Lounge located inside Buck's Grill House (see ad on p.12) and The Ghost Bar, upstairs at Jeffrey's Steakhouse (see ad on p.12). All three locations have a sophisticated and casual

atmosphere to relax and wait for dinner or to just stop in at the end of the day and have a drink to unwind.

Moab has two local wineries. Castle Creek Winery is located at Red Cliffs Lodge, 15 miles from Moab on Scenic Highway 128 (The River Road). Spanish Valley

Vineyards is located just off Highway 191, south of Moab about 6 miles on Zimmerman Lane. Both wineries have onsite tasting rooms and wine available for sale. Utah State Liquor Stores also sell many local wines. If you would like to try some

of these award winning vintages, look for restaurants serving these Moab wines.

The Utah State Liquor Store is the only location where you can purchase bottled liquor, wine and beer with an alcoholic content above 3.2%. The Moab store is located at 55 West 200 South and is open from Monday through Saturday (11:00 am to 9:00 pm - May 1st to November 1st and from 11:00 a.m. to 7:00 p.m - November 1st to May 1st). They are closed on Sundays and Holidays. Moab Brewery now has a package agency open every day at 11:30 am where you can purchase their new higher volume beer selection.

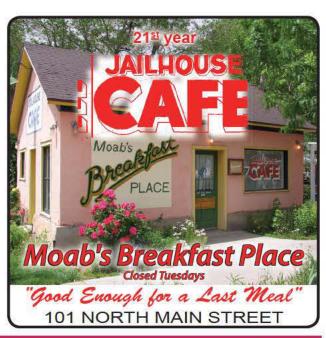
Beer (3.2% alcohol content) for take-out can be purchased at food stores and convenience stores for off-premise consumption only. Moab Brewery, now a packaging agency, sells full strength beer to go. See ad on this page. On-premise beer (you can drink it here) is available at various licensed locations, including taverns, golf courses, bowling alleys, and restaurants that have the required beer license.

Utah law forbids open containers in or about any motor vehicle. A blood alcohol level of 0.08% (0.05% if you have a child in the car with you) is the maximum allowable under Utah Code to be declared "driving under the influence."











# RESTAURANT GUIDE



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# RESTAURANT









Enjoy dining on our beautiful patio & garden seating www.bucksgrillhouse.com

1393 N. Highway 191 • 435-259-5201



#### Blu Pig & Blu Bar

811 S. Main 435-259-3333

Lunch • Dinner • Take Out Open Daily 11:30-close

Moab's only BBQ and Blues destination. Ribs to write home about. Casual, laid back establishment that you'll want to come back to again and again. Smoking your favorites all day, every day. Covered patio dining and internet bar are just some of the extras offered for your enjoyment and convenience. Large Screen HD TV's. Take out available. Ice cold beer. State liquor license.  $Blu\,Bar\,specializing\,in\,Whiskey\,and\,Tequila\,offers\,over\,60\,beers.$ Live Music Friday & Saturday.

#### Broken Oar

53 West 400 North

259-3127

Open Nightly at 5pm Closed Sunday

The Broken Oar Restaurant is the perfect Moab dining destination. If you are looking for a great spot to relax after enjoying the variety of Moab's activities, The Broken Oar is your place. A casual social atmosphere that is greatly enhanced by the amazing food, and excellent service provided by its staff. Our unique restaurant décor is best described as "cozy mountain cabin meets ski lodge." Relax by our stone fireplace in the cooler months or enjoy the warm atmosphere provided by our enormous outdoor deck, gluten free items as well as beer and wine selections.

#### **Buck's Grill House & Vista Lounge**

1393 North Highway 191 259-5201

Dinner Open Everyday at 5pm

Don't think you can find casual elegance in the desert? Think again. Buck's Grill House offers fine dining in a relaxed, yet elegant atmosphere in our dining room, lounge or beautiful patio, with some of the best food in the West. For a special evening out, this is the place to share an exceptional meal with your favorite friends. You'll never be disappointed at Buck's. Serving full dinner menu. Vista Lounge is a sophisticated adult environment offering cocktails along with dining. For complete menu & live music schedule please visit www.bucksgrillhouse.com.

Burger King 606 South Main 259-2700

#### Club Rio

2 South 100 West

435-259-2654

Open every day 11:30am - Till 1:00am New kitchen, featuring House smoked meats, specialty

Burgers, sauces and dressings made in house. Late night kitchen. Sandwiches - Burgers - Full Dinners. Great food. Great drinks. Great service. To go orders welcome. Live music, DJ, Karaoke. 21 years and older with valid ID.

China Cafe 812 South Main 259-7933 City Market 425 South Main 259-5181

### Cowboy Grill at Red Cliffs Resort

16 Miles up Highway 128 259-2002 Breakfast • Lunch • Dinner

River front TABLES inside and out overlooking the Mighty Colorado. American menu. Steaks, chops, fish, fowl, pasta. Featuring local wines from Castle Creek Winery, located on site. Western Hospitality in a casual atmosphere. Make your reservations for weddings and private parties.

### Crystal's Cakes & Cones

26 West Center St. 259-9393

### Denny's

989 North Highway 191 259-8839

Breakfast • Lunch • Dinner

Open 24 Hours. Family dining at affordable prices. Over 100 menu items including Seniors menu, Daily Special and Fit Fare for the health conscious. Ask about "Kids eat Free". Take out menu available. Reservations for large parties and buses welcome. Great food and Great Service by Great People. EVERYTIME!

### **Desert Bistro**

36 South 100 West 259-0756

Open Tuesday - Sunday at 5:30pm

Owners/Chef Karl & Michelle Kelley invite you to enjoy a relaxed evening of dining at our new location. Nightly specials, fresh fish, game, choice meats, handmade pastas, bread and desserts. and open outdoor patio dining. Full liquor license Reservation highly recommended.

### Devran's Mediterranean

60 North 100 West 355-0297

Open for Dinner 4:00pm - 10pm

With an overall European influence, Devran's atmosphere is primarily Mediterranean. Our menu represents the cooking from Turkey, Greece with other European influences. The atmosphere is Mediterranean with music from Turkey and Europe. Our focus is on authentic food and quality service at affordable prices. Our Master Chef from Istanbul will create a wide range of dishes and you can finish with traditional Turkish Delight.

### **Eddie McStiff's**

59 South Main Street Open Lunch • Dinner 259-2337

Established in 1991, Eddie McStiff's is a long time local favorite with a variety of comfortable indoor and outdoor family friendly environments. Eddie's boasts Moab's largest selection of microbrews and high point bottled beers. Come and enjoy our newly remodeled bar and lounge. We strive to use the best organic ingredients and the freshest local produce when available. We are known for our tasty house ground burgers and fresh salads, and steaks, but we also offer several delicious vegan, vegetarian and gluten free options.

El Ranchito Viejo

812 South Main Street, Suite B 259-0550

**EklectiCafe** 

352 North Main Street 259-6896

Breakfast · Lunch

7 a.m. - 2:30 p.m. Monday - Saturday

7 a.m. - 1 p.m. Sundays

Daily Breakfast & Lunch Specials. Homemade soups & quiche. Traditional & ethnic dishes. Famous for our scrambled tofu and vegetarian cuisine! "Wakame" recently featured in Sunset Magazine, April 2012. Also named the "Fan Favorite" in the March/April issue of 2014 AAA magazine.

#### Fiesta Mexicana

202 South Main Street

259-4366

Sun - Thurs 11-9 Fri & Sat 11-10

Experience the close-up magic of Rick Boretti Thursdays & Fridays 7-9pm. Best Authentic Mexican Food. The best Margaritas in town - made from scratch with fresh squeezed lime and 100% Blue Agave Tequila. Newly remodeled patio with 4 TV's! Large groups are welcome. Children's menu. To go orders available. Is it your birthday? Let us know and we'll take your picture, "Las Mananitas". Daily lunch specials \$6.25 Full bar. Fiesta Margarita Night 18oz \$6.99 Wednesdays & Sundays 5-close FiestaMexicanaRestaurants.com

#### Jailhouse Cafe

101 North Main Street

259-3900

Breakfast 7 am - noon. Closed Tuesdays

Moab's Breakfast Place located in Grand County's historic first Courthouse & features special breakfast fare like our own Southwestern Eggs Benedict & Ginger Pancakes with Apple Butter, as well as classic diner breakfasts.

#### Jeffrey's Steakhouse

218 North 100 West

435-259-3588

Open at 5:00pm every day. Call for reservations Our mission at Jeffrey's is to provide our guests with the absolute highest quality in all that we serve. Our steaks are all Wagyu style, the American Kobe beef. We are committed to utilize the resource of our local farmers. Gluten free, vegan, and vegetarian options nightly. Tucked away upstairs is the Ghost Bar. State Liquor License. Party and event reservations available throughout the week. Patio Dining open. www.jeffreyssteakhouse.com.

#### La Hacienda

574 North Main

259-6319

Lunch • Dinner Open Mon-Sat 11:00 am

CELEBRATING 34 YEARS! Superior Mexican specialities, using family recipes, with menu items for the gringo, too. Daily specials & out-of-the-ordinary entrees. Family dining atmosphere. Naturally vegetarian friendly. Take out available. Utah liquor license, Serving Domestic & Mexican beer, Margarita's & wine.

### Los Jilberto's

396 South Main

435-259-1678

Open 24 hours everyday

Welcome to the newest location of our family owned chain of restaurants. Enjoy the same authentic Mexican cooking as our other restaurants in Arizona, Colorado and Utah. We Feature traditional Mexican recipes including Lengua and Menudo. We serve Mexican bottled Coca Cola, Horchata, Rica, Jamaica and Tamarindo.

Love Muffin Café 139 North Main 259-6833 259-8800

McDonald's 640 South Main

#### Miguel's Baja Grill 51 North Main

Dinner Daily at 5pm Genuine Mexican Cuisine, traditional recipes and methods of

Baja California and other states in Mexico. We pride ourselves on fresh food and prepare it as you order it. Great Margaritas and seafood dinners are our specialty. Gluten free & Vegetarian options available. Proud to cook with zero trans fat.

### Milt's Stop & Eat

400 East and Millcreek Drive

259-7424

259-6546

Lunch • Dinner Open 11am-8:30pm - Tues. - Sun. Closed Mondays

Moab's oldest restaurant, since 1954. Milt's is pleased to serve local grass-fed, hormone-free beef burgers. We also serve classic diner

sandwiches, buffalo burgers, hand cut fries, and delicious salads. Enjoy our homemade ice cream, shakes and old fashioned malts Located on the way to the Slickrock Trail behind Dave's Corner Market. Eat in or take out. Daily Specials. See ya'all at Milt's! www.miltsstopandeat.com.

#### Moab Brewery 686 South Main

Lunch & Dinner

259-6333

Open 11:30 AM DAILY

Whatever the season, whether you're hungry or thirsty, come in and enjoy the comfortable atmosphere. Food & Beer to go. Moab's only onsite brewery. Offers sandwiches, steaks, salads, burgers, daily specials. Kid's Menu, house made gelato & root beer. State Liquor Licensee.

### Moab Chevron Deli

817 So Main (inside the Moab Chevron) Deli Open 5 a.m. - 8 p.m.

Feed your car and your belly 24 hours a day. Featuring sandwiches, a favorite since 1977 and much more. Now offering Udi's gluten free sandwich bread. Call in orders welcome. Store & Fuel open 24 hrs. Deli & call in orders open 5am-8pm.

## For more information about these restaurants pick up a "Moab

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# GUIDE P











#### Moab Classic Bike & Coffee

69 East Center Street

Open 7 days a week

Professional barista serving Moab's finest local roasted Coffee (FMC). Free WiFi. MCB is a full service bike shop, all bikes are welcome. Alongside classic cruisers and vintage road bikes you can find local handcrafted "Blaze Bicycles" in steel and titanium. We are open early and close at 9 pm, so you can stroll in after dinner. www.facebook.com/pages/ Moab-Classic-Bike/129161960570308

#### Moab Coffee Roasters

90 N. Main St.

Open everyday 7am - 9pm

On-site roasting for the freshest coffee and espresso in town available by the cup or by the pound. Professional baristas serve carefully prepared lattes, smoothies, Italian sodas. Gelato made with all fresh ingredients, yummy scones, and coffee cake. Open early and late for after dinner cappuccino and dessert. Indoor and outdoor seating. Taste the fresh roasted difference!

#### Moab Diner & Ice Cream Shoppe

189 South Main 435-259-4006

Breakfast • Lunch • Dinner Mon-Thurs: 6:00 am - 10:00 pm Fri-Sun: 6:00 am - 11:00 pm

Home of the best green chile in Utah. You'll love our specialty breakfasts, lunches and dinners. Our Ice Cream Shoppe features Blue Bunny ice cream.

#### MOYO - Moab Frozen Yogurt

331 N. Main St. 435-355-0010

 $\begin{array}{l} Mon.-Sat.\ 11am-11pm,\ Sun.\ 12pm-10pm\\ \textbf{MOYO is a self-serve frozen yogurt shop that offers}\ 12 \end{array}$ delicious flavors of yogurt, including low fat and no-sugar added. Our topping bar offers over 30 choices, from healthy to decadent, to enhance your froyo experience. All of our yogurts and sorbets are real dairy, live and active culture certified as well as OU-D Kosher certified. Come down and escape the heat with our indoor seating or our covered patio equipped with refreshing misters. We also offer plenty of parking in back. Enjoy a free sample and meet our friendly staff. Hope to see you soon!

#### Moab Grill

540 South Main 435-259-4848

Breakfast . Lunch . Dinner . Catering Open Daily at 6am

Enjoy our home style cooking ranging from our 'Cowboy Benedict' in the morning to hand cut choice steaks and seafood for dinner. Our homemade soups, pies, cobblers, espresso and our crazy juicy burgers are good any time of day. Family Fun Seafood Night. Saturday and Sunday - Slow Roasted Prime Rib. Small private meeting room. Internet service, and catch up on the news on 2 flat screens. Full wine and beer menu. Vegetarian and gluten free dishes. Counter Dining.

### Pancake Haus

196 South Main (next to Ramada Inn) 259-7141

Pantele's Desert Deli 98 East Center 259-0200

### Paradox Pizza

702 South Main St 259-9999 3-10 pm every day

At Paradox Pizza, everything is made in house, from our pizza dough to the New York Cheesecake. Join us for a slice and a beer after your day in the desert, or have dinner delivered to you. Voted Best Moab Pizza by Salt Lake City Weekly. Dine in, take-out or delivery. Family friendly.

Pasta Jay's 4 South Main 259-2900

### Peace Tree Juice Cafe

20 South Main 259-0101

Breakfast • Lunch • Dinner

7 am to Close Everyday

Welcome to the Peace Tree. We have full Breakfast and Lunch menus in addition to our new Dinner menu. Good pasta selection including gluten-free options. Beer, Wine, Cocktails, Fresh juice and wheatgrass.

### Pizza Hut

265 South Main 259-6345

Sun - Thurs 11 am - 10 pm . Fri - Sat 11am - 11pm. Salad bar, variety of pizzas & toppings, pasta, breadsticks & great daily specials. Pick up, Dine-in and All Day Delivery. OPEN EVERY DAY. Try our online ordering at pizzahut.com.

#### Portal Grill at Moab Regional Hospital 450 West Williams Way

Quesadilla Mobilla 83 S. Main 260-0289

### Red Rock Bakery & Net Cafe

74 S. Main Street

259-5941 Breakfast • Lunch Open Daily at 7am Moab's oldest bakery & coffee shop. Serving an array of fresh

made products including bagels, scones, muffins, cinnamon rolls, cookies, brownies & other treats. Full espresso bar with locally roasted Fresh Moab Coffee. Great sandwiches for the trails. WIFI. Featuring artwork from Greg MacDonald. Broadcasting 2014 world cup matches live, starting June 12th.

Sabuku Sushi 90 East Center 259-4455

Singha: Authentic Thai Cuisine

92 East Center 259-0039

#### Sorrel River Grill Restaurant

17 Miles Northeast on Scenic Hwy 128 259-4642

#### Subway Sandwich Shop

299 South Main **259-SUBS** 

Breakfast & Lunch Open 7am everyday NOW SERVING BREAKFAST ALL DAY! Create your own healthy sandwiches and salads. Five varieties of freshly baked bread. Load up your subs with lots of fresh veggies and one of SUBWAY'S special sauces. Located inside 7/11 Convenience Store (corner of 300 South and Main)

#### Sunset Grill

900 North Highway 191 259-7146

Dinner Open 5 pm daily. Closed Sundays

Steaks, Seafood, Pasta, Prime Rib. Fresh ingredients brought in daily. Children welcome. Reservations accepted for parties of 6 or more. Come up and rediscover Charlie Steen's historic home with the million dollar view. Open 5:00 daily. Closed Sundays. State Liquor Licensee.

#### Susie's Branding Iron

2971 South Highway 191 259-6275

(3 miles south of Moab)

Lunch • Dinner Open 11am - 10pm

Welcome to my ranch cookhouse. Come in, take off your hat, and sit a spell. Relax and enjoy a home cooked, hearty cowboy meal. Our signature Prime Rib is served every Wednesday, Friday and Saturday night after 5pm. Ribs served Tues. & Thurs. nights. To go orders are welcome. Backdoor Bar-Now Open. Live Music-Every Saturday night. Patio Dining.

#### Sweet Cravings Bakery & Bistro

397 North Main - New Location 435-259-8983

Breakfast • Lunch

Open 7 days a week 7am - 5pm

A local's favorite featuring fresh baked goods made onsite (cinnamon rolls, cookies, pies, etc) with incredible breakfast and lunch selections. A full menu to dine in or take out on the trails. Choose from our wide selection or build your own sandwiches, wraps and panini's. Gluten Free & Healthy Options.

Szechuan Restaurant 125 North Main 259-8984

#### Twisted Sistas' Café

11 E. 100 N. Main Street 435-355-0088

Lunch • Dinner Closed Wednesdays

Dinner menu begins at 5pm

TWISTED SISTAS' CAFE WILL MAKE YOUR TASTE BUDS DANCE!! Featuring fresh tapas, soups, salads and main course plates. Sandwiches, wraps & burgers served at lunch only. We also offer a selection of homemade desserts. BEST ROOF TOP PATIO IN TOWN! Enjoy fabulous cocktails @ our Trail Bar!

Village Market 702 South Main 259-3111 Wake and Bake Cafe

59 S. Main #6, McStiff's Plaza 259-2420 Wendy's 260 North Main 259-2595

### Wicked Brew Drive Thru

1146 South Highway 191

www.twistedsistascafe.com

Open at 6 am Daily

Wicked Brew is committed to providing you unbeatably fresh and full flavored coffees and teas. We feature Triple Certified Organic & Fair Trade beans meticulously selected from only environmentally responsible growers around the world. Our baristas are the friendliest in town giving you the quickest and most enjoyable coffee experience in Moab.

### World Famous Woody's Tavern

221 South Main Street 259-3550

Open Daily 2 pm - 1 am

We have been in business for over 50 years. Come check out the memorabilia. Our kitchen is open late for snacks or dinner with outdoor patio seating in our Cabana bar. We offer a wide range of entertainment including; 4 pool tables, video games, foosball and 6 Big Screen TV's. We have the best live music and DJ's.

96 South Main Street Lunch . Dinner . Family Dining . Caterin

We have it all! We offer an extensive menu that includes the best burgers in Moab, sandwiches, pastas, salads, seafood and our famous All-You-Can-Eat pizza buffet and salad bar. Dine inside or out on our all-weather covered patio. Watch your favorite sporting event on the 50" flat screen or one of the other 22 TVs throughout the restaurant. Featuring a full liquor license. Open 7 days a week. Locally owned and operated. Also think of Zax for your catering needs.





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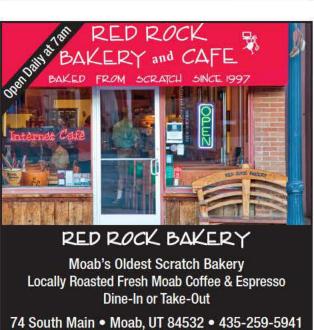
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# RESTAURANT GUIDE

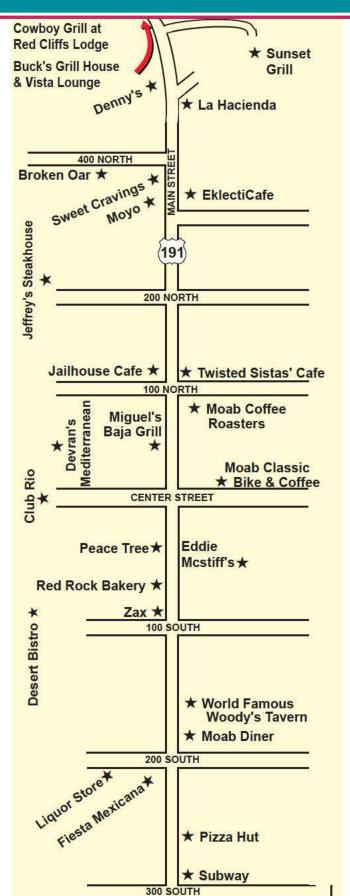


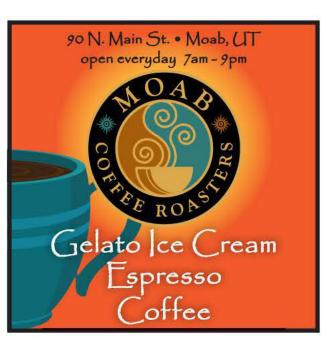




















# RESTAURANT GUIDE

Wicked

CEDAR

Milt's

The Blu Pig / Blu Bar

Leger's

Sandwiches @ Moab Chevron

Susie's

Iron

GRAND

URANIUM AVE.

Los Jilberto's ★

Moab Grill ★

Moab Brewery ★

Paradox Pizza \*

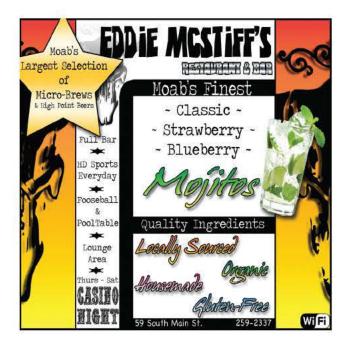
East

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# RESTAURANT GUIDE







Celebrates 60 Years in business,

Moab's Oldest Restaurant.



when Milt Galbraith first turned on the open sign and started grilling burgers and mixing malts. Sixty years later and the daily tradition continues. Old-fashion burger and malt-shops with a true 50's style, like Milt's, are getting harder and harder to find. But Moab's fashion style. Current owner BC Laprade gets

an early start by grinding meat, cutting potatoes, and making chili from scratch every day, just like Milt did in the 50's. Much of the recepies and menu are the same, with only a few upgrades over the years.

Milt and wife Audrey retired 35 years ago after 24 years behind the grill. Their original house has been moved and replaced by a Sycamore tree and outdoor seating area. The front door of Milt's used to open up towards Main Street. Now, Milts and that



door are in the same place, but Main Street has moved. Remnants of the original Main Street can still vaguely be seen. The building itself as well as the patterned Formica countertops and old Fashion swivel stools are still the originals from 1954.



With Moab's increased tourism, the mention expanding franchising Milts is often mentioned, but rejected. Milts would just not be Milt's if it was changed. Much of Milts charm is in its original 50's style feel,

where customers can watch their food being cooked as the open-style grill is in the 'front', a unique feature designed by Milt himself.

In addition to the old fashion charisma, what keeps the customers coming back to Milts is the delicious food. The high quality, made fresh to order burgers, fries, and

shakes are just what the body craves after a day on the Moab trails, rocks, or rivers. Milt's uses locallyraised Angus Chuck and grass- fed beef, buffalo all-natural meat and chicken breast, organic milk for the shakes and



malts, fresh local vegetables when available, turkey and beef smoked in-house, and whole russet potatoes cut fresh daily cooked in heart-healthy peanut oil. Milt's in-house made 'fry sauce' is a Moab favorite.

For a true American Experience and what's been said the best burger and shake this side of the Rockies, 'Get Off Main and Stop by Milt's'. A visit to Milt's Stop & Eat and you can be a part of Moab's



BC Laprade

Los Jilberto's Mexican Fast Food Open 24hrs It was Labor Day of 1954 **Every day** Large servings Mexican bottled Coca Cola Sat. & Sun. Lunch Special Menudo Special Mon. - Fri. 11am - 2pm Buy any meal for \$8.50 Breakfast 24hrs or more and get 1 free Lengua Burritos & Tacos Mexican bottled soda. Mexican juices Horchata - Rica Jamaica - Tamarindo Milt's is still going strong 396 South Main Street and maintaining its old-









at many businesses around town. It can help you choose a place to eat or order your meal for takeout. The Moab Menu Guide is also online



www.moabmenuguide.com









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# HIKING HAPPENINGS

### Climbing Gold Knob - What A View!

to transport water from Mill Creek to the reservoir. In the spring of 1933, the Civilian Conservation

Gold Knob, at 11,055 feet, is one of the lowest and easiest peaks in the La Sal Mountains to climb, but with a gain of 1600 feet; it is still a hike not to be taken lightly. With the double whammy of high elevation and a steady steep grade, I am having serious thoughts about how much further I really want to go! On this clear summer day in late June, thunderstorms are not in the forecast. Consequently there is no good excuse for turning back - - so I just keep on trucking along. If all goes well, hopefully I will make

This vigorous day started with a hop out of bed at 5:30. After a quick breakfast I'm rushing out the door and cruising along to the high country. The La Sals, the second highest range in Utah after the Uintas, was formed 25 to 28 million years ago when intrusive molten magma cooled into igneous rock. Over time successive intrusions pushed the overlying sediments up as much as 6,000 feet forming the mountains that we see today!



My arrival at an early hour gives me the luxury of an unhurried day. Here at 9400 feet, Warner Lake, a high alpine mecca dominated by Haystack Mountain, and a popular hangout for fishermen, campers

and picnickers, is an ideal place to pass the time.

According to excerpts from the histories of George A. Day and Eli Day, published in volume 41 of the Canyon Legacy, this location was originally called "The Upper Place." Herbert Day, his wife Mary and their twelve children lived here in the summer because the grazing was good for their dairy cows. In the winter they lived in the "Lower Place," currently known as Wilson Mesa. They marketed

their dairy products at Miners Basin, Gold Basin and to the stockmen who worked in the mountains. Herbert Day and the older boys built the dam and ditch for their irrigation system on Wilson Mesa, but Warner Lake was named after a forest service ranger. The homestead was abandoned in 1912, and today nothing remains except the lake, dam and ditch, which is still used



Corps established a camp at the Warner Ranger Station near the current campground. In one season almost 200 men completed improvements, overhauled trails and roads and dug lengthy water diversion ditches. They

MINERS BASIN

developed the reservoirs at Warner, Oowah, Clark and Medicine Lakes. The Geyser Pass Road and the Castleton-Wilson Mesa Road, now part of the La Sal Loop Road, were also rebuilt.



Warner Lake is the hub for a series of trails and I opt for the less traveled Miners Basin Trail - the best access to Gold Knob. A refreshing grove of aspens encompasses me as I start at the billboard and walk through the

richness of lupines, blossoms of blue flanking me on both sides. After passing through two gates I quickly go right on to a dirt road, which I leave immediately, taking a sharp right at a sign with an arrow.

Before long I'm cranking up for the serious

upgrade ahead as the thick branches Engelmann spruce and firs umbrella me in the welcoming relief of rippled shade. In the alpine morning coolness the serenade goes on and mountain chickadees



"dee-dee-deeing" their trademark calls - ruby-crowned kinglets boisterously voicing their song - red-breasted nuthatches "yank-yank-yanking" their tinny trumpeted routine - all of it mingling with the fluted chorus of the hermit thrush.

Along the banks of a gentle stream I pause to soak in the lovely bouquet of flowers: blue columbines, red columbines, Richardson geranium, blue flax, splashy yellow daisies, bluebells and the heavy clusters of Jacob's ladder with leaves that do look like a ladder. Then passing by a jumble of loose rock called scree, I easily tiptoe across the only stream crossing, a moist paradise that has attracted a handful of tiny iridescent blue butterflies.

At an aspen-lined meadow, a sign appears - right for the Mountain View Trail, left for the Miners Basin Trail. I swing left to start a long series of switchbacks. At this





by Marcy Hafner









point I've covered a fair distance, but I still have a long

After the first switchback I pass by a fallen-down log cabin. A little further I find the diggings of a small unproductive mine - obviously the dreams of striking it rich quickly faded away.

When the switchbacks are about to end a big sloping meadow and Gold Knob finally come into view. Now, at a pile of rocks, I go left to take a different trail. This works well for a while until this route starts heading down.



That's the signal for me to start heading cross country as I begin angling up to the tree-lined ridge. Eventually I pick up another path that takes me directly to the top. Almost there the elevation is starting to take its toll,

but what a nice surprise to be walking through a swath of golden banner flowers, clear up to the top.

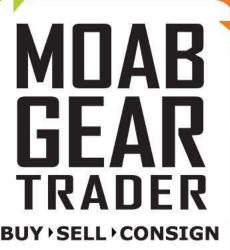
Finally - the climax - I really am standing on top of Gold Knob! Now reaping the rewards of a spectacular panoramic scene, I can see all the way to the Henry Mountains, the Bookcliffs and the Abajos. I can also easily pick out Castle Valley, Porcupine Rim, Moab and Behind The Rocks. Then turning my attention to the peaks in the La Sals I find I am gazing at the prominent presence of Tuk No., Tukuhnikivatz, Mellenthein, Haystack, Tomasaki, Manns, Pilot and Green.

Settling in for a leisurely high-in-thesky lunch break, I am so happy to be at this marvelous edge spot - thrilled to have obtained this bird's eye view. It was definitely worth every minute of the hard



workout climbing up - and what's more, the difficult part is over - from now on it's downhill all the way back!

To get to Warner Lake from Moab go south on Highway 191 for approximately eight miles before turning left at the sign for the Ken's Lake-La Sal Loop Road. Then go right on to Spanish Valley Drive, which quickly becomes the La Sal Loop Road. After that drive 14 miles and turn right at the sign for Warner Lake. The dirt road to the lake, suitable for any vehicle, is five miles long.



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## NATURE HAPPENINGS

### Let It Rain

Rainstorms. Lightning. Thunder. Deluge. Drizzle.



Rain clouds

There may be 180 different words or phrases for snow and ice in the Inuit language, but in the desert, there are an equal number of words that describes the rarity of rain. No one says "Hey, it's

raining today." The indigenous local population separates rain into "male" and "female" types. You can imagine male rain – thunderstorms and downpours versus the gentle,

caressing, sweet female rains.

Though August may seem like an unlikely month for the monsoon season to peak, it represents the second wettest month of the year



trailing only October. But August represents a month of greater extremes, where daily highs temperatures average close to 96°F daily, but also average 0.9" of rain about one-tenth of the annual average rainfall.



Cumulus clouds

As storms roll up from the Southwest off of the Pacific Ocean, moisture is carried inland over the desert. As the air heats and rises, the water vapor begins to condense at higher elevations and form clouds. Cumulus clouds, those white, fluffy puffballs that parade across the area, are the typical summer cloud. As these cumulus clouds gain in elevation their shape changes to a cauliflower-like head with a dark underbelly. Now known as



Stratocumulus clouds

cumulonimbus clouds, these are the thunderheads that may be only a 1000' above the ground but tower up to 40,000' above the Earth.

Energy released from the condensation of the water vapor transfers into lightning and thunder and the possibility of a downpour. These same clouds can create tornadoes, but in Utah this is a very rare event.

The typical summer day weather forecast is something like this – chance of afternoon showers, clearing in the evening. Mornings tend to be cool and clear, but as the temperature rises so does the moisture in the air, what little there is of it.

One year I was a fee collector at Natural Bridges National Monument, west of Blanding. The slowness of the day was punctuated by afternoon thunderstorms that would build up on the west edge of Elk Ridge before they recycled over the park. I had a front row seat to the buildup and could have shot time lapse photos showing the



Storm clouds

transformation from blue sky to towering thunderheads. When the clouds would let loose with a torrential downpour I was always jealous. Trapped in the fee booth, I wanted to drive out to the Kachina or Sipapu overlooks and watch as chocolate brown floods roared down the canyons. Literally,

A NATURAL HISTORY WRITER. Based in the Pacific Northwest, Damian Fagan is a freelance natural history writer and nature photographer who focuses on the flora and fauna of the American Southwest and the Pacific Northwest. Of course, this gives him a good excuse to go hiking. Follow Damian's writing adventures



By Damian Fagan

just add water and you have instant flash flood.

at damianfagan.blogspot.com

The storm's duration determined the extent of flooding. After some storms White Creek barely rose and a few waterfalls cascaded off of the cliffs. Other days, the creek went bank to bank with a foaming and churning mass of water bullying its way down through the canyon. Waterfalls sluiced off the canyon walls, a truly remarkable site.

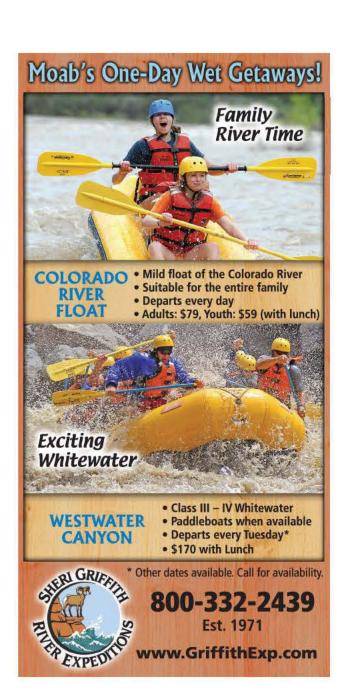


Of course, this article is not meant to scare folks away from visiting the area in August. The message is to be aware, watch the sky for thunderhead formations, get



Thunderhead

down off the high points when lightning strikes, appreciate the floods and waterfalls, and enjoy the ephemeral aerial landscape that floats above the Canyon Country and rivals its earthly counterpart.







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## TOUR HAPPENINGS

### Top 5 Moab Tours To Do In August

August is a blistering hot month in Moab and it's a good idea to plan strenuous activities for the cooler times of the day versus in the heat of the day. For instance, I'd love to be on a Jet boat tour at 1p.m. on a hot day instead of hiking on the slickrock. Due to the heat during this month, all five of the trips in this list involve water.

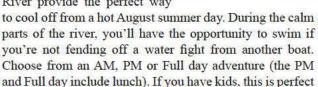
#### 5. Stand-up Paddle boarding

The newest way to enjoy the Colorado River is by

Paddle board. Blissfully paddle yourself down a calm stretch of the river enjoying the sights. Paddle boards are very stable, so just about everyone is capable of enjoying it.

#### 4. Whitewater Rafting

If you need more excitement than paddle boarding, then Whitewater Rafting is an excellent alternative. Class I and II rapids interspersed along a stunning part of the Colorado River provide the perfect way



way to keep them entertained and have them worn out at the end of the day.

#### 3. Daytime Jet Boat

If rafting isn't for you, then try a 3 hour Fun Run Jet boat or 1 hour Express Jet. Traveling the calm water downriver from Moab provides an amazing sightseeing trip with numerous points of interest. The 3 hour Fun Run Jet goes 64 miles roundtrip and visits sights like the bottom of Dead Horse Point and Thelma and Louise Point. Great for anyone with a sightseeing agenda and great way to offset a morning of hiking.

#### 2. Sunset Jet Boat with Dinner

This trip is similar to the daytime jet boats above, but the sunset gives it a magical feel. The canyon walls come to life with sunset colors as you cruise down the Colorado River on the 1.5 hour tour. After traveling about 40 miles round trip, the boat arrives back to the dock where a Dutch

oven dinner waiting in building overlooking the river. It's a special trip that's great for all ages and the perfect way to end the



#### 1. Sound and Light **Show with Dinner**

The Sound and Light Show is a unique, old time Sound and Light Show which begins with a Dutch oven dinner in a building overlooking the Colorado River. After dinner, you'll load a large open boat at dusk and head upriver from Moab with a guide igniting your imagination. Once it's dark, the formal Sound and Light Show begins with large lights



streaming along the canyon walls. As the lights move, shadows come to life with the narration of early settlers of the Moab area; including the Native Americans, Catholic Conquistadors and Mormon pioneers. The 50+ year-old show finishes with amazing views of the stars and is a great way to spend the evening cooling off on the river.

To find out more information about any of these tours or to make a reservation call Canyonlands By Night & Day at 435-259-5261 or visit www.canyonlandsbynight.com and mention you read about it in the Moab Happenings.

### Discover a Moab Surprise MH Cowboy

Have you ever wanted to rope and ride like a real cowboy? When I was a kid I wanted to be like the Lone Ranger or Annie Oakley. I though it would be fun to be in a rodeo like my mother. She barrel raced and goat roped. I loved her big shiny belt buckle. But I wasn't raised on a ranch. I grew up in the city, Sacramento, California to be exact, so owning a horse or even riding one didn't happen. We never slowed down.

Now I live in Moab, Utah. It's a timeless vision of the Wild West Dreams Come True where I plan to rope and ride. Is this

your dream too? At MH Cowboy you can experience the history of the trails. Ride back to the era of Butch Cassidy and the Sundance Kid. Each customized ride is tailored to your abilities and skill level.



Try your hand at building a loop.

Tripadvisor.com features comments from delighted patrons. Here is what people posted about Matt.

"He is super knowledgeable about horses and is an old school gentleman-cowboy."

"He took us past petroglyphs and kindly took a number of good pictures with our camera."



sturdy shoes (they don't have Make a Memory to be Tony Lama), and a hat (it doesn't have to be a Stetson), and take a ride through the

'two bits' and grab a rope or

climb on a horse. Bring along

your sarsaparilla, say goodbye

to your sandals, put on some

sands of time. Contact Heidi and Matt Cresswell at (435)259-0482 or e-mail them at mhcowboymoab@gmail.com. Visit their website for pictures and information at mhcowboy.com

Have a great ride!





Website: moabatv-utv.com Email: moabatv.utv@gmail.com Catherine Mattingly & Friends 435-260-9628

Online Registration at moabatv-utv.com

\$100.00 per machine

**Event T-shirt & Saturday morning Breakfast** (included in registration price)

Late Registration 7:00 A.M. - 9:00 A.M.

Thursday, September 25 9 AM Trail rides Friday, September 26 9 AM Trail rides Saturday, September 27 Pancake Breakfast 7AM – 9AM Trail rides 9:00 AM

> 50/50 DRAWING - Half goes to Grand County Search & Rescue September 25, 26, 27, 2014

### **PERMITTED TRAILS**

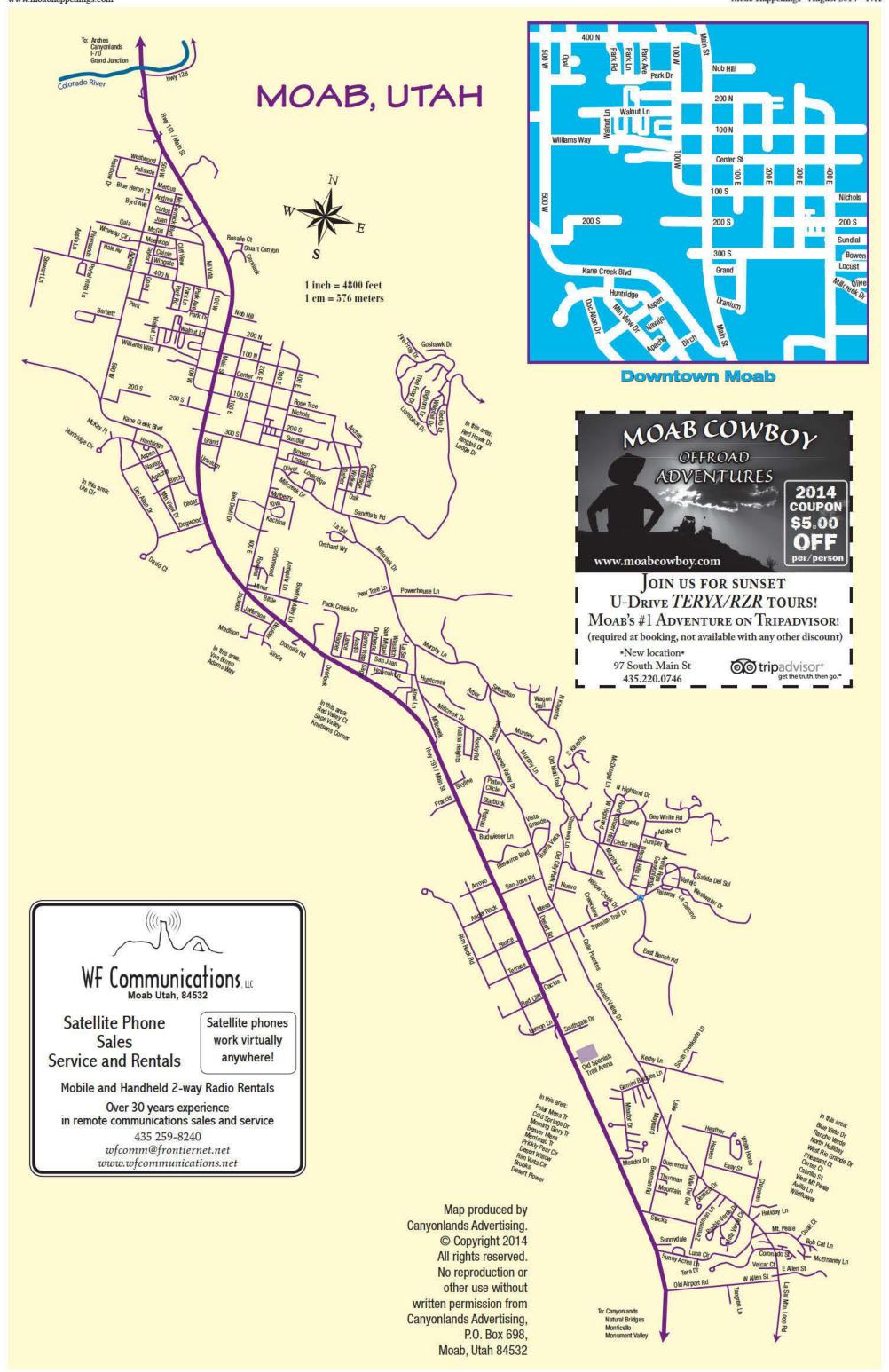
Thursday - Saturday Easy / Moderate / Difficult Hell's Revenge/ Hells Gate / Escalator /Moab Rim Trail Cliff Hanger /Kane Creek /Fins and Things / Poison Spider (Golden Spike)

### TRAILERED TRAILS

Peace Officers Trail Dome Plateau

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# ASTROLOGY HAPPENINGS

### Your Horoscope for August 2014

The new moon influencing August actually occurs on July 26th. The Sun, Moon and Jupiter are conjunct (that's good), Venus opposes Pluto (not so good) and Mercury squares the Nodes (can be both) — yes, astrology can be frustratingly complex and seldom black and white. It's basically a prediction of how ENERGY will, can or may be used. Electricity can be used to save a life or set off a bomb. Translation --- This can be a fortunate time to take something started 12 years ago to the next level, spiritually, mentally, physically. If it's no longer working for you, however, it may be time to let go of the project, direction, relationship, career, job, etc. This can also signal the beginning of a new 12 year cycle for many, but be cautious in investing resources until you are certain that the direction you choose is right for you and not what someone or something (belief systems or consensus reality) chooses for you.

There are some delusional actions being taken now that will have very real consequences. The outer planets of Uranus, Neptune and Pluto are all retrograde this month, so old issues from the past come back to be reconsidered and resolved. Jumping from the frying pan into the fire without due consideration of all the facts and repercussions of action taken will have long term effects. – this is the way it SHOULD BE in my world".

Mars is in Scorpio all month, accenting the human need to engage in conflict with each other in the belief that their survival is at stake. Basic needs come under scrutiny this month and bring awareness that our fears are partly fuelled by false advertising and political propaganda, creating polarization in society on all levels, from families to governments. The Full Moon on the 10th is at 18 degrees Aquarius, the degree of isolation with the symbol 'an old woman seated on a stool with a hooded cloak wrapped closely round her'. Polarization contributes to society becoming more individual in temperament at a time when environmental and societal factors are becoming more challenging. Eventually as the immense transformative energies of Uranus/Pluto move forward we will come to the realization that we are all travelling on spaceship Earth.

On the individual front things are a bit rosier for everyone this month, since some of the profound pressures of April and May have let up for the time being.

Mar. 21 - Apr. 20

Aries — Early Aries are finding things go easier now. Jupiter in Leo brings romance, creativity and self-expression this month, get in touch with your passions. Saturn will be testing the health of mid-Aries and since you also have Uranus conjunct your sun, watch for sudden, unexpected events and health issues around August 25th-27th when your ruling planet Mars



aligns with Saturn.

Taurus – It's not comfortable to take care of everyone except yourself, any more. You're exhausted and tired! Let July be a month of acknowledging what you can and can't do. Good things are on the way by September.



Gemini – You may find yourself to be a bit wonky and confused this month. Or perhaps those rose colored glasses are telling you that all is well, but a warning bell keeps going off – listen to it. You also, need to pay attention to

your health and be aware of everything around you, since you may get caught up in all the innovative plans and excitement of summer and tend to be just slightly accident prone.

Une 22 - July 22 Cancer — Sun and Jupiter bring unexpected good fortune this month. You'll feel more stable and more idealistic, even though there are times when you look at yourself in the mirror and wonder just who you are becoming. Relax. A brand new Crab shell is being built for you from the inside out, and it has a lovely interior with great views of the outside world. It might just take a bit longer than you'd like.



Leo – Jupiter moved into your sign in late July. It will be there for about a year, expanding your sense of self and allowing your playful side to shine. August however is still rehearsal time. Saturn and Mars are in a square aspect to your sun so you

feel expanded and constricted at the same time. You're rebuilding structure and that takes time and energy. Slow down and smell the sagebrush.

Aug. 24 - Sept. 1



Virgo – In late-July benevolent Jupiter moved into your house of spirituality and the Unconscious, bringing amazing opportunities in the next year for spiritual growth and expansion. The key to accessing all that is available to you is time away from the fray to

meditate, reflect, introspect and retreat. Stop doing so much and just BE. You may have some major aha moments that rock your everyday world- so be sure to stay open to your ideas and beliefs being challenged.



Libra – In August money matters may put you to the test. There may be unexpected out-go which catches you short. Saturn, the Taskmaster, in your house of money has been working on restructuring and balance in this area. You've had a rough go in the last year

with Uranus making you erratic and Pluto eroding all you thought you were, pulling and twisting you into someone new. Look with a grateful eye at any loss you may have experienced and know that this time can be seen as the worst in your life or the time when opportunities you couldn't have even dreamed of begin to emerge. Look for them.



Scorpio – Don't fight the fatigue you may feel – recognize it as a deepening of you understanding of yourself. Focus on your creative mind and that which brings you pleasure – children, romance, music, the

arts in general. Pay attention to the new beliefs presenting themselves to you. They can resurrect or rejuvenate something in you which has been lost.



Sagittarius – Innovative projects, which have long lain dormant, take on new energy this month. Uranus brings sudden insights into the technologies required to bring plans to fruition. Jupiter brings greater optimism

and louder guidance from your higher-self. Friendships may become problematic. Old patterns need to be let go of and new ones established.



Capricorn – You are in the midst of some profound changes and transformations in your life and the focus is on your relationships and the evolution or dissolution of one-to-one connections. Getting clear on who or what supports your growth and who or what

doesn't is key right now. You are in a process of weeding out relationships that no longer serve, while at the same time staying open to meeting kindred spirits who are more aligned with who you are and where you are going.





Aquarius – Challenges may arise in work or professional arenas. You need to balance being hard-working with being playful and having some fun. Towards the end of August new, unexpected ideas pop up and you can seed

By Victoria Fugit

new cycles in your career path. Watch any self-deception around finances for the next year. Neptune falls in your house of money and can create problems down the road if you are not seeing reality clearly



Pisces – Jupiter moves into your house of work, service and health- making the coming year a wonderful time to find more fulfilling work, deepen what you are already doing and/ or get your health and vitality back on track!

Old family patterns show themselves clearly and allow you to shift your beliefs and perceptions of the world around you so that your work or health can expand and benefit. What fears hold you back from doing or being more? Where do you hold back your light or fire at the expense of yourself? You have an opportunity to align more with your Higher Self and let that part of you be in the driver's seat!

#### About Victoria...

The passion I have for Astrology began when I was twenty-four. I had been traveling in Europe for months and was becoming more and more curious about the letters my mom was sending me. They were waiting for me in each city or town I went to and it was as if she had a spy following me. She seemed to know my every move. Then she started to give me advice about what was coming up and what to watch out for. Coming home, I was horrified to learn that both she and my dad (LT. Colonel in the Air Force) were involved in Astrology. I asked them how two well-educated and intelligent people could possibly believe a superstitious myth that was so lacking in any proof of its claims. My dad said he had no belief in it. It worked, so he used it, much like electricity - we don't believe in it, don't know exactly how it works, but are happy to turn on the lights with it.

So I set out to prove that they were deluded. After three years of study in San Francisco and taking a correspondence course from a school in England, I apologized.

Astrology has been part of my life ever since and has led to my involvement with researchers and teachers in the human potential movement, such as Jean Houston (Institute for Mind Research), Werner Erhardt (EST), Elmer Green (Duke University), Joe Kamiya (early researcher in biofeedback), Swami Rama (Himalayan Institute) and others.

Sun sign astrology obviously doesn't give the depth of knowledge available in a full reading. Each chart is unique, like snowflakes. But it's fun and entertaining. Hope you get both from this column.



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# EDUCATION HAPPENINGS

### Bright Future for Career and Technical Education in Moab

Back in 'my day' (the 1970s), vocational education was associated with trades such as auto mechanics, auto body repair and welding. That concept has morphed into a more diverse model that is now referred to as career and technical education (CTE). CTE includes multiple career clusters and pathways that high school and adult students can use to move toward relevant training, gainful employment and fulfilling careers.

CTE programs were slow to materialize in the early years of higher education in Moab when the primary focus was on academic, four-year and graduate degrees. Yet this trend is slowly evolving toward a more comprehensive approach. During the past six years, numerous CTE programs have been introduced into the Moab curriculum.

For example, Utah State University with the help of local community partners, has implemented a certified



Sam Sturman

nursing assistant program, a medical assisting certificate, and students can now complete their allied health prerequisites in their own community. To support these programs, USU has

opened a state-of-the art allied health training facility at the Moab Regional Hospital. Additionally, USU-Moab has added three associate degrees in criminal Justice, IT support and web development, and

business. Certificate programs in accounting and office computer systems are also available. Residents can take courses in entrepreneurship, and hospitality and tourism management that are especially relevant to the needs of our tourist-based economy in Moab.

The momentum of CTE programs continues at the Moab Education Center. The next goal is to launch an A+computer-based skills building program along with soft skills training for our community residents. A list of our current degrees and programs can be found at: moab.usu.edu.

### Canyonlands Field Institute: 30 years of education, exploration, and evolution

Moab-based outdoor education organization, Canyonlands Field Institute, claimed an impressive achievement this June when the organization turned 30 years old.



CFI Co-Founder, Robin Wilson, had explored the idea 1988 of an outdoor education

CFI began in the summer of 1984 when co-founders Karla VanderZanden and Robin Wilson collaborated to create their dream of outdoor education in Moab. Robin and her husband, Bates Wilson, had explored the idea of an outdoor education

center on their property at Professor Valley Ranch. Karla, a graduate student at the USU College of Natural Resources, had similar aspirations. The two met in 1983 it and took just one year to turn their brainchild into a reality with the incorporation of Canyonlands Field Institute.

Karla and Robin hit the ground running with the help of friends such as Ken Sleight, Tim Graham, and Tom Till, offering a variety of hikes and seminars on natural history, human history, writing, and art. Soon, Professor Valley Field Camp was established on BLM land adjacent to Robin's Ranch. Robin's death in 1991 had a devastating impact on all involved with CFI. However, the organization persisted and continued with her memory as motivation.

While river running, hiking, and educational retreats at Professor Valley Field Camp have been CFI's specialties for the majority of its 30 years, the organization has dabbled in a myriad of activities ranging from graduate study programs, writers' workshops, and a nightly Canyon's Edge slide show, to a fishing program for youth that just started this summer.

A monumental event in CFI's history occurred this year when CFI was required to move its Field Camp operation off BLM land. While the move set many obstacles for CFI's operations, it was also an opportunity for CFI to expand its services. As CFI turned 30 years old and started its first season at the new Field Camp on private land, the organization can now look forward to growth and even more opportunities at their permanent site.

Today, CFI is nationally known for its educational rafting trips, field study programs at Professor Valley Field Camp, and specialized adult trips that explore topics of local flora and fauna, archaeology, and Navajo culture. In one

year, CFI boasts 3,000 user days in outdoor education, hosts 25 school and youth groups, runs 5 summer camp programs, holds over 15 career training positions, and dedicates a quarter of its underwriting to local youth programs.

To celebrate its 30th birthday and to raise money for youth programs, CFI is hosting a benefit dinner at Pack Creek Ranch Sunday, August 17. The evening will feature

a silent auction; social hour music by Christopher Layer, Moab Music Festival Artist in Residence; a talk by Bill Haggerty, outdoor writer for the Grand Junction Sentinel; and a gourmet dinner prepared by Jane Sleight. Tickets are \$50 and seats are limited. Donations in lieu of dinner attendance are gratefully accepted. Contact CFI if you would like to join this memorable evening: cfimoab. org, 435-259-7750, info@ cfimoab.org.



CFI Co-Founder and current Director, Karla VanderZanden, with Ken Sleight

### MOABCILIBS & ORGANIZATIONS

For a community to prosper and grow, its residents have to be **INVOLVED**. If you would like to participate in any club or organization, **PLEASE CALL THEM.** Many of these groups are always looking for a helping hand or two.

PLEASE CALL THEM	<b>1.</b> Many of these group
Alcoholics Anonymouss	ites.google.com/site/moabgroup
For Emergencies (24/7)	888-333-9649
Alpha Rho Sorority (Bobbie Long)	(435) 259-6758
American Legion Post (Ronald Irvin)	(435) 719-4095
Arches Adult Education (Trish Hedin)	(435) 260-8746
Arches New Hope Pregnancy Center (Debbie Nelson)	(435) 259-LIFE (5433)
BEACON (Stephanie Dahlstrom)	(435) 260-1143
Bikers Against Child Abuse (B.A.C.A.)	(435) 210-4421
Boy Scouts of America (Scott Major)	(435) 637-8059
Boy Scouts of America Utah National Parks Council	(801) 437-6222
Canyonlands Field Institute (Karla Vander Zanden)	(435) 259-7750
Canyonlands Rodeo Club (Kirk Pearson)	(435) 260-2222
Canyon Winds Concert Band (Ronald Irvin)	(435) 719-4095
Colorado Outward Bound School – Moab Basecamp (Chris Benso	n)(435) 259-5355
Community Rebuilds (Emily Niehaus)	(435) 260-0501
Daughters of Utah Pioneers (Helen Tranter)	(435) 259-5229
(or Clara Shafer Dalton)	(435) 259-7793
Deadhorse Motorcycle Club (Ron Dickerson)	
Delicate Stitchers Quilt Guild (Shauna Dickerson)	(435) 259-0906
Elks Lodge #2021 (Dan Stott)	
Friends of Arches and Canyonlands Parks (Joette Langianese)	(435) 259-0108
Friends of Canyonlands Health Care (Tom Edwards)	(435) 260-1504
Friends of Indian Creek (Sam Lightner, Jr.)	(435) 259-6639
Friends of the Grand County Library (Adrea Lund)	(435) 259-1111
Grand County Public Library	
Girl Scouts of The U.S.A. (Michelle Hill)	(435) 259-5884
Grand Area Mentoring (Dan McNeil)	(435) 260-9646
Grand County Democratic Party (Bob Greenberg)	(435) 259-7013
Grand County 4-H (Kira Rindlisbacher)	(435) 259-7558
Grand County Extension (Michael Johnson)	(435) 259-7558
Grand County Food Bank	(435) 259-6456
Grand County Hospice	(435) 259-7191
Grand County Library	(435) 259-1111
Grand County Prevent Child Abuse (Debbie Thurman)	(435) 260-1039
Humane Society of Moab Valley	Animal Services 259-4862
Ladies Golf Club (Chris Corwin)	(435) 210-0599
League of Women Voters (Cynthia Smith)	(435) 259-5306
Lion's Club (Tom Warren)	(435) 259-7834
Moab Aglow Lighthouse Fellowship (Murine Gray)	
Moab Arts Council (Theresa King)	(435) 259-2742
Moab Arts Festival (Gayle Weyher)	(435) 259-2742
Moab Arts & Recreation Center (Laurie Collins)	(435) 259-6272
Moab Bird Club (Nick Eason)	(435) 259-6447
Moab Chamber of Commerce (Jodie Hugentobler)	
Moab City Recreation (John Geiger)	(435) 259-2255

Moab Community Dance Band (Miriam Graham)	(435) 259-8311
Moab Community Theater (Kaki Hunter)	
Moab Country Club (Rob Jones)	
Moab Disk Golf Club (Rolf Hebenstreit)	
Moab Duplicate Bridge Club (Gail Darcey)	(435) 259-1733
Moab Friends For Wheelin' (Jeff Stevens)	(435) 259-6119
Moab Garden Club (Tricia Scott)	(435) 249-4959
Moab Half Marathon (Ranna Bieschke)	(435) 259-4525
Moab Horse Show Association (Kathy Wilson)	
Moab International Film Festival (Nathan Wynn)	(435) 261-2393
Moab Masonic Lodge #30 (TJ Robertson)	(435) 210-4653
Moab Music Festival (Laura Brown)	(435) 259-7003
Moab Poets & Writers (Marcia Hafner)	(435) 259-6197
Moab Rock Club (Jerry Hansen)	(435) 259-3393
Moab Roller Derby(Jessica O'Leary)	(575) 635-3898
Moab Rotary April Action Car Show	(435) 260-1948
Moab Solutions (Sara Melnicoff)www.moab-solutions.org	g (435) 259-0910
Moab Sportsmen's Club (Frank Darcey)	(435) 259-2222
Moab Taiko (Michele Blackburn)	(435) 259-0816
Moab Teen Center-Club Red	(435) 259-9991
Moab Trails Alliance (Kimberly Schappert)	(435) 260-8197
Moab Valley Multicultural Center (Rhiana Medina)	(435) 259-5444
Mutual UFO Network (Elaine Douglass)	(435) 259-5967
Order of the Eastern Star (Fran Townsend)	(435) 259-6469
Outward Bound Wilderness (Chris Benson)	
Plateau Restoration/Conservation Adventures (Tamsin McCormick)	(435) 259-7733
PleinAir Moab (Sandi Snead)	(435) 686-2545
Red Rock 4-Wheelers (Ron Brewer)	(435) 259-7625
Rotary Club (Kyle Bailey)	(435) 259-6879
The Salvation Army, Moab Service Extension, (Lenore Beeson)	
(or Sara Melnicoff)	(435) 259-0910
Seekhaven Crisis Center (Michael Gardiner)	(435) 259-2229
Senior Center (Verleen Striblen)	
Sierra Club (Marc Thomas)	
Southeastern Utah Back Country Horsemen (Dick Walter)	(435) 640-5532
Southern Utah Wilderness Alliance (Liz Thomas)	(435) 259-5440
Toastmasters	(435) 260-9646
Trail Mix Committee (Sandy Freethey)	(435) 259-0253
Utah Avalanche Center	
Utah Conservation Corps (Sean Damitz)(4	35) 797-0964 ext 1
Utah Friends of Paleontology – Gastonia Chapter (Joel Nowak)	(435) 587-9968
Valley Voices (Marian Eason)	(435) 259-6447
Veterans of Foreign Wars (Fred Every)	
WabiSabi (Mel Gilles)www.wabisabimoab.org	
Young Life Moab	
Youth Garden Project (Delite Primus)	.259-BEAN (2326)



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- Fitness Classes
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- Water Aerobics
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- Room Rentals
- Pool Rentals



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& in racks all over town



# MOAB HAPPENINGS

LODGING **EVENTS** 

CANYONLANDS

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Volume 26 Number 5 August 2014

## Impressions of Canyonlands Quilt Show At Museum Of Moab

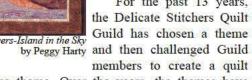
Impressions of Canyonlands, a quilt show celebrating Canyonlands National Park's 50th anniversary, is currently

on exhibit at the Museum of Moab, 118 E. Center St. The exhibit can be viewed through Saturday, September 13, the final day of the Canyonlands celebration. An opening reception, sponsored by The Friends of Arches and Canyonlands Parks, will be held on Saturday, August 1st from 6 m. - 9 p.m. and will continue to be displayed at the Museum of Moab through September.



Sixteen quilt artists have created 22 beautiful quilts in honor of this occasion. The quilts on display portray

> what Canyonlands National Park means to the artists who created them. You will see interpretations of the amazing scenery to be found in Canyonlands, as well as gain a little insight into some of the influential people in the Park's history. For the past 13 years,



to reflect the theme. Over the years, the themes have been wide and varied and always challenge members

to be creative. Themes have incorporated the use of African fabric, have been patriotic, and have celebrated food, flowers, birds, stories, local scenery and songs. Next year's theme has yet to be decided, but whatever it is, the Guild members will rise to the occasion and produce some amazing work.



Canyonlands by Joanie Henning



50 Years of Green River Overlook by Murine Gray

We again thank the Museum of Moab for opening its doors to us. Quilting is part of Moab's heritage, and we appreciate the Museum's continued support. We also thank The Friends of Arches and Canyonlands Parks for inviting us to be part of their 50th anniversary celebration.

The Delicate Stitchers Quilt Guild was formed in 1998 by women who realized there were a great many quilters in Moab and

the surrounding area, and also recognized the need for an organized group that would foster this fiber art form. Monthly meetings are held the second Tuesday of

each month at 7 p.m. at the Grand Center, 182 N 500 W, in Moab. A typical annually

meeting includes a mini-lesson on an chosen topic (such as color or design), a short book report on a book from our library, and a lesson on varied quilting



Sunrise at Mesa Arch, Canvonlands

techniques. A Show & Tell session allows members a chance to show off their latest work. Members teach each other and the Guild sometimes bring in outside teachers for



Burrowing Owls on the Prowl in Canyonlands by Cyndy Peters

workshops. Dues are \$15 per year. All quilters, and those interested in quilting are welcome.

The Delicate Stitchers hold a

large quilt show every odd year. The next show is March 14 & 15, 2015. Vendors from Moab, and outside the area, are present to offer their latest

fabrics, notions and patterns. Open demonstrations are held. Each year, the Guild has an annual themed challenge show, which is held at the Museum of Moab. This year's challenge is on display now.

Dream Catcher

The Guild has a blog. so please visit it to view recent quilt showings: www.moabquilts. blogspot.com. And be sure to

Many Moods of Canyonlands

by Audrey Graham

mention you read about it in Moab Happenings.

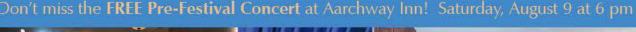


The Magic Hour by Marian Eason



by Lee Shenton

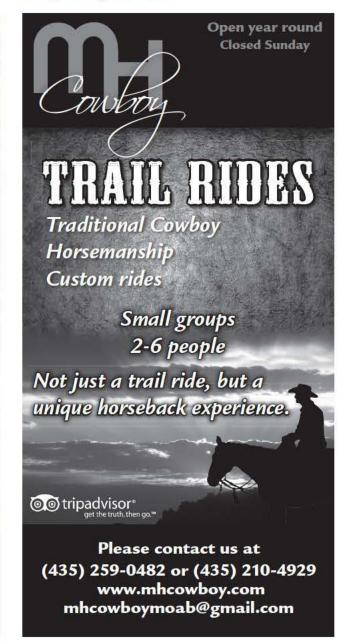






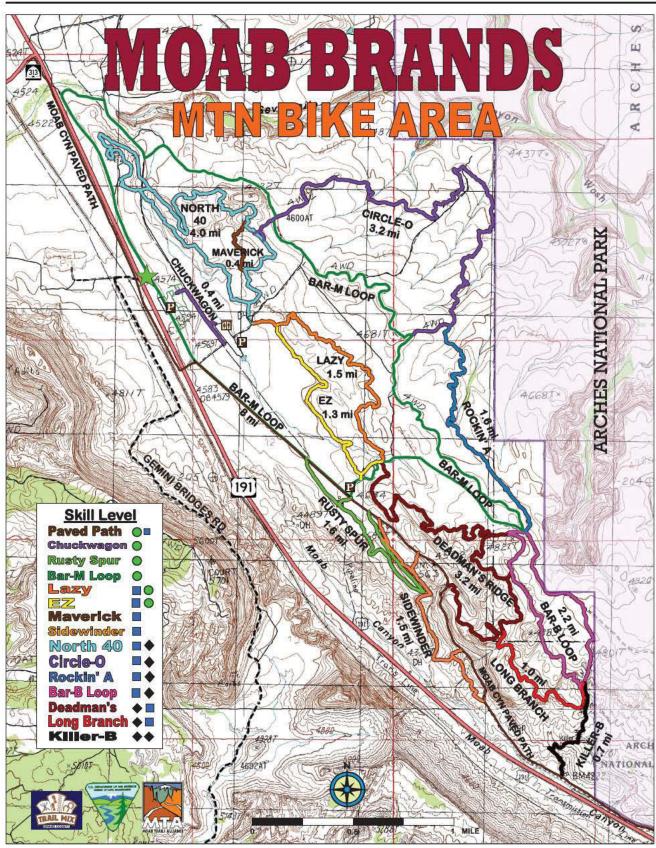


August 28-September 8, 2014

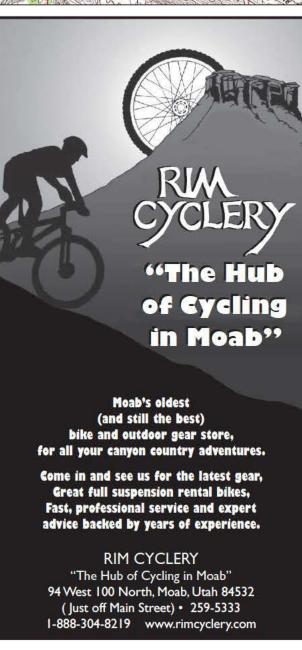


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## ROAD & MOUNTAIN BIKING

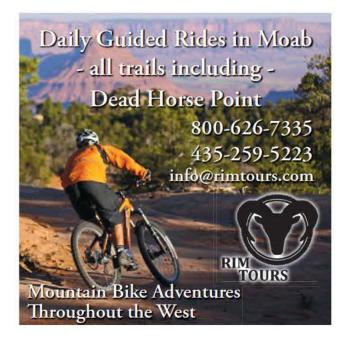






Moab has become known worldwide as a mountain biking mecca. The canyon country around Moab offers some of the most unique and varied landscape on earth, from 13,000 foot peaks and high alpine meadows to high desert vistas above the sandstone canyons. Varied terrain and spectacular scenery bring riders from all over the world to Moab to try the trails. There are many trails and old jeep roads in the area which provide a complete variety of mountain biking challenges. Several companies in the area can provide rentals and information.

- MOAB CENTURY TOUR Landscape Worth Training For! September 20, 2014. Utah's most scenic road cycling routes with 40, 65, and 100 mile options. Ride along the scenic Colorado River for 40 miles or challenge yourself with a 60 mile ride to the edge of the earth—Dead Horse Point State Park overlooking the Colorado River 2000 feet below. Or combine both and make this your century ride! Enjoy weekend of fabulous roads, cycling icons, delicious food, superior support staff in route vehicles and at water and food stations. For more info visit skinnytireevents.com or call 435-260-8889. This annual event benefits the Moab Cancer Treatment Center and the Lymphoma and Leukemia Society.
- OUTERBIKE October 1-5, 2014. Outerbike is a chance for you to test ride next year's bikes on world-class roads and trails in Moab, Utah. For three days, the world's best bike manufacturers will be set up at the Outerbike Expo site. You can walk through and see next year's innovations, pick a bike you'd like to try, and take it for a ride. Repeat as needed. There are 20 miles of connected loops that range from fun and easy to technical and gnarly, plus a paved bike path leading to two National Parks for road rides. Your \$150 registration fee buys you lunches, shuttled rides, prizes, movies, and entrance to our evening parties! For sign up, information and scheduled events go to www. outerbike.com.
- MOAB HO-DOWN MOUNTAIN BIKE FESTIVAL October 23-26, 2014. Presented by ChilePepper Bike Shop this festival includes mountain bike races, dirt jump competition, townie tour, costume party, movies at Star Hall and loads of fun! Please call 435-259-4688 or visit www.moabhodown.com for more information.
- POISON SPIDER BICYCLES SPRING THAW, February 27 March 1, 2015. A fun, long weekend with demo bikes, women's ride, shuttles, frame giveaway and guided group rides on the Bar-M and the Mag 7 Trails. Food and parties included for \$40. Preregister for free t-shirt! For more info visit poisonspiderbicycles.com or call 435-259-7882.
- MOAB SKINNY TIRE FESTIVAL ROAD CYCLING TOUR March 14-17, 2015 Four days of road cycling along the Colorado River, Dead Horse Point State Park, and the coveted ride through Arches National Park. This event benefits the two room cancer treatment center at the Moab Regional Hospital and other cancer survivorship programs and research. For more info visit skinnytireevents.com or call 435.260.8889.
- 5<sup>th</sup> ANNUAL GRAN FONDO MOAB, May 2, 2015. The Gran Fondo Moab will be emulating an old Italian tradition. We will be riding the most spectacular mountain pass in the Manti-La Sals, widely known as the Loop Road. We will start and finish in the beautiful red rocks of Moab and will climb over 5000 feet in 64 miles. This event will not be run as a sanctioned race, as a majority of the riders will be participating for the enjoyment of riding a signed route through beautiful scenery with their friends and teammates.



www.moabhappenings.com

## TRAIL HAPPENINGS

### To Enjoy a Ride in the Summer Heat: Ride Early, Ride Late, or Ride High . . . in the Mountains

by Brooks Carter

Summer in Moab can be beautiful and exciting and . . . . really HOT! It's not unusual for the high temps in July and August to run between 95° and 105° Fahrenheit. Mountain bikers have more than once gotten into trouble by not planning for a safe and fun ride. So how is it possible to have fun when it's that hot?



One of the best ideas in the summer is to simply avoid the heat. The tours that I guide in the summer start at 7 a.m. For my personal rides, I start even earlier and try to be done by 9 or 10 at the latest – especially if I am going to be riding a physically demanding trail like Slickrock. The riders that I see suffering from cramps and other heat related problems are most often riding after 11 a.m. when the temperatures are climbing into the 90's with the sun bearing down. If you are planning to ride on a summer day, be sure to take



at least 4 liters of water (4 water bottles or a 100 oz. hydration bladder) for a 2 – 3 hour ride, and put some ice cubes in your water to keep cooler. Also consider, all that water does you little good unless

you remember to drink early and often. Take along some electrolytes (to fight cramping and the life threatening condition called hyponatremia), and some energy food since bonking is no fun.

Riding in the evening is another option. Unlike areas with high humidity, riding in shade here in Utah will be noticeably cooler. Plus, the temperature at sunset is often about 10° less than the day's high temperature and continues to drop as you ride. Starting just before sunset on the less shaded trails will give you almost an hour before darkness falls. I did a sunset ride on the North 40 Trail at Moab Brands, and found that while the temperature felt warm, it wasn't hot. Making the ride even better, the trail had less people on it than during the day, I had a great view of the fading light on the La Sal Mountains and it's big white thunderheads, and then there was a totally awesome sunset at the end of the ride! Some trails such as Hymasa, Captain Ahab, and Pipe Dream are in shade early in the afternoon and will provide several hours of cooler riding. If you want to get further into the evening, do what they do in Phoenix and buy a light system - it's so hot there, almost everyone rides at night.



Another great way to beat the heat is to go to the La Sal Mountains and ride above 8,000°. When the temperature is 100° in the valleys, it can be 80° or less in the alpine areas and if you start early in the morning, the temps can be in the 40's or 50's. A couple of things to keep in mind are that the trails up in the mountains are mostly for expert riders, you will share the trail with cows (watch for fresh cow pies and give the bulls a wide berth), and watch for afternoon thunderstorms building during the summer monsoon season.

If expert trails in the mountains don't sound like your cup of tea, rejoice! The Forest Service is currently building some new trails. That work is primarily being done by volunteers working under the direction of the Forest Service, and food for the trail



crew is being provided by Rim Tours. Trails that may be more suited to the intermediate rider include Jimmy Keen (3 miles finished and rideable) and Burl Friends (near Medicine Lake, should be finished in August). The Warner Family Loop can even be ridden by experienced beginners and is adjacent to the Warner Lake Campground – a perfect place to bike, hike, picnic and maybe even catch a fish in the cool mountain air!

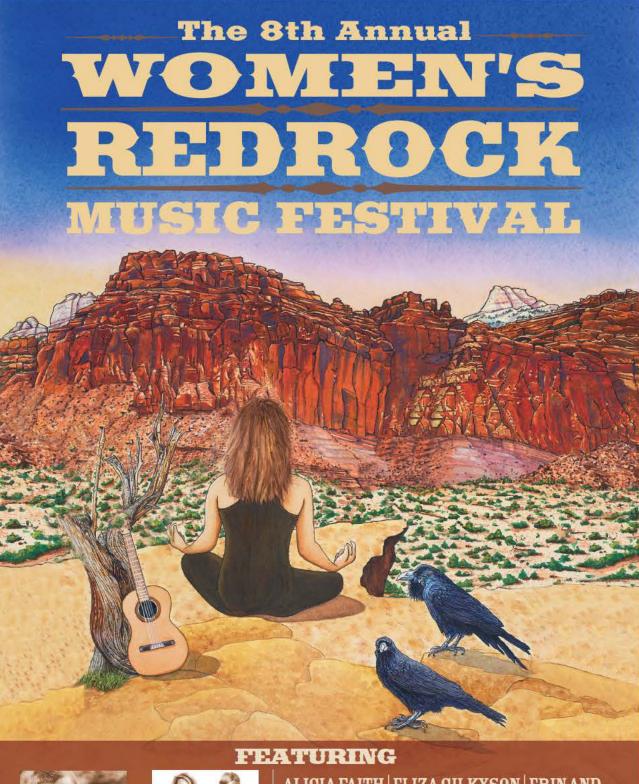
You can still enjoy biking in the summer, but go early, go late, or go high in the mountains to stay as cool as possible. Always carry extra water and snacks.

Brooks Carter is a mountain bike guide at Rim Tours. During the cold months, he's a ski instructor at Brighton. As a volunteer for Trail Mix, he designed & helped build EKG, Mega Steps, Little Salty, UFO, Alaska, Nome, Homer, Miner's Loop and Houdini trails (he has a lot more designs in the wings). Life is good!

Trail Mix is an advisory committee to Grand County in the development and maintenance of non-motorized trails. The committee represents nonmotorized users including bikers, hikers, equestrians, and skiers. Many government



agencies and private citizens make up the "mix" that makes this group work so well. Come join us on the 2nd Tues. of each month from 12-2 at the Grand Center (500W. 182 N.). Everyone is welcome. Contact Sandy Freethey 259-0253 or find us online at www.grandcountyutah.net/trailmix/. You may also reach us at moabtrailmixinfo@gmail.com.





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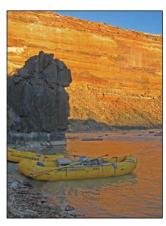
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## WATER HAPPENINGS

### Whitewater Jewel in the Desert Horse

The Colorado River flows peacefully around our town, quietly moving over deep rocks that have been buried under silt carried downriver from the Rocky Mountains. If all one ever saw of the Colorado was the stretch from the Highway 191 Bridge to the Confluence of the Green and Colorado Rivers, they would never guess that this quiet

river can be very dynamic, exciting and thrilling.



One can get a small taste of the whitewater on the Colorado River as they travel upstream along Highway 128 and see the smaller class II and class III rapids, including White's Rapid, Rocky Rapid and Big Bend Rapid. What cannot be seen from any road is the whitewater jewel that is Westwater Canyon.



Westwater Canyon on the Colorado River is located near the Colorado and Utah border, and is accessed via the Westwater Ranger Station and ramp, which are about a two hour drive from Moab. Highly regulated by the Bureau of Land Management, only 150 people are allowed to traverse the canyon each day. Commercial outfitters are only allowed 75 guests per day in order to limit overall impact to the beaches, side canyons and the river itself.

Sheri Griffiths Expeditions

Due to this strict management of Westwater Canyon, visitors can experience a truly pristine and (mostly) untouched wilderness experience. There are signs of past human habitation including pictographs, an old miner's cabin and equipment and an outlaw cave. There are also opportunities to see wildlife in the canyon, including bald eagles, blue heron and the occasional river otters.

Westwater Canyon has rapids rated up to a Class IV,

with names such as Skull Rapid, Funnel Falls and Sock-it-to-Me. canyon can be traversed in one or two days, with the longer two day trip allowing for more time to hike to geological and historical sites along the way. Many of the local



rafting companies offer the Westwater Canyon rafting trip as a full day or multi-day rafting trip.

Sheri Griffiths Expeditions, 2231 South Hwy 191, Moab UT 84532 • 800-332-2439 • www.Grifffithexp.com

## Stand up Paddle Board Adventures near Moab!

Shaine Ebrahimi

Have you ever dreamed of standing on water with your senses filled by the sight of magnificent red cliffs, your body warmed by a gentle desert breeze and your soul soothed by the sound of water dancing on the nearby shore?

Stand up paddleboarding is one of the fastest growing sports on earth and is an epic way to take in the beauty that you can find surrounding the colorful town of Moab, in the great state of Utah.

I have been coming to Moab for decades and have always loved adventuring on the Colorado River and exploring the surrounding desert. 5 years ago I discovered the amazing sport of stand up paddleboarding and never looked back. The first time I brought a SUP (stand up paddleboard) to Moab was in 2010 when a wild group of river rats decided to embark on a Desert SUP Quest and float on the Colorado river from Grand Junction, Colorado to Potash, Utah (just an hour drive west of Moab). It was a four day adventure the left us with a lifetime of smiles and laughter.

Since that epic journey I keep finding myself back standing on the Colorado River with friends and family taking in the phenomenal beauty of one of the most spectacular places on earth.

If you are ready to say "Yes To Adventure" and head out on your own stand up paddleboard adventure in Moab, the first step is getting a SUP and appropriate river gear. You can rent SUPs from Moab Gear Trader, (www. moabgeartrader.com) a Shaboomee (www.supyes.com) rental and sales partner. Located at 300 South Main Street, Moab Gear Trader specializes in the sale and consignment

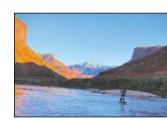


of quality new and used outdoor gear and clothing for all Shaboomee SUP rentals include an inflatable SUP, pump, paddle, fin, helmet and life jacket. Give Marshall a call at 435-355-0333 to check availability

and he will be happy to answer any questions.

Wondering how you're going to lug a large surf-board around when you're on vacation!? Do not fear, inflatable SUPs are the latest and greatest development in the sport. "Roll em', pack em', pump em' up & hit the water!, " said Shaboomee adventuress Mary Sundblom. The whole setup fits in a large duffel bag, making it easy to throw in the back of your rig, whether it be a big pick-up or a Cooper mini!

Now you have a SUP in hand and are ready to go! There are so many amazing areas near Moab to go stand up paddleboarding. It is impossible to mention them all: but here are a few of my favorite, fun Class I & II Colorado River floats:



#### Fisher Towers Upper Colorado Scenic Byway (Hwy 128)

On this stretch I like to put in by the Dewey Bridge Campground located on Hwy 128, 28.7 miles from

Hwy 191. We take out by Hittle Bottom Campground located on Hwy 128, 22.5 miles from Hwy 191.

Check out the Fisher Towers hike located near the take out.

#### Goose Island - Middle Colorado Scenic Byway (Hwy 128)

On this stretch I like to put in by the Goose Island Campground located on Hwy 128, 1.4 miles from Hwy 191. We take out at the Moab Boat Ramp located just off Hwy 191 where the road crosses the Colorado River.

Check out the Negro Bill Canyon hike located near the put in.

### Potash - Lower Colorado River Scenic Byway

On this stretch I like to put in at the Moab Boat Ramp located just off Hwy 191 where the road crosses the Colorado River. We take out by Goldbar Campground located on Hwy 279, 10.2 miles from Hwy 191.

Check out the Corona Arch hike located near the

Next time you have the good fortune to visit Moab, be sure to include a stand up paddleboard adventure on your list of fun activities. It is the ultimate way to get some exercise, share laughter and cool off with family and friends while surrounded by some of the world's most spectacular scenery.

Author: Shaine Ebrahimi is the owner Shaboomee, a stand up paddleboard company based out of Carbondale, CO. He is always striving to live life with an open heart and adventure seeking spirit.

### The Southwest Storms of Dead Horse Point State Park

By Acadia Tripp

Darkening clouds surround the peaks of the La Sal Mountains, emitting sheets of rain clearly visible to visitors looking east from Dead Horse Point. It is only a matter of time before these clouds advance upon the park, enshrouding the mesa top in both shade and water. The ensuing signs of a storm are heard in the distant rumbles of thunder, soon followed by the pattering of raindrops upon dry layers of sand and stone. A quick glance upon the horizon might allow the fortunate visitor to see a jagged bolt of lightning dance across the sky. In the moments that follow these warning signs, it becomes crucial for even the most enthusiastic outdoorsman to seek shelter and wait out the storm.



The thunderstorms of monsoon season are a common visitors begin to peek outside, the strong and earthy scent occurrence within Southeastern Utah during the latter months of summer. The panoramic views from Dead Horse Point State Park provide visitors with a chance to see the strength building from within the towering clouds. Although watching a monsoon storm is an unforgettable experience, it is important to remember that these fantastical clouds also hold dangerous sources of power. Bright streaks of lightning cross between land and sky in search of an outlet for its gathering energy. The gentle drops of rain quickly turn into an outright downpour that would soak a hiker within seconds. While standing atop a mesa surrounded by short and stunted vegetation, it becomes apparent how exposed to the elements an individual can be.

Whether hiking along the rim trails or looping through the bike trails of the Intrepid System, it is always important to seek shelter at the first signs of a thunderstorm. From the safety of the park's Visitor Center, viewers have the chance to see the threatening clouds advance upon the plateau. Most cars are also a safe place to be throughout the duration of a storm, as the enclosing metal frame will provide protection. It is also advised to remain inside for an extra thirty minutes after the last sounds of thunder.

As rays of sunlight begin to filter through the ominous clouds, the end of the storm draws near. When eager

of sagebrush satiates the air. Birds begin to chirp in unison and fill the quiet void left in the wake of a storm. By the end of the day, the remnants of clouds provide the perfect frame for sunset. Many weary visitors begin to make their way to Dead Horse Point in the hopes of catching yet another beautiful view to the west. Perhaps another storm of monsoon season will pass through tomorrow, providing another opportunity to witness the thrilling rain and lightening from behind the safety of closed doors.



Www.moabhappenings.com

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# GALLERY HAPPENINGS

### Moab Photoscape: Big Love

If I could mention one key to successful landscape photography what would it be? Well, a tripod is near the top. Many times people have spent so much money on their camera gear that they're tapped out when it comes to buying the tripod. They purchase a cheap, difficult to use tripod and this furthers their desire to avoid the darn things. I see it my workshops all the time. A photographer will have a \$3,000 lens and a ten cent tripod, which is exactly the opposite of the way things should go. Because we work so often in low light, use stopped down apertures which further cut the light, and like crisp, sharp images, a good tripod is vital.



Walk into Gallery Moab, and you will see many works of pastel on the walls. Some visitors have commented that they've never seen so many pastel works in a gallery as they have here in Moab.

Used since the Renaissance, pastels gained considerable popularity in the 18th century, when a number of notable artists made pastel their primary medium. Pastel is not chalk. Pastel is an art medium of pure powdered pigments ground into a paste with water and a gum binder, then rolled or pressed into sticks. Pastel works are called "paintings", though the "paint" is dry pastel. Pigments used in pastels are the same as those used to produce all colored art media,



including oil paints, so the color effect of pastels is closer to natural dry pigments than that of any other process. Soft pastels are the most widely used form of

Another top tip, this time regarding composition, is simplicity. The more simple you can make compositions, the better. Avoid uninteresting foregrounds, and extra "stuff" that doesn't work toward the goal of your image. Telling a short, simple story can also lead to better images, especially if you remove everything in the

composition that doesn't work with your simple narrative. These stories can be things like: "The seasons are changing", "the shapes of the clouds mirror shapes below", "the storm light has created a red that is awesome.." You get the idea--simple stories without any frills or additives.

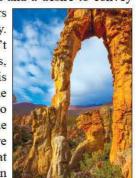
These tips and many more are very important, but I promised to divulge the most important and used suspense to hopefully keep you interested. It's pretty simple. John



Lennon said it best, "All You Need is Love." If you fall in love with the landscapes you are shooting your images will automatically get better. Most photographers who start to shoot nature and landscape imagery have at least the seed of this feeling. It's not like loving your family or your dog necessarily, but it's a very human to have strong feelings about the beauty of the land and a desire to convey

that feeling to others through photography. Honestly, if you don't have these emotions,

maybe outdoor photography is not for you. But if you do, the times when everything falls into place and it almost feels as if the landscape wants to have its picture taken are magical moments that you will want to experience again and again.



### All Those Pastel Paintings at Gallery Moab

By Kathy Grossman

pastel with a higher proportion of pigment and less binder, resulting in brighter colors.

Pastel techniques can be challenging since the medium is blended directly on the working surface, and, unlike oil paint or acrylics, colors are usually not mixed or tested on a palette before applying. Pastel errors and changes also cannot be covered or painted out the way a paint error might be. A pastel artist usually "erases" by lifting the pigment from an area with a kneaded eraser. However, pastels are easy to sketch and paint with en plein air (painting



outdoors on location), with straightforward packing and cleanups. Even if a plein air artist is caught in a sudden Colorado Plateau thunderstorm, closing the pastel box and folding up a lightweight travel easel and tripod can be done in minutes.

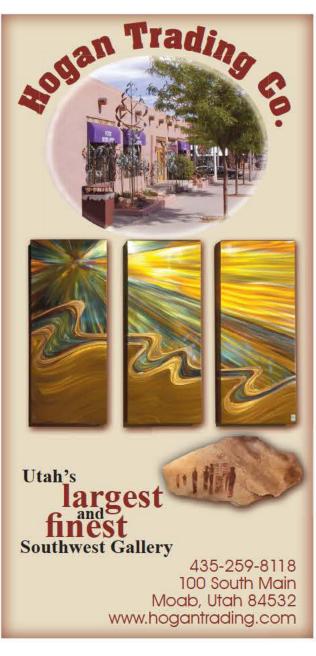
Another reason Gallery Moab has so many pastel works is because of local artist and teacher, J.C.Borders. His



local group and individual classes have inspired many local artists- even those who had never picked up a pastel stick before. Borders uses both hard and soft pastels for his own work, saying, "Pastels" ease of handling, deep colors, and light weight and versatility in the outdoors have always drawn me to use them for my landscapes."

Come in to browse Gallery Moab, open every day but Tuesday, 1 to 9 p.m., and seek out the works by Moab's pastelists. Take home one – or several! – of our gallery's unique pastel works for your home, office, or workplace.





6B • August 2014 • Moab Happenings

# ARTIST HAPPENINGS

### Moab Artist Studio Tour

The eleventh annual Moab Artists Studio Tour will take place on Saturday and Sunday, August 30th and 31st of Labor Day Weekend from 10 am to 4 pm both days.

SO WHAT'S NEW THIS YEAR? First of all, the new



Karen Chathan

Gallery Moab on 87 North Main Street will serve as the Studio Tour hub, and will be the best place to get your Studio Tour map and any directions you may need to the studios. Also, four of Gallery Moab's finest, Tim Morse, Peg Harty, Mary Collar and Larry Thomas, will be doing a special outdoor showing for the Studio Tour adjacent to the Gallery building. They are all great painters with Morse working wonders in watercolor and oil and Harty, Collar and Thomas showing off their vibrant pastel paintings. They'll probably show off some great plein air moves for you too.

Second, Serena Supplee is back on the tour and she has a bunch of incredible new work to show at her nearly new studio. She's also the Community Artist in the Parks this year.

Third, In a total of 16 artists, four are brand new and you will meet them briefly below. The interest and excitement level is high.

Veteran Studio Tour sculptor, Nick Eason, will just be returning from being selected to show his exquisitely carved wood wildlife pieces at the prestigious "Sculpture in the Park" show in Loveland, Colorado. Well known gourder, Bob Ridges, will walk you through the many interesting steps of growing his own gourds, then preparing them for his wonderfully designed carving and decorating. Other returning Tour members, Jacci Weller (stunning acrylic paintings) and Phil Wagner (enthusiastic oils) will continue to impress you with their style and great eyes for color. Sarah Hamingson (last year's Community Artist in the Parks and amazing pastel painter) and Helen Becker (an equally brilliant pastel painter) will present their beautiful pictures demonstrating their individual styles and inspirations in the same media. Eleanor Inskip's fantastical fabric and found object regalia is layered magic. You must see to believe.

New to the Tour, but not to their art, are multimedia artist, Karen Chatham, who works in pastel, alcohol ink, acrylic, photography and 3D leaf castings and will show all. Kathy Grossman will show colorful, moving, contemporary acrylic paintings from her travels here and abroad. Deborah Hughes will present her poetic photography of desert discoveries taken in natural light and color. Emily Klarer will show her intriguingly tactile jewelry made of wood and stone at Triassic Made In Moab.

The Studio Tour will host a reception for attendees of the Moab Music Festival's opening night at Star Hall on Friday evening before the concert and during intermission. Each artist will display a piece of work. Maps and information will be available and light refreshments will be served.

For information on individual artists, links to their websites and to download a printable map, visit the tour website:

www.moabstudiotour.com



Sat August 30 and Sun August 31 10 am to 4 pm

16 Moab artists in 12 locations
\*Visit local artists in their studios\*
\*See in-progress and completed work\*

### City Park area - West Side Moab

Nick Eason: Sculpture Sarah Hamingson: Pastels Karen Chatham: Multi Media Peborah Hughes: Photography Kathy Grossman: Acrylic Paintings

#### East Side Moab

Jacci Weller: Aerylic Paintings
Serena Supplee: Watercolor, Oil & Sculpture
Phil Wagner: Oil Paintings
Eleanor Inskip: Fabric Artist, Creative Regalia

#### Powntown Moab

Gallery Moab:

Tim J. Morse: Oils and Watercolors, Studio and Plein Air

Peggy Harty: Pastels Larry Thomas: Pastels Mary Collar: Pastels

Triassic:

Emily Klarer: Stone and Wood Jewelry

### South Valley

Bob Ridges: Gourd Art Helen Becker: Pastels



hil Wagner

Peggy Harty



Bob Ridges



Jacci Weller



Mary Collar

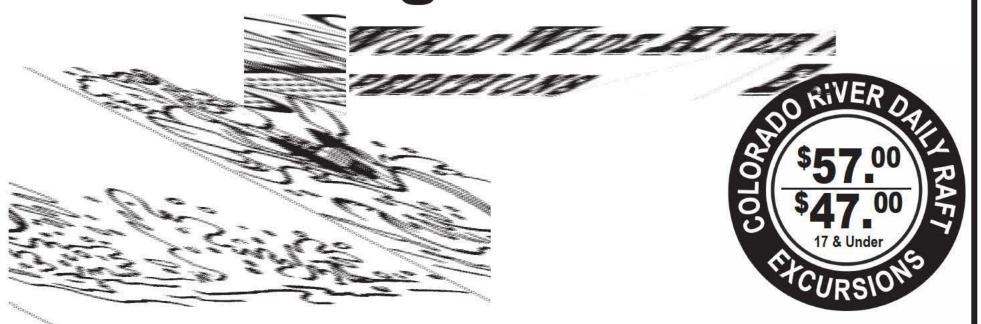


Helen Becker



Sarah Hamingso

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# MOVIE HAPPENINGS

articles and drawings by John Hagner

### Movies Made in Moab

Starring David Spade, Dennis Miller, Christopher Walken and Brittany Daniel. The film was written by Spade and Fred Wolf

Story: Joe Dirt works as a custodian at a Los Angeles radio station lives in a boiler room in the basement of the facility. When a producer at the station discovers Joe getting bullied in the hallway, the producer finds Joe's white trash demeanor too extravagant to be believed, and insists he be brought into the studio to talk live on the air with famous disc jockey named Zander Kelly. Joe tells his life story, beginning with him being inadvertently left behind by his parents at the Grand Canyon when he was eight years old. After growing up in a series of bizarre foster homes, Joe finds himself living in the outskirts of the village of Silvertown where he pursues a love interest, Brandy. The local bully, Robby, also has a crush on Brandy. After an odd twist of events to the death of Brandy's beloved dog, Charlie, Joe feels the need to seek out his parents. The search leads Joe on a series of adventures, meeting colorful characters like Kicking Wing, the Native American fireworks salesman, and Charlene, the owner of a gator farm. All the while, he lives by working odd jobs ranging from oil drilling to advertising. Parodying the lotion scene from "The Silence of the Lambs", Joe narrowly escapes death when captured by Buffalo Bob, who supposedly knew Joe's parents and took pictures of them. He then ends up in New Orleans after discovering an address indicating his old house. Upon arriving in New Orleans, Joe works as a high school janitor/handyman with a former mobster in the Witness Protection Program, Clem Doore. During Joe's story, Zander and the listening audience are initially amused at Joe's expense, with his optimistic outlook on life and good-natured self deprecation winning over both Zander and the audience. Eventually, Joe lands his janitorial job at the Los Angeles radio station where he recounts how, after discovering his old house vacant and his parents having moved sometime ago, he decided to give up the search and return to Silvertown to be with Brandy. When he got there, Robby informed him that Brandy found Joe's parents, but instructed Robby not to tell Joe. Robby produced a note from Brandy to prove it. Hearing this, Zander insists on getting Brandy on the phone to find out why she did this. Brandy admits to writing the note to Robby. She did it because she wanted to tell Joe in person, but never had the opportunity. Brandy goes on to tell Joe that his parents were killed the day they were at the Grand Canyon and pleads with Joe to come back to Silvertown. Upset at the news, Joe remains in Los Angeles. Joe is unaware that recounting his story on the radio has made him an overnight media sensation. An appearance on TRL with Carson Daly results in a phone call from a woman claiming to be Joe's mother. Joe goes to meet her, but is disappointed to discover that his parents are really just using Joe's publicity to help sell her homemade

clown figurines, and that they intentionally abandoned him at the Grand Canyon. Angry and sad, he destroys the clown figurines and storms out, cutting his ties with his parents. Depressed, Joe goes to a bridge to commit suicide, but Brandy appears and says that she had told Joe his parents were dead just to protect him when she found out what horrible people they were; she then insists that he come home with her since he "was Christopher Walken

home all along." A policeman on horseback lassos Joe's legs with bungee jumping cord to stop him from jumping, in the process inadvertently causing Joe to fall off the bridge. The bungee cord saves Joe from the fall, but bouncing back upward, he hits his head on the underside of the bridge and is knocked unconscious. Joe wakes up in Brandy's house surrounded by Brandy and his other friends he has met on his journey -Kicking Wing (who has now operated several



successful firework stands), Clem (now named Gert B. Frobe, and Charlene (who is engaged to Doore). Joe gets

> a new hairstyle following his check out from the hospital. Brandy pays the impound lot to get Joe's Hemi back and she has a new dog, who is the offspring of Charlie. Just as they get ready to drive away, Robby suddenly drives by and taunts Joe, saying that no one wants him around in Silvertown, no matter how famous he is. Clem comes to Joe's defense and threatens Robby as

Charlene taunts Robby's car. At that point, they all realize that they are like a family to Joe. With his new family, Joe rides off, leaving a frustrated Robby in the dust; his car now damaged by the rocks Joe's car deflected from the ground. While driving away, Zander plays a song for Joe on the radio as fireworks go off in the sky (with special thanks to Kicking Wing).

### Stunts, Stars And Legends: Pauline Wagner

The Actress on the Ledge With "King Kong", dies at 103. Actress Pauline Wagner, who, as Fay Wray's double can be seen writhing on the ledge of the Empire State Building in the climax of the 1933 film "King Kong". Wagner died May



2 in Montrose, California. She was a contract player at RKO Radio Pictures and wandering around the lot when she was approached by a group of men, she recalled in a 2011 interview. They were working on "King Kong" and needed to re-shoot the finale, in which

the big ape has grabbed Wray's character and climbed to the top of the New York skyscraper as military biplanes buzz around them. Wray was in England working on another movie, and they figured that Wagner could pass for her. Of course, the ledge on which she was lying was not on the Empire State Building; it was a studio prop nine feet off the ground. And the image of New York was projected on a screen behind her. (It's Wray, not Wagner, who is seen in the animal's clutches.)

# Movie & Western Memorabilia Museum



#### A partial list of stars that have made movies in Moab

John Wayne, Maureen O'Hara, Henry Fonda, Lee Marvin, Rock Hudson, Jimmy Stewart, Richard Boone, Anthony Quinn, Mickey Rooney, Shirley Temple, Kris Kristofferson, Billy Crystal, Robert Duvall, Gene Hackman, Bill Murray, Jack Palance

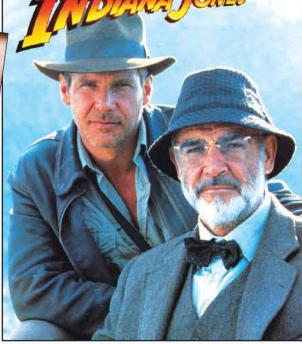
Susan Sarandon, Geena Davis, Ted Danson,

Tom Cruise, and many more.

Red Cliffs Lodge, on the banks of the mighty Colorado River, is home to the Moab Museum of Film & Western Heritage. The lodge is built on the old George White Ranch, a key location for nine of the big westerns including Rio Grande, Cheyenne Autumn, Ten Who Dared, The Commancheros, and Rio Conchos.

The late George White was founder of the Moab to Monument Valley Film Commission, the longest ongoing film commission in the world.

In the museum one can learn more about film locations, how the sets are built, and how the filming process is managed on nature's own sound stage. On



display in the museum are production photographs, movie posters, autographed scripts, props from the many pictures filmed in the area, and displays about the western ranching heritage. For information, call Red Cliffs Lodge at 259-2002.

Through the magnificent landscapes of southeastern Utah, writers have been inspired and stories born here. Zane Grey, the famous western novelist, traveled through the area in 1912. His visit inspired him to write his book Riders of the Purple Sage. The book was made into a movie starring Ed Harris and Amy Madigan, and filmed on locations around Moab.

#### Films Made in the Moab Area

1939 - Stagecoach

1949 - Wagon Master

1950 - Rio Grande

1950 - The Battle At Apache Pass

1953 - Taza, son of Cochise

1958 - Warlock

1959 - Ten Who Dared

1961 - Comancheros

1963 - The Greatest Story Ever Told

1963 - Cheyenne Autumn

1964 - Rio Conchos

1966 - Wild Rovers

1966 - Fade In

1967 - Blue

1975 - Against a Crooked Sky

1982 - Spacehunter: Adventures in the Forbidden Zone

1984 - Choke Canyon

1985 - MacGyver

1987 - Nightmare at Noon

1988 - Sundown: Vampires in Retreat

1988 - Indiana Jones and the Last Crusade

1990 - Thelma and Louise

1992 - Knights

1992 - Slaughter of the Innocents

1993 - Geronimo: An American Legend

1993 - City Slickers II: The Search for Curly's Gold

1993 - Lightning Jack

1994 - The Great American West

1995 - Larger Than Life

1995 - Riders of the Purple Sage

1995 - The Sunchaser

1996 - Breakdown

1996 - Con-Air

1997 - Lost Treasure of Dos Santos

1998 - Chill Factor

1998 - Galaxy Quest

1999 - The Adventures of Joe Dirt

1999 - Mission Impossible II

1999 - Vertical Limit

2000 - Nurse Betty

2001 - Touched by an Angel

2002 - Austin Powers 3

2005 - Don't Come Knocking

2007 - The Canyon

2008 - Star Trek

2009 - Remember I'll Always Love You

2010 - 127 Hours

2010 - John Carter of Mars

2013 - After Heart

2013 - The Lone Ranger

2014 - Need for Speed

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# FILM FESTIVAL HAPPENINGS

### Moab International Film Festival September 19th-23rd

Moab International Film Festival organizers are wrapping up film selections and preparing for the sequel at the 2nd annual Moab International Film Festival, September 19th through the 23rd. At last year's inaugural Moab International Film Festival, Academy Award winner Richard Kaplan gave organizers the advice to stay true to their grassroots as they grow and to stay true to their mission. This year, festival organizers have done just that and are preparing to deliver another pro-actively charged and inspiring series of films for festival-goers to enjoy. Film showings take place at the historic Star Hall on Center Street, and at the Moab Backyard Theater. Festival passes go on sale August 1st at Canyonlands Copy Center, The T-Shirt Shop, Back of Beyond Books, Sgt. Pepper's Music and Video, and online at moabfilmfestival.org. Passes are affordably priced at \$30 for the all films pass, and \$5 for individual films. The second Moab International Film Festival is shaping up to be as charged and motivating as last year's inaugural event.

Catching big attention at this year's event is the film, Propaganda (Prepare for Indoctrination), which has been described as "1984 meets The Blair Witch Project." Propaganda is "Presented by an anonymous North Korean professor, this anti-Western propaganda film attacks the moral attenuation, political manipulation and hyperconsumerism that characterize the Western world." - Film's synopsis. It topped Indiewire's top 10 films to watch out for at International Documentary Film Festival Amsterdam and is going viral in the world of independent film. Mark Murnan, film selection panel member, described the film as "rubbing the truth in the face of the sheeple." Another film selection panel member described the film as "brutally honest," and another festival organizer chuckled "I am scared to show it. It's harsh but full of truth. We have to show it."

Another feature-length gem which has been discovered is Harry Hellfire. Harry Hellfire, the person, has been described as "the world's best guitarist you've never heard of." Harry Hellfire the film is the story of Harry Hellfire and the heavy metal band, Tezex, an 80's headbanging garage metal band. The film uses retro-footage and clips from the 80's and tells the story of Harry Hellfire, who currently lives in a tent. From the film selection panel judges: "If you know what a rocker is then this film will take you back to the 80's," and "the music is mind-blowing, I can't get the Tezex song out of my head for days now. Wow."

Several short films have also been selected and reflect the international nature of the festival. Like last year, the festival will world premiere another music video, I Dared from U.K. Filmmaker Arran Green. Other highlighted short films; Le Premiere Pas (translation: The First Step) by Aurelien Laplace from France, Eye Candy is a short story about a young buy with an obsession for spectacles and a changing vision. Siddhant Joshi of India focuses in on migrant workers in India in his film, City of Tears. Chris Esper's Still Life, is the story of a photography student's struggles with creativity and talent. Other short films; Worth, Experience, The Last Straw, Moments, and Happy Place are titles which have been announced as selections.

This year, festival organizers have taken a grassroots approach in film gathering. According to Nathan Wynn, festival organizer, "Last year, we found that most of our films we selected came from independent filmmakers who found us through their own methods rather than through big box film collection websites, so this year we dropped all commercial film gathering tools and created our own films database. This has taken a huge burden off our judges in the amount of low quality films they end up watching before finding the gems we're looking for. Our film entries this year have been of very high quality and without as much sifting through sub-par films as last year."

Film entries for this year's festival don't close until

August first, so the Film Selection Panel has released a partial list of selections thus far and doesn't promise a full selection list until the festival actually begins. For full selections list as they're announced and festival details, see moabfilmfestival.org.



Feature Length films: Propaganda Harry Hellfire Mid-length films and shorts: Worth Moments The Last Straw 4:55 Experience 14:00 Still Life 12: Eye Candy 5: Happy Place 5: I Dared A Geman Le Premiere Pas (translation: The First Step) 20:00

City of Tears











September 19th-23rd ~ Tickets: \$5 Passes: \$30



















Www.moabhappenings.com

## SHOPPING GUIDE

### Rave 'N Image

"What an unique shop! I LOVE everything in here!",
"This is my favorite shop in Moab! We stop here every
time we are in town." These are words that Rave'N
Image store owner, Sarah Barstow & her employees hear

constantly throughout each year.

Long time fans will remember that The Rave'N Image started in a small space on Center Street in front of Breakfast at Tiffany's (both spaces were merged and now house Sabaku Sushi). Within the year the shop had moved to the Eddie McStiffs plaza, where the extra space (and better location) allowed Sarah to bring in more diverse merchandise and really focus on a sizable jewelry section filled with a variety of beautiful & unique necklaces, rings, pendants, earrings & bracelets (including necklaces made by Sarah, herself).

Originally, the shop was created as an alternative to the throngs of locals who went all the way to Grand Junction, Colorado to shop at more affordable clothing stores.

Sarah wanted a shop that focused more on style & price than on name-brand, but with a touch of her own personal flare. She also wanted to stand apart from other local

stores & focuses on not carrying items found in other Moab shops. As the years progressed and some businesses local came & went, The Rave'N Image began to carry more and more non-clothing items, and as the store did better and better each year, she decided to diversify clothing adding fantastic new lines of organic

cotton and fair trade clothing & accessories- a higher price ticket, but they are often the best-selling clothes in the store! Luna Claire, Jedzebel & Synergy are the store's & shopper's favorites.

The Rave'N Image strives to keep merchandise in the shop that comes from conscientious companies that employ fair trade standards & have a tenant of making



ethical decisions regarding their products and how they are made. You'll find sections of clothing, jewelry & bags that are made fairly, items made in the United States, as well as items made right here in Moab; like Sarah's

> necklaces, Subvert T shirts by Chad Niehaus, Art prints by Holli Zollinger & Rave'N Image shirts & trucker hats made locally.

> Tourists love The Rave'N Image and often say they wish they had a similar store in their own city/town, but it's the Moab locals that the shop appreciates the most-both faithful shoppers and those just discovering the store. Sarah tries to show her gratitude for Moab & it's locals by offering several ways to save money in the store:

• Locals can always receive 10% off of their purchase

of \$10 or more-just mention you live in town!

• Come in on your birthday to save 20% off any one

item!

- Getting good grades in school? Junior & High School students can save 20-30% off any one item by bringing in their report card with a B or A average (can be used every quarter)
- They take used clothes for credit! Clean out your



closet, bring in the clothes you don't wear anymore (clean & smoke-free, please) and they'll give you credit to buy new clothes!

 They also frequently have sales! Check the local papers & www.facebook.com/theravenimage for information on upcoming sales and new merchandise.

The Rave'N Image also supports community by donating to several nonprofits each year & has a donation for a bag program. Decline a bag/box with your purchase & they will donate .10 cents to a local nonprofit or business/person in need. Right now they are accumulating

money for Club Red/Moab's Teen Center.

They are also in the midst of a 3 week BACK TO SCHOOL SALE through August 12th!!! Save 25% OFF



ALL CLOTHING & ACCESSORIES (does not apply to the used section), but also come check out their huge variety of gorgeous jewelry, messenger bags, bath & body products, perfumes, journals, greeting cards, candles, tote bags, body jewelry, flasks, belts hats. buckles. scarves. wallets. bathing suits & flip flops (seasonally), hair dye, incense,

Graphic T shirts (for guys & ladies) & so much more.

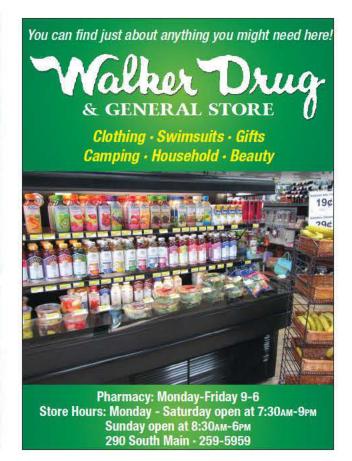
Come on down to #5 McStiffs Plaza (59 S main St) to see what people have been "rave'n" about for almost 11 years now!











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# SHOPPING GUIDE





Rovce's Electronics

435.259.6630 611 South Main Street across from McDonalds

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Accessories Batteries

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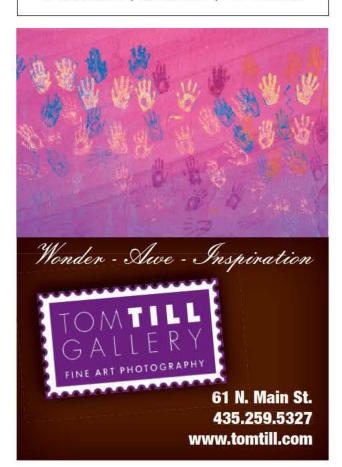




Local Art & Handmade Gifts



31 North Main | Moab, Utah | 435-259-0099







Mile 14, Hwy 128 435-259-3332

Castle Creek Winery offers complimentary wine tasting and sales seven days a week in our new tasting room. Our gift shop has everything from gourmet cheeses and snacks to t-shirts, hats and wine trinkets. Stop by and sample some of our award winning wines and enjoy the breathtaking views surrounding our vineyards. We are located 14 miles upriver from Moab on Scenic Highway 128.



4th East & Millcreek Dr. 259-6999 Open 6am - 10pm

Dave's Corner Market is now serving espressos and Lattes and has the largest selection of whole-bean coffee in Southeast Utah. We carry over 70 varieties of coffee. Whether you are hiking, biking or jeeping, stop by Dave's to stock up! We feature Milt's breakfast burritos, made fresh daily and carry a wide variety of cold beverages, snacks, fruit, cigarettes, beer, ice, bread, ice cream, bottled water and more! Dave's friendly, old fashioned, neighborhood market is your last stop before the Slickrock Bike Trail!



#### 29 East Center 435-259-8404

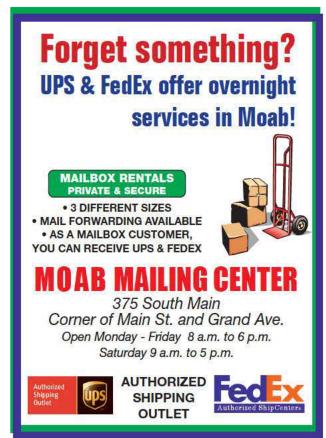
A luxurious oasis of rich colors and fibers for knitters, crocheters, spinners, weavers and felters. Featuring local farm-raised spinning fibers and yarns, accessories for every project, inspirational patterns and books, friendly atmosphere, helpful staff and a great selection of locally handmade gifts. Join us Wednesday evenings from 7-9 pm for a stitching social and enjoy getting to know other fiber artists. Hours: Tuesday - Saturday 10am - 5:30pm. Visit us online at www.desertthread.com.



87 N. Main St. 435-355-0024

Open 1-9pm Wednesday-Monday

Gallery Moab features original art from 20 local artists. We are certain to have something to inspire you! Relax in one of our sitting areas and enjoy the art. Shop for a one of a kind gift or watch the artists of the day paint. We have art for every budget. Find that special painting or sculpture or take home some cards, prints and tile coasters from some of Moab's most talented artists. Visit us on FaceBook!





90 N Main 801-809-8118

Life is Good® is finally in Moab

Moab Style, formerly Lost River Clothing Outlet, is now open! Featuring the popular Life is Good® clothing line as well as Lost River, Bhags, Luv 2 Luv and more. Fun styles for everyone! T-shirts, dresses, skirts, hats, sarongs, purses, jewelery and gifts. Life is Good® Moab shirts now in.



Locally owned and operated. Providing Moab's Northwest end a quick stop neighborhood market. Just West of Swanny City Park and the swimming pool and rec center. Headed North or in the neighborhood? Avoid the traffic by using 500 West and stop in for a great variety of cold or hot beverages, beer, cigarettes, ice, snacks, groceries, candy, ice cream novelty and more!



Corner of 300 S Main St (In front of Walker Drug) 435-355-0333 www.moabgeartrader.com

New and used outdoor gear and clothing at bargain prices. Sandals, shorts, sun hats, hydration packs, sunglasses, footwear, and more! Gear for climbing, biking, hiking, boating, camping, and all other outdoor sports. Plus, sell or consign your old gear and clothing turn it into cash.

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51 East 100 South 435-210-1761

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Personal care items, sun products, travel gear and camping supplies. Drink, snacks, breakfast food, ice cream. Gourmet outdoor meals - great for camping, backpacking, long-term food storage or quick meals on the go. 5 day survival backpack, first aid kit. Bulk food to customize your home panty. Also good for reunions, weddings or company parties.



Moonflower Community Cooperative!

Moab's only natural food store. Always the best choice for organic and locally produced goods. Prepared foods, and the largest bulk department in town. Open daily from 8-8pm. Located at 39 East 100 North. 435-259-5712. Visit our website at moonflower.coop.



Our friendly staff will show you our wide variety of gifts and home decor. We have an awesome selection of t-shirts, hoodies, hats and footwear. Our sandals are #1 in comfort and we can fit the entire family!. Come check out our metal art, pottery, crystals and unique locally made items. Hey kids, we have toys!

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## SHOPPING GUIDE



Rave 'N Image 59 South Main, #5 LOCATED IN McStiff's Plaza 259-4968

#### BACK TO SCHOOL SALE THROUGH AUG 12TH

The Rave 'N Image is a fabulous boutique with lots of style and variety. We carry UNIQUE & BEAUTIFUL JEWELRY, CLOTHING, ACCESSORIES & GIFTS including, hats, bags, belts & buckles, wallets, candles, soaps, lotions, perfumes, incense, sunglasses, bathing suits, cards & journals, wall art, make-up, body jewelry & so much more. Come by the Eddie McStiffs Plaza (59 S. Main St. #5) to see what people are "rave'n" about! Open daily at 10 am. 259-4968

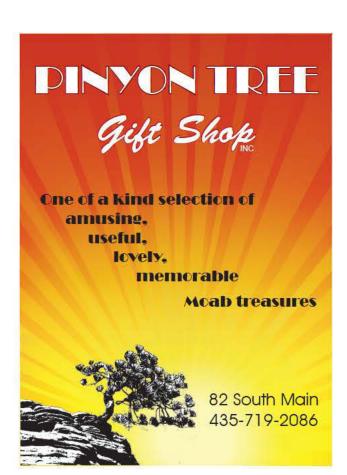


61 N. Main St. 435.259.5327 www.tomtill.com

The Tom Till Gallery is the Colorado Plateau's most celebrated and longest established photo gallery. Featuring the work of world-renowned photographer Tom Till, the gallery offers stunning photographs of the Moab area in many sizes and mediums. Take something from the gallery home with you or create your own custom Tom Till print, just the way you like it. We offer free shipping for orders up to 40 inches! Come visit us today and receive an additional 10% off of any purchase!



Cameras, laptops, cases, batteries, harddrives, routers, cable, memory, iPods, speakers, stereos, adapters, cable, headphones, satellite radio, town's best selection of watch batteries. Surge protectors, accessories for cell phones and CB's, DVD players, microphones and much more. Home of River Canyon Wireless, Broadband Internet.





59 S. Main St. Suite #7
Located in McStiff's Plaza next to Wake & Bake Cafe
Open from 10AM – 7PM closed Tuesdays.
435-200-1900

Tech Zen is now open to assist with all of your mobile device needs! Our 600 sq/ft shop is ready to repair your broken iPhone or iPad with a full inventory of replacement parts and accessories. Screen protectors and rugged cases are in stock from many premium brands like Otterbox and Lifeproof. Also, our dual color 3D printer is making some very unique items and everyone is welcome to see it in action.



31 North Main 435-259-0099 www.tumbleweedmoab.com

Located in a beautiful historic building, tumbleweed features the work of many local & regional artists. In our bright and colorful shop you will find hand crafted gifts and works of art including pottery, jewelry, recycled & repurposed art, original paintings, home & garden décor, photographs and so much more.



WabiSabi is the non profit that receives, revalues

and redistributes needed resources to strengthen the Moab community.

Come visit us at either of our great thrift stores.

Open every day 10-6

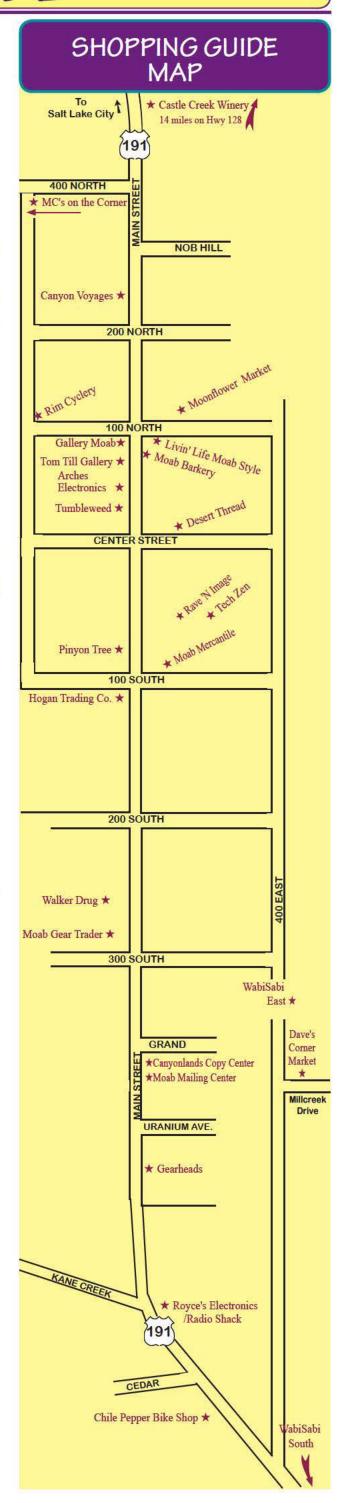
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Walker Drug is not an ordinary pharmacy. With 23,000 sq. ft. of merchandise overflowing from the shelves, Walker Drug is more like a general store with personality. Bikers, runners, jeepers, campers, river rafters, photographers, young & old alike, will find an endless variety of merchandise. From bathing suits, hats, fishing tackle, knives, toys, housewares, shoes, spaghetti sauce to socks & underwear, Walker Drug has something for everyone.



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## MOAB AREA LODGING GUIDE



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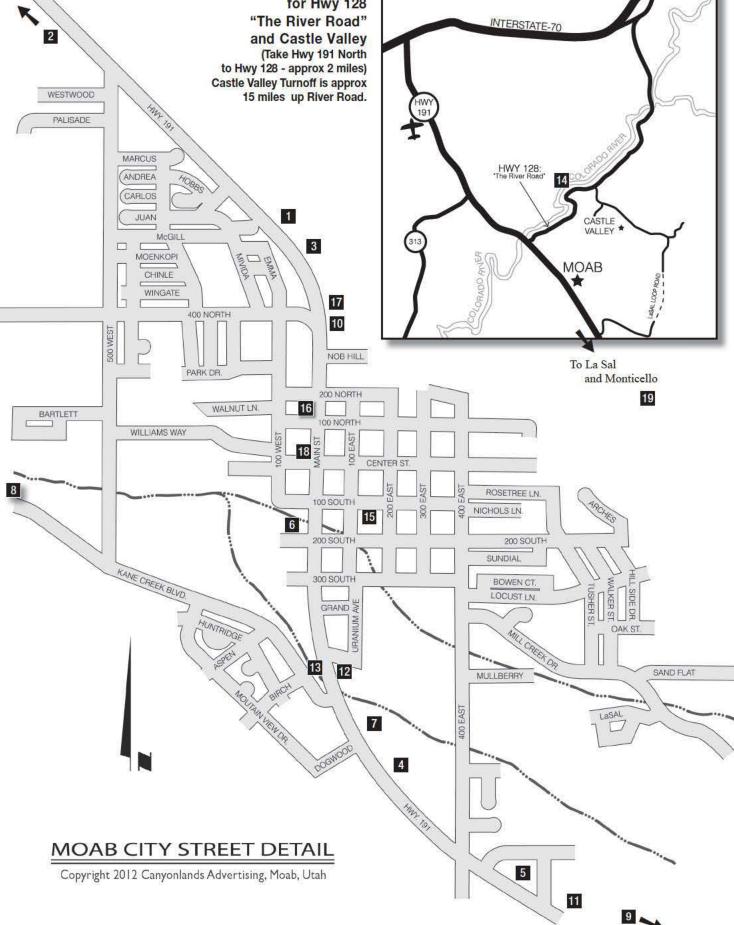


778 W. Kane Creek Blvd one 435-259-7716 Cell 970-424-6778 email: info@adobeabodemoab.com www.adobeabodemoab.com





1515 N. Hwy. 191 • 435-259-1150 • www.hiexpress.com/moabut Book Now! 435-259-7261 **Highway Map** for Hwy 128 "The River Road" INTERSTATE-70 and Castle Valley (Take Hwy 191 North to Hwy 128 - approx 2 miles) Castle Valley Turnoff is approx





(435) 259-2353 adventure@ezpeletas.com



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## MOAB AREA LODGING GUIDE









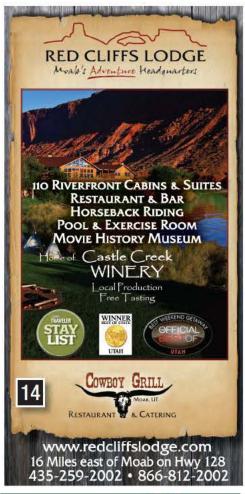
### Key to Lodging Guide

1	Inca Inn	435-259-7261	www.incainn.com
2	Holiday Inn Express	435-259-1150	www.HIExpress.com/moabut
3	Hampton Inn	435-259-3030	www.hampton.com
4	La Quinta	435-259-8700	www.lq.com www.lq.com/moab
5	Sleep Inn	435-259-4655	www.moabsleepinn.com
6	Gonzo Inn	435-259-2515	www.gonzoinn.com
7	Moab Valley Inn	435-259-4419	www.moabvalleyinn.com
8	Adobe Abode Bed and Breakfast	435-259-7716	www.adobeabodemoab.com
9	EZpeleta's	435-259-2353	www.ezpeletas.com
10	Comfort Suites	435 259-5455	www.comfortsuites.com
11	Lazy Lizard Hostel	435-259-6057	www.lazylizardhostel.com
12	Red Stone Inn	435-259-3500	www.moabredstone.com
13	Big Horn Lodge	435-259-6171	www.moabbighorn.com
14	Red Cliffs Lodge	435-259-2002	www.redcliffslodge.com
15	Moab Rustic Inn	435-259-6177	www.moabrusticinn.com
16	Bowen Motel	435-259-7132	www.bowenmotel.com
17	Days Inn	435-259-4468	www.daysinn.com
18	Accommodations Unlimited	435-259-6575	www.moabcondorentals.com
19	Canyonlands Lodging	435-220-1050	www.canyonlandslodging.com
20	Moab Springs Ranch	435-259-7891	www.moabspringsranch.com











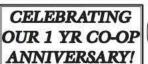




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# HEALTHY HAPPENINGS





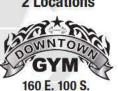


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### **Grand County Hospice**

Grand County Hospice provides comprehensive, compassionate care for patients facing a terminal illness. Our hospice providers visit patient homes with the goal of helping patients maintain the highest quality of life possible. Hospice care is available for anyone desiring additional care and support in the final stage of their life.



We're here for you when you need us most.

450 West Williams Way, Moab, UT 84532

A division of Moab Regional Hospital

### Am I sick, crazy, or is it just my hormones?

Don't wait any longer! Look and feel your best now with bio-identical hormone pellet therapy.

Join us for a Complimentary Seminar, to hear how Bio-Identical Hormone Replacement Therapy can help you.



Held Wednesday, August 6th from 6:00-7:00 in Moab. Please RSVP with your name and number of attendees for this limitedseating presentation. Refreshments provided.

Call 800-775-4902 x178 or go to www.utahbioidenticalhormones.com/bhrt-doctor-utah.

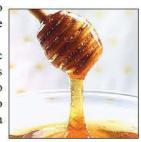
Massage Facials **Pedicures** 

### What are you craving?

Chocolate, bread, candy bars, ice cream it doesn't really matter what you crave. The

important thing is to understand why you crave what you do.

As a Certified Holistic Health Coach, I help my clients explore cravings in depth. I help clients listen to their bodies, so that their cravings no longer run the show.



Cravings themselves aren't a problem or something to feel guilt or shame about. They're critical pieces of information that help a person understand what their body needs. Cravings are simply a brilliant way of attempting to maintain balance; they're the body's solution to underlying imbalances.

If you truly want to get your cravings under control, you must deconstruct them. Looking at the foods and behaviors in your life are huge clues to what's driving your cravings. Ask yourself, what does my body want and why?

For example, let's look at sugar. Nearly everyone craves sugar. Craving sweet foods is totally normal. A sugar craving is simply the body asking for energy. Sugar gives us that high that helps us feel light and elevates our mood. Scientifically, eating sugar releases serotonin in the brain which helps us to feel more relaxed. But too much leaves us drowsy with big mood swings, irritability, anxiety, and loss of focus.

Most diets work with denial and deprivation, but diets aren't sustainable. My approach is to add in the good to crowd out the bad.

Here are 3 steps you can take right now:

1. Adding in sweet vegetables like carrots, sweet

### By Sarah Finkbeiner potatoes, beets, brussel sprouts, onions and squash helps to crowd out less healthy foods in the diet. The more you eat,

the less you'll crave sugar.

- 2. Use gentle sweets. Avoid chemicalized, artificial sweeteners and foods with added sugar. More natural sweeteners like maple syrup, brown rice syrup, dried fruit, whole fruit, and stevia are great alternatives.
- 3. Slooooow down and find sweetness in non-food ways. Your body does not biologically need sugar, but it does long for hugs, time with friends, outside time, workouts, massages, fulfilling work, and rest and relaxation.

When life becomes sweet enough itself, no additives are needed!



By learning observe your behavior and interpreting your body's signals, you'll be able to modify your diet and

lifestyle in a more health-supportive way. And you don't have to do it alone. Working with a coach gives you the support and guidance you need to get you on the fast track to health and happiness.

Contact me at info@sarahfinkbeiner.com or call 435.260.0424 to set up a free consultation to discuss your individual needs and desires. I promise you'll walk away with at least 1 "A-ha!" and clear action step to take so you can start feeling your best now. You can visit www. sarahfinkbeiner.com to read more about my approach. Location is not a limiting factor! I work over the phone with people all over the U.S. as well as in person in beautiful Moab.

Dedicated to your health and happiness,

### Healthy Career

We often talk about the philosophy behind Outward Bound, the inspiration in the work we do and the amazing environments that are our classrooms. But the true heartbeat of the Colorado Outward Bound School is our staff - past,

present, and future. So we stopped time during the busy season to catch up with Kristen Hayes, one of the Program Managers at Colorado Outward Bound School's Southwest Program. Here's what she had to say:

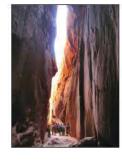


### Tell us about yourself!

I am from the San Francisco Bay Area, CA and was fortunate to grow up hiking and exploring the local open space as well as backpacking with my family in the Sierra Nevada.

### How did you end up at the Colorado Outward **Bound School?**

I moved to Moab in 2007 in order to work as a wilderness therapy guide for Aspen Achievement Academy in Loa, UT. After two years of wilderness therapy and an ankle injury that prevented me from backpacking, I was still interested in being based out of Moab and utilizing this spectacular landscape for education and transformative experiences. I was drawn to Outward Bound's mission and history, and was interested in the opportunity to lead long wilderness expeditions on the western rivers and through the canyons of the Colorado a Plateau.



### What's your job?

I am currently a Program Manager at COBS. I am part of the administrative team through the peak summer season which includes supervising courses, directing the Canyonlands Leadership 50-day Summer Semester, training and mentoring staff.

#### What's your favorite part?

The best part about my job is witnessing growth in students and the amazing wilderness classroom I get to call

You live in Moab year-round, right? What's the best thing about living and working here?

Definitely the amazing playground that extends in all directions. The amount of water pulsing through this desert. The community events. And the quiet winter season when the town shrinks back down.

What are you most looking forward to this season? I am looking forward to visiting the Uinta Wilderness as part of the Summer Semester, a course area we haven't

Which piece of gear will you never leave home without?

Jerky from Ye Old Geezers meat shop. And a headlamp of course.

What advice would you give someone looking to take a Colorado Outward Bound School course?

It will surpass anything you could expect.

### Favorite quote to share with a group?

"When you hear, a mile away and still out of sight, the churn of the water as it begins to swirl and roil, fretting around the sharp rocks- when you hear that unmistakable pounding- when you feel the mist on your mouth and sense ahead the embattlement, the long falls plunging and steaming- then row, row for your life toward it." -Mary

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# (+ \* \* \* \* SKY HAPPENINGS \* \* \* \* \* \*)

#### AUGUST SUNRISE AND SUNSET TIMES

(The time of sunrise and sunset assumes a flat horizon. Actual time may vary depending upon the landscape.)

Date	Sunrise	Sunset
1	6:20am	8:28pm
2	6:21am	8:27pm
3	6:22am	8:26pm
4	6:23am	8:25pm
5	6:24am	8:24pm
6	6:24am	8:23pm
7	6:25am	8:22pm
8	6:26am	8:21pm
9	6:27am	8:20pm
10	6:28am	8:18pm
11	6:29am	8:17pm
12	6:30am	8:16pm
13	6:31am	8:15pm
14	6:32am	8:13pm
15	6:32am	8:12pm
16	6:33am	8:11pm
17	6:34am	8:10pm
18	6:35am	8:08pm
19	6:36am	8:07pm
20	6:37am	8:05pm
21	6:38am	8:04pm
22	6:39am	8:03pm
23	6:40am	8:01pm
24	6:40am	8:00pm
25	6:41am	7:58pm
26	6:42am	7:57pm
27	6:43am	7:56pm
28	6:44am	7:54pm
29	6:45am	7:53pm
30 6:46am		7:51pm
31	6:47am	7:50pm

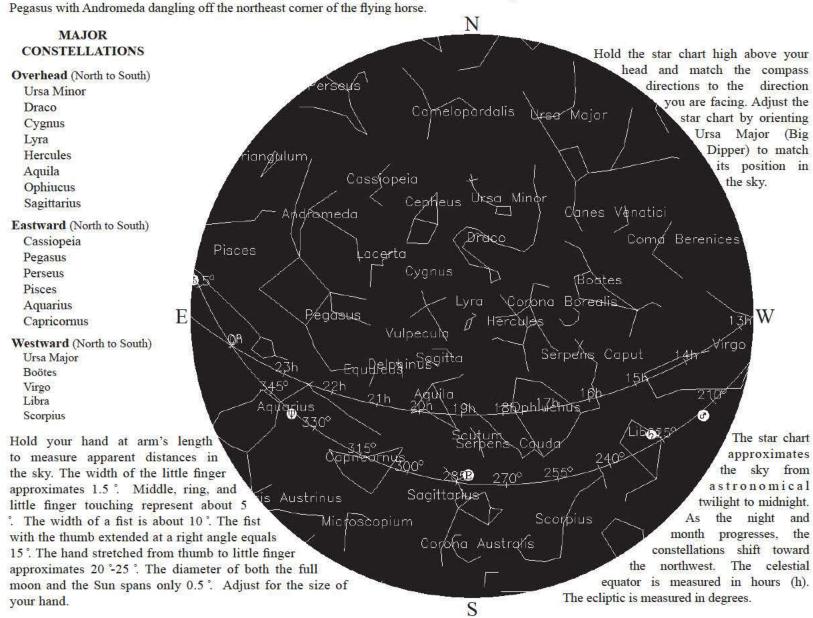
### The Sky for August 2014

Follow the constellations of the zodiac from west to east across the ecliptic (bright objects in parentheses): Virgo (Spica and Saturn), Libra (Mars), Scorpius (Antares), Sagittarius, Capricornus, Aquarius, Pisces. Trace the Milky Way north to south through Perseus, Cassiopeia, Cepheus, Cygnus, Aquila, Sagittarius. The Summer Triangle dominates the overhead sky with Lyra anchoring the point directly overhead during late twilight hours. Look north to find the small trapezoidal head of Draco the dragon between Lyra and Polaris (North Star at the end of the Little Dipper's handle). The dragon's tail wends its way around and between Ursa Major and Minor. Due west of Lyra find Hercules, Corona Borealis, and Boötes (Arcturus). To the east of Lyra find Cygnus (Deneb) and the Great Square of

By Faylene Roth

Moab UT (at City Hall)

38°34' N Latitude - 109°33' W Longitude 4048 ft - 1234 m Elevation



The period of daylight begins to drop rapidly in August with a loss of slightly more than two minutes per day of daylight for each day of the month-approximately one minute at sunrise and one minute at sunset. By month's end the sun rises 28 minutes later and sets 39 minutes earlier.

Twilight extends the period of daylight in three stages at each end of the day. Morning twilight begins with astronomical twilight—about 1-1/2 hours (nearly 2 during summer months) before sumise—as the eastern horizon brightens. Nautical twilight continues—as the overhead sky turns blue and color returns to the surrounding landscape—for another 30-40 minutes. The final stage—civil twilight—provides adequate light for most outdoor activities for the half hour before the sun crests the horizon. The opposite progression occurs after sunset.

### MOON HAPPENINGS

- August 3- First quarter moon brightens evening sky until
- August 10 Largest full moon of the year occurs at 12:09pm, rises at 8:09pm, and lights the sky throughout the night.
- August 17 Dark evening skies until last quarter moon rises after midnight.
- August 25 Dark night skies for several days during the new moon period (The time of moonrise and moonset assumes a flat horizon. Actual time may vary.)

### VISIBLE PLANETS

**Jupiter** 4 – By midmonth Jupiter (which has just passed around the far side of the sun) swings far enough away from the sun to be seen in the early morning sky.

It passes Venus within less than one-half degree on the morning of August 18. On subsequent mornings it rises earlier as Venus rises later. By month's end Jupiter will appear about 15° above Venus. (Magnitude -1.8)

Mars & -Look low in the southeastern evening sky for reddened Mars situated about halfway between blue-white Spica (Virgo) and golden Saturn (Libra). On August 3 a near first quarter moon passes within 2° of Mars. By August 10 Mars has moved from Virgo to Libra. On August 25 Mars approaches to within 3.4° of Saturn. Mars sets before midnight. (Magnitude +0.5)

Saturn 5 – In the southeastern evening sky find Saturn between Mars's red orb and Antares's red starlight. It sets before midnight soon after Mars. On August 4 the first quarter moon occults Saturn. (Magnitude +1)

Venus ? – The diamond of the morning sky rises about 15 minutes after the eastern horizon brightens with the glow of astronomical twilight. By month's end it is rising an hour later at about the time nautical twilight brings color to the horizon. In a half hour it will be lost in the glare of civil twilight. (Magnitude -3.8)

Apparent magnitude values range from -4 to +6 for most planets and visible stars. The lower the value the brighter the object. A decrease of 1.0 magnitude is 2.5 times brighter.

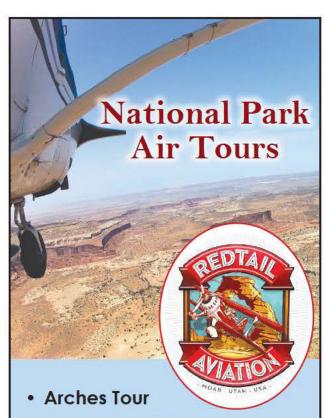
Primary Sources: USGS; U.S. Naval Observatory; Your Sky at http://www.fourmilab.ch/yoursky/

To find out when the space shuttle and International Space Station are visible from your location, go to: http://spaceflight.nasa.gov/realdata/sightings/index.html and click on Sighting Opportunities.

METEOR EVENTS	Shower	Peak (August)	Range (August)	Constellation Radiant	Rate (/hr)	Details Condition	
	Perseids	12/13	10-15	Perseus	50-80	Swift, bright, persistent trains	Waning gibbous moon

Best time to view any meteor event is between midnight & morning twilight when the radiant is overhead.

Trace the path of any meteor backwards through the sky to reach its radiant—the region of the sky from which meteors appear to originate.



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# SAN JUAN HAPPENINGS

### Pecos Archaeological Conference August 7-10

The Pecos Conference is a gathering of archaeologists

and the interested public, held annually someplace in the American Southwest. This year, it will convene near Blanding, Utah August 7-10. Approximately 400 attendees are expected to participate in the event. The conference includes two days of informal presentations in an outdoor tent venue, an evening of talks at the USU Arts and Events Center in Blanding, and field trips to area archaeological sites.

Pecos Conferences have convened in different places most years since the first one was held near Santa Fe in 1927. It has met three times before in San Juan County, twice in Bluff and once in Blanding.

The conference is traditionally held outdoors near the end of the summer field season. This provides archaeologists working across the Southwest an opportunity to decompress from often-intense summer fieldwork sessions and share their latest findings and observations in an informal setting prior to fall resumption of the universities' academic fall semesters.

The conference will take place primarily in large tents at the Blue Mountain Boy Scout campground site on the Manti - La Sal National Forest north of Blanding. The surrounding area will be open to attendees for camping. Short, informal reports on ongoing work across the Southwest will be presented in a large tent at the campground all day on

Friday and Saturday. Attendees can come and go during the course of the conference.

A special evening session will be held in Blanding on Friday evening at the USU Arts and Events Center. This session will report on current trace-element and trace-compound research in southeastern Utah by representatives of six universities (BYU, Notre Dame, and the Universities of Utah, Colorado, Missouri, and Eastern

Illinois) in collaboration with local researchers. Their work investigates pottery production and exchange, evidence for cacao (chocolate from tropical Mexico) in 1200-year old Blanding area pots), and possible sources of salt found in ancient caches.

The conference is open to the public, but attendance at the campground conference sessions requires a \$50 registration fee. The registration fee will be waived for San Juan County, Utah residents who show proof of residence. The Friday evening session in Blanding is free of charge and intended to share some current work with both the local community and registered conference attendees.

The 2014 conference host/sponsors include Brigham Young University, the City of Blanding, the U. S. Forest Service, Edge of the Cedars State Park Museum, Trails of the AncientschapteroftheUtahStatewideArchaeologicalSociety, Bureau of Land Management, and various other individuals and entities. For more information and to register go to www.swanet.org/2014\_pecos\_conference.

### August - The Hottest Month!

August really is the time to retreat to the mountains! Temperatures in Monticello and Blanding rarely reach

100 and the nights are cool and comfortable. And, there's lots going on. Ranger led Night Sky Programs continue at Natural Bridges National Monument where the night sky seems



a close as your ceiling. The Peter Springs Alpaca Ranch holds Open House Events throughout the month.

The San Juan County Fair opens on August 1st and runs through August 9th with all the down home fair events you remember from your childhood or would like your children to remember as they grow up. Little Texas will be in concert on August 7th, Mud Volleyball will entertain, and the Rodeo will have everyone out of their seats! www. utahscanyoncountry.com or find them on Facebook.

Golf continues to be popular with The Hideout Senior Amateur coming up on August 23rd with an individual stroke play format and two days of competition. Fall is approaching believe it or not and the Fall Couples Classic will be held on September 5th in a mixed couples, better ball format with no handicap required. Check it out at www.hideoutgolf.com

August 7th will see archaeologists from all over descend on Blanding for the Pecos Conference. Each August, archaeologists gather under the open skies of the Southwest for discussion, research reports, and to look challenges in the profession. See article above.

On August 8th the Bluff Fort will host Allen & Leonie Hunt performing guitar and vocal duets and the San Juan High School drama group will stage vaudeville actis. Hometown Harmony, a woman's choir, will perform on August 22nd also at the Fort.

Lest folks think we don't participate in on-the-edge outdoor activities, check out the Abajo Enduro Mountain Bike Race scheduled for August 9th. Ride from Abajo

Peak, the highest peak on the Blue Mountains, to Foy Lake at the base of the mountains. Beginning in the alpine zone at 11,500 feet and descending more



than 3,500 feet with just under 1,000 feet of climbing over an 11 mile course the race promises to be exciting to say the least! Ride through dense mountain woodland and open meadows ending at a four acre lake high above Monticello. The course is part of the greater Monticello Mountain Mayhem mountain bike route. Like Abajo Enduro on Facebook for up to the minute info about the race, preride, and condition updates at https://www.facebook.com/pages/Abalo-Enduro/237397116439308 or if that doesn't work for you go to www.utahscanyoncountry.com to navigate to the race site.

We also engage in out-of-this-world activities! Our Galaxy and Beyond is the topic of National Park Service night-skies expert Avery Sloss at the Canyon Country Discovery Center on August 25th where her presentation will include an evening of deep-sky viewing with the Center's telescope. www.fourcornersschool.org

At end the month the Bates Wilson Youth Camp, a wilderness adventure for students entering grades 9-12, will be held August 30th - September 1st in the Needles District of Canyonlands National Park. Participants will go on a Jeep adventure, learn archaeology and geology, camp and prepare dutch oven dinners. Scholarships are available. www.bateswilson.org

September is the month for our annual San Juan ATV Safari. Trails, tales, and good times September 11-13. A three day adventure with local guides through some of the most exciting country in the state! www.sanjuansafari.com

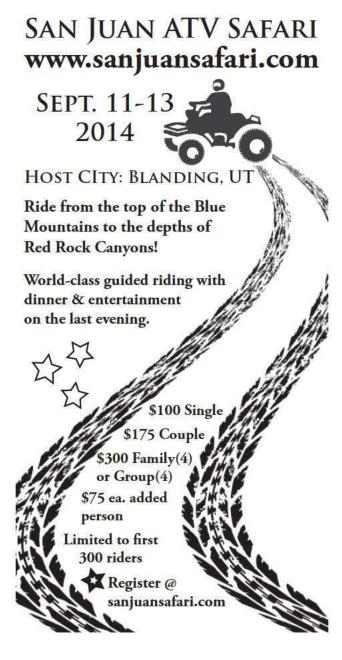
For info on all the events and attractions in San Juan see www.utahscanyoncountry.com or call the Visitor Services Office @ 800-574-4386.

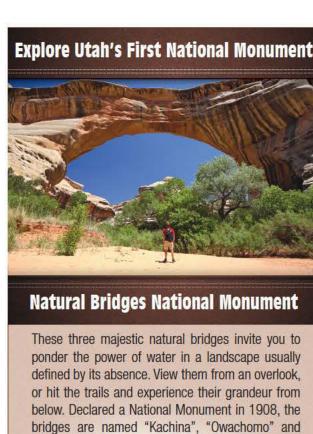
And be sure to mention you read about it in *Moab Happenings*.



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## MILEAGES TO MOAB

Distances used on this chart are based on main numbered routes from point to point. Shorter distances may be available using different routes.

Grand Canyon N. Rin Grand Canyon S. Rim Canyonlands N.P. Canyon Rims Albuquerque, New Mexico 367 329 355 608 398 359 353 487 249 396 444 218 389 535 407 430 415 291 419 416 587 805 278 382 362 307 324 376 335 456 449 548 730 575 Arches National Park 367 81 | 107 | 361 | 31 | 62 | 80 | 244 | 119 | 29 | 356 165 142 499 325 110 49 116 171 168 447 722 149 134 5 60 | 159 | 129 | 58 | 285 | 480 | 110 | 230 | 404 Blanding, Utah 329 81 158 83 111 446 279 113 58 74 130 56 322 242 196 130 45 90 87 358 630 52 74 22 77 | 47 | 47 | 199 | 393 | 192 | 321 | 322 Bluff, Utah 355 107 26 301 139 84 100 180 82 137 477 152 30 296 220 222 152 35 110 107 332 604 125 26 103 48 51 65 74 173 367 214 343 296 Bryce Canyon National Park 608 361 279 301 310 347 353 100 361 418 553 406 331 219 159 308 221 320 282 192 205 477 390 323 356 301 277 232 327 151 378 280 324 86 Canyonlands National Park 398 31 113 139 310 109 86 275 151 2 196 169 435 359 142 80 158 203 200 478 750 180 165 36 91 190 150 89 316 506 142 362 Canyonlands N.P. 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## **PET HAPPENINGS**

### 'Catios' Bring Cats Outdoors

When it comes to their homes, there are few things like city dwellers prize as much as a little outdoor space a terrace, perhaps, or a small deck in the backyard. Their cats feel the same way. But often we share space with our feline friends in an area in which there are dangers.

Here in Moab most homes have plenty of outdoor space, but often are in close proximity to cars and predators. Catio's are a great solution to enriching indoor cat's your life, without all the for your pet risk stress on the small wildlife that can be decimated by cats that run loose. You can do it yourself, or look to



pre-made products to assemble. So some cat owners who would never dream of letting their pets roam free outside have come up with a creative compromise in the Catio: an enclosed space - usually in the form of a screenedin porch or deck — that allows them to share the great outdoors.

One local cat owner said: "The cats seem happier, and there has been an unexpected bonus: Before, we used to have pigeons nesting on the balcony, and it was just a mess." These days, the birds keep their distance.

Catios have made inroads in the suburbs, where they range from small, practical structures - like a box made of wood and chicken wire - to all-out fantasy cat playgrounds, replete with tunnels and scratching posts.

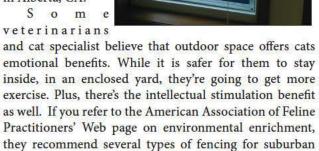
But such enclosures remain a rarity in the city, where giving up even a square foot of real estate to a litter box can seem like a sacrifice. Many Catios are the do-it-yourself variety, but several companies, most of them mom-andpop, sell ready-made cat enclosures or build custom ones. A big name in the market is Kittywalk Systems, a business that sells modular cat enclosures — tubes and rooms that can be used individually or fashioned into cat-size kingdoms, much like the Habitrail system for hamsters.

"People can be very creative, you're really only limited by your imagination and your pocketbook. We have some clients that decorate the inside as if it's just another room



 a picnic table, cat grass - so they can hang out there with their said Mary Lundquist owner of All things Cats in Alberta, CA.

S o m veterinarians



The owners cats — Wilcox, Brandy and Shilo — are well known to the neighborhood squirrels, Ms. Lundquist said. "They calculatedly come and look for the cats and wait for them," she said. "The squirrels will circle the tree, and the cats will chase after them, then the squirrels will turn around and chatter at the cats."

#### What You Need to Build a 'Catio'

cats as a way to enrich the feline experience.

Cat owners who want to create a safe outdoor space for their cats have several options. Do-It-Yourself

> equipment like PVC piping, heavy mesh nets and chicken wire is available in our local hardware stores and other supply stores. Use lumber to make a frame, and staple heavy mesh to the exterior to create a fresh air enclosure. Attaching heavy duty chicken wire to all porch posts and enclosing a patio is the ideal and easiest way to make a catio, but you can build a small to extra large enclosure off a window into your back yard for minimum space and feature. Adding materials like

tree logs, and building multiple "look outs" your can give your cat the safe effective exercise they need to stay fit and keep their minds enriched. Websites like just4cats.com and overcourse the big A we all know of both sell books with detailed drawings and instructions on building a cat enclosure, for around \$25 plus \$5 shipping. The site also has an attractive gallery of its customers' installations. If you are not the type to want a custom enclosure, consider pre-made products like window perches, or window boxes.

Cats are predators and truly appreciate time spent outdoors. Enrichment that is safe and easy on the neighborhood too! Plus it can be added living space you share with your cat and you can spend more time outdoors too. A win for everyone, and a great way to live better with your cats!!



by Jessica Turquette, co-owner of the Moab BARKery



### **Humane Society** of Moab Valley

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#### August 2014 Events

- August 2 Cat Adoption Day at the Moab BARKery from 11am - 1pm
- August 9 Dog Adoption Day at City Market from 10am -12pm
- August 16 Cat Adoption Day at the Moab BARKery from 11am - 1pm
- August 23 Dog Adoption Day at City Market from 10am -12pm
- August 30 Cat Adoption Day at the Moab BARKery from 11am - 1pm

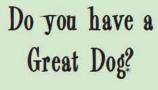
Be sure to check out our website, www.moabpets.org for other ways you can support the HSMV.

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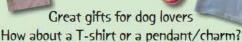




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Macana and a		KZMU OV	KZMU OVERNIGHT Art of the Song KZMU OVERNIGHT						
8:00	Native Spirit / Native News		N	ative News 7:55am	NOW		Desert Diva / Native News	8:00	
9:00	Native News			9:00					
10:00			MOAB M	ORNING B	LEND	Blue Plate	Shine Time (Children)	10:0	
11:00	Jah Morning Reggae	Moab Mamas (everything)	Amarillo Highway	Tilted Park (Americana Classic Rock)	Mixed Tape / Bopp It	Specia <mark>l</mark> (blues/rock)	Trailer Park Companion / Wayward Wind	11:00	
Noon		The Charles He	120.00			The Trading Post	Ain't Live	Nooi	
1:00	Grass is Greener	The Skye's the Limit (rock-blues-	Radio mmm (Classic Indie)	Horizon Line	Random Toonage	(call-in Buy/Sell)	Grand?	1:00	
2:00	(Bluegrass)	unreleased)	(Classic Illaid)		Toollage	1-2-3	(live recordings)	2:00	
3:00		Radio Mundial	Tangled Roots	Bait and Switch	Roots	(funky world soul)	Belagaana Review	3:00	
4:00	Entre Las Piedras Between the Rocks	Radio MOONdial	-WORLD	MUSIC—	Music Express	Fire on the	(fruit and nuts)	4:00	
	(Norteno New Mexico rock & roll)	Alternative Radio	Total Services	Anna de des estados acesas		Mountain	Tween Time (pre-teen fun)		
5:00	West of Broadway/	This Week in Moab	Pirates & Poets	Moab Drive Time	Thursday Drive Time	Free Speech Friday Public Access	Big River/	5:00	
6:00	Concert in the Park	(interviews / Galendar)	DEM		NOW	Fublic Access	Ranch Exit (twang)	6:00	
7:00			DEM	OCRACY	NOW		(twang)	7:00	
8:00	Kokopelli Coffeehouse	Big Swing Face (big band jazz) The Watering Hole	Moab City Council	Thin Edge (jazz)	Beer Garden (rock)	Funky Soul Jam	Rainbow Room/ Main Street	8:00	
9:00		(blues)		<b>U</b> /			Cruise!	9:00	
10:00 11:00	Turn on, Tune in, Drop out (Rock/Talk)	Digital	M O Conscious Party	AB AFT Liberty Jam	ER HO Rock Wasteland	URS Beat Monkey	Ill Beats Radio	10:00	
12:00	K7MILOVERNIGHT						music from the underworld	12.0	

Blue Grass, Country, Folk