

# More Moab Area Events

## May Events (continued)

**May 4 Exhibit Opens at John Wesley Powell River Museum-** *Glen Canyon: A River Guide Remembers*. This temporary exhibit will run through March of 2019. See ad pg 9A

**May 5 SCOTT Enduro Cup Moab-** is an iconic mountain biking destination that boasts endless desert riding, incredible mountain vistas & technical slickrock terrain. Round 1 is a human powered single-day season kickoff where the strongest, and as history tells, most seasoned riders tend to take home the win. Moab trails provide variable terrain of slickrock, wooded, sand & dirt sections that feature naturally banked, rock-paved bench cuts & fast technical descents presented by Vittoria. For info: 801-349-4600 or endurocupmtb.com

**May 5 Fourth Annual Moab Library Comic Con-** 10am – 4pm at the Moab Library, 257 E. Center St. There will be a costume contest for all ages, speakers and booths to appeal to all fandoms. Start planning your costume for Comic Con!

**May 5-6 Moab Golf Club Tournament-** Canyonlands Men's Amateur. For info 435-259-6488

**May 8 Back of Beyond Books: Book Reading by Craig Childs-** 7pm at Star Hall. *Atlas of a Lost World* is an unsparing, vivid, revelatory travelogue through prehistory that traces the arrival of the First People in North America twenty thousand years ago & the artifacts that enable us to imagine their lives & fates. Scientists squabble over the locations & dates for human arrival in the New World. The first explorers were few, encampments fleeting. At some point in time, between twenty & forty thousand years ago, sea levels were low enough that a vast land bridge was exposed between Asia & North America. This book upends our notions of where these people came from and who they were. For info: 435-259-5154

**May 10-14 Four Night "Dark-Sky" Timelapse Photography Workshop-** for photographers & cinematographers of all skill levels. Each day of the workshop includes both class time & a ton of on-location shooting & learning. Moab is home to not one, but two majestic national parks - Arches & Canyonlands, as well as the insanely beautiful Dead Horse Point State Park. During this workshop you'll discover the Moab that most never get a chance to see, while learning advanced timelapse skills. For info: www.TimelapseMoab.com, email: timelapseworkshops@gmail.com or 781-269-2105

**May 11 Western Wildlife Presentation-** 7pm at Star Hall. Dr. Andrew Gulliford, Professor of History & Environmental Studies at Fort Lewis College in Durango, & author of award-winning books, including *Outdoors in the Southwest: An Adventure Anthology* and *Last Stand of the Pack*, will talk about the spiritual importance Bears Ears & the prospect for wolf recovery to Colorado & Utah. This exciting presentation is free & open to the public. Sponsored by Western Wildlife Conservancy. For info: 801-468-1535

**May 11-13 Eastern Book Cliffs: Deep History-** join Canyonlands Field Institute with guest archaeologist, Dr. Steve Simms, & witness the vast archaeological history found throughout Cedar Mesa & Comb Ridge from our comfortable base camp at Recapture Lodge in Bluff. Enjoy daily hikes exploring prehistoric & historic sites, rock art, & geological features while discussing the latest research & theories. For info go online at cfimoab.org, email info@cfimoab.org, or call 435-259-7750.

**May 12 Second Saturday E-Waste Recycling-** at the Community Recycling Center, 1000 E. Sand Flats Road, 9am-Noon. For info on recyclable items visit solidwastessd1.com under events.

**May 12 Back of Beyond Paddle Race-** on race day the starting line is 29 miles from Moab on Highway 128 at historic Dewey Bridge following the Colorado River through the spectacular red rock canyons of Southeastern Utah & past some of the world's most breathtaking scenery - through Moab's 'Postcard Alley' & into Utah's own 'back of beyond'. The race will finish 7 miles down river at Hittle Bottom Campground with music, food & fun for racers and spectators alike. For info: backofbeyondsup.com

**May 12 Dialogues of Diversity-** highlighting stories of strength from local community members of all ages & backgrounds, the Moab Valley Multicultural Center proudly presents a night of theater, cuisine, & community. Centered on the topic of "being new" & highlighting stories of strength in the face of adversity. 5pm at 156 N. 100 West. For info: call 435-259-5444.

**May 12 Twelve Hours of Mesa Verde-** Endurance Mtn. Bike Race is a premier cycling event, organized by volunteers dedicated to improving the lives of youth in SW Colorado. 7am-7pm. See ad pg 3B

**May 15-19 Rally On The Rocks-** bring your own UTV for some great family fun! Go out on trails with your guides & see some of the most amazing scenery you will ever see. Go to the Old Spanish Trail Arena for the vendor show to look at & test drive new UTV models. For info: Jared Livingston 435-851-3637 or jared@rallyontherocks.com

**May 15-19 Four Night Advanced Motion-Control Timelapse Photography Workshop-** During this workshop you'll learn all the skills needed to create professional, breathtaking timelapses, while also learning how to use the latest motion-control gear to bring your timelapses to the next level. Each day of the workshop includes both class time and a ton of on-location shooting and learning. For info: www.TimelapseMoab.com, email: timelapseworkshops@gmail.com or 781-269-2105

**May 17-20 Capture The Red Magic Of Moab: 4-Day Photography Expedition!** join landscape photographers Marisa & Rob on this photographic journey immersed in one of the most bizarre & jaw-dropping landscapes in the world: MOAB! Expedition includes: 2 expert photographer guides, sunrise & sunset photography, astrophotography, post-processing, park fees, 4x4 backcountry safari, hotels, transportation, & more! Reserve your spot now! marisamarulli.com/moab-utah-photography-workshop

**May 18-20 Willys Overland Rally-** join Willys owners from around the country at the beautiful Redcliffs Lodge. Great family atmosphere, car show, trail rides, BBQ & raffle. For info: willysrally.com or call 702-622-5688.

**May 19 Dinosaur Tracks Paleontology-** join paleontologist Dr. John Foster of the Museum of Moab as we explore a landscape of paleontological research & discovery found throughout the Moab area. Foster will lead this days adventure to a variety of dinosaur track sites left on ancient lake shores, river sandbars, & inter-dune oases. For info go online at cfimoab.org, email info@cfimoab.org, or call 435-259-7750.

**May 19-20 Moab Golf Club Tournament-** Desert Duster 2 Lady Bestball. For info 435-259-6488

**May 20-25 goneMOAB-** is the premier Nissan off-road & outdoor experience event, which takes place every year in Moab. Proudly this will be our 17th year for this event & a way for Nissan truck & SUV owners to experience some of

the best 4wheeling in the world. You will have the opportunity to experience everything that the amazing Red Rock area has to offer plus the comradery of fellow 4-wheelers. For info: 614-949-6471

**May 22 Open MIC at Moab Public Library-** 6:30-7:45pm, 257 E. Center St. Open to the public & free to attend. Read, sing, play an instrument or listen. For info: 435-259-8477

**May 25 Pop Up Roller Rink!** 6-9pm at the Old Spanish Trail Pavilion, 3641 S. Highway 191. FREE for locals on final Fridays of the month! Out-of-towners, just \$5 for a skate rental. Disco ball? Check. Dance Music? Check check. Classic suede rental skates & roller blades? We've got those too! (Bring your own skates if you got 'em). Skate mate walkers & instruction available. Follow Skate Moab on social media to learn more. This is an all-ages, family-friendly event.

**May 26 Moab Contra Dance-** at the Moab Arts & Recreation Center, 111 E 100 North. No partner or experience needed to dance. Workshop for beginning dancers at 7:30. Live music by The Moab Community Dance Band with Peg Harty, dance caller. \$7 suggested donation goes to Grand County school music program

## HEALTHY CLASSES

### MONDAYS

**10-11:30am Gentle Yoga-** Join Star Kolb at Moab Yoga, 37 E Center St. Class is for all levels & abilities (no longer a lunch class) For info: moabyoga.com

**11:30am-12:30pm Posture Fitness** at the Moab Recreation & Aquatic Center, 374 Park Ave. Posture Fitness: Exercise class using the Egoscue Method© and Posture Restoration Institute© (PRI) techniques. First class FREE for newbies! For info: 505.412.3132, or go to: www.thepfathlete.com.

**4-5pm Prana Flow** with Jessica at Moab Yoga, 37 E. Center Street

**5:30-6:45pm Yoga Basics** with Meagan at Moab Yoga, 37 E. Center Street

### TUESDAYS

**9-10:30am Gentle Yoga-** Join Star Kolb at Moab Yoga, 37 E Center St.

**1-1:45pm Sheng Zhen Healing Gong-** with certified teacher Lisa De Rees, by donation, at the Grand Center Vitality Room, 182 N. 500 West. 435-260-9678

**5:30-7pm Yoga-** with Porscha at Moab Yoga, 37 E. Center Street

**5:30pm Kundalini Yoga & Gong Meditation-** 125 E. 200 North, Historic Helen Taylor Home. Teacher: Gregory Lee Hood & Music Sound Therapist Annette Kearn, PhD. By donation. For info: 713-817-7859

### WEDNESDAYS

**9-10:15am All Levels Yoga** with Meagan at Moab Yoga, 37 E. Center Street

**5:30-6:45pm All Levels Yoga** with Kristi at Moab Yoga, 37 E. Center Street

### THURSDAYS

**9-10:30am Yoga** with Porscha at Moab Yoga, 37 E. Center Street

**Noon-1pm Lunch Flow** with Chelsea at Moab Yoga, 37 E. Center Street

**5:30-6:45pm All Levels Yoga** with Chelsey at Moab Yoga, 37 E. Center Street

**5:30-7pm All Levels Sheng Zhen Gong** - with certified teacher Don Leathers at the Moab Arts & Recreation, 111 E. 100 North. 435-259-8123.

**5:30pm Kundalini Yoga & Gong Meditation-** 125 E. 200 North, Historic Helen Taylor Home. Teacher: Gregory Lee Hood & Music Sound Therapist Annette Kearn, PhD. By donation. For info: 713-817-7859

### FRIDAYS

**10-11am All Levels Pilates** with Jenna at Moab Yoga, 37 E. Center Street

**Noon-1:15pm All Levels Yoga** with Dylan at Moab Yoga, 37 E. Center Street

### SATURDAYS

**8:30-9:45am All Levels Yoga** with Christina at Moab Yoga, 37 E. Center Street

**10am Kundalini Yoga & Gong Meditation** at 125 E. 200 North, Historic Helen Taylor Home. Teacher: Gregory Lee Hood & Music Sound Therapist Annette Kearn, PhD. By donation. For info: 713-817-7859

**10:15-11:45am Yoga Basics-** at Moab Yoga, 37 E Center St. Join Star Kolb for a calm paced yoga practice. For all levels. Drop-in rates & passes available. For info: 406-291-6408. www.moabyoga.com for current schedule or to sign up online.

### SUNDAYS

**9-10:15am All Levels Yoga** with Kristi at Moab Yoga, 37 E. Center Street

**May 26-27 Moab Arts Festival with Beer & Wine Garden-** free admission, live music, Wine & Beer Garden, art vendors & art for kids. Located in the gorgeous setting of Swanny City Park (400 North, 100 West) on Saturday, 10am-7pm; Sunday, 10am-6pm. This free event hosts local & national artists welcoming residents & visitors from all parts of the world. For info: moabartsfestival.org, email info@MoabArtsFestival.org or call 435-259-2742

**May 26-28 Barrel For Bucks-** come watch some of the fastest horses and their riders compete for top spot in the popular sport of Barrel Racing! It is free to come and watch, we love the support! For info: Sally Soltvedt 970-210-6712 sjsoltvedt@yahoo.com

**May 31-June 2 Canyonlands PRCA Rodeo-** come see the cowboys & cowgirls of the Canyonlands PRCA Rodeo at the Spanish Trail Arena, 3641 S. Highway 191. Watch bull riders, calf ropers, barrel racers, saddle bronc riding, & much more! We even have a mutton busting' for the kids & a stick pony race for the even younger kids! Hope to see you'll there! For info: Kirk Pearson 435-259-4852 info@moabcanyonlandsrodeo.com

Live Music  
Calendar  
page 8B

