

BREAKFAST

SUNRISE PANINI *FRESH HERBED FOCACCIA, 2 EGGS &... \$6

*SMOKED HAM, WHITE CHEDDAR, SPINACH, ONION

*SAUSAGE, PROVOLONE, ONION, TOMATO

*SPINACH, ONION, TOMATO, GOAT CREAM CHEESE, ROASTED RED PEPPER SPREAD

*BACON, TOMATO, MONTEREY, ONION

NEW MEXICO MORNING BURRITO *FLOUR TORTILLA EGGS, POTATOES, CHORIZO, CHEDDAR, SALSA \$6

WESCIAL BURRITO *FLOUR TORTILLA, EGGS, BACON, CHOPPED GREEN CHILE, CHEDDAR, SALSA \$6

LOCALS' BURRITO* FLOUR TORTILLA, EGGS, POTATOES, SPINACH, ONION, CHEDDAR, SALSA \$6

BEANS! BURRITO* FLOUR TORTILLA, EGGS, SALSA, CHEDDAR, BLACK BEANS, CHOPPED GREEN CHILE \$6

VEERRITO! *TOFU, ONION, SPINACH, CHICKPEAS, POBLANO PEPPERS, POTATOES, SALSA \$6

POTATAS BRAVAS! *2 EGGS OVER CRISPY HOME FRIES TOSSED IN A DELICIOUS SAUCE OF ONION, GARLIC & TOMATO. REMINISCENT OF TAPAS IN SPAIN \$7

HUEVOS RANCHEROS *2 EGGS OVER A PILE OF HOME FRIES, BLACK BEANS, RED CHILE SAUCE, CHEDDAR \$8

SKINNY OMELET* A CREPE LIKE OMELET WRAPPED AROUND SPRING GREENS, BABY SPINACH, RED ONION, & A BIT OF CRUMBLLED FETA CHEESE \$7

EGGS, EGGS, POTATOES OR BREAD * 2 EGGS WITH CHOICE OF HOME FRIES OR OUR FOCACCIA TOASTED WITH BUTTER \$5

WARM & NUTTY QUINOA* SEASONAL FRESH BERRIES & OVEN TOASTED NUTS TOP A BOWL OF SWEETENED QUINOA \$6

WHOLE WHOLE WAFFLES* WHOLE WHEAT, FLAX, CINNAMON \$6

SERVED WITH BUTTER & SYRUP

*ADD BANANAS & CANDIED NUTS \$2

*ADD SEASONAL FRESH FRUIT \$2

GRANOLA & YOGURT* SEASONALLY SPICED GRANOLA MADE BY US! SERVED OVER A BOWL OF VANILLA YOGURT \$6

B.F.G. * ONE GI-NOURMOUS DROP BISCUIT, 2 EGGS & OUR TASTY SAUSAGE GRAVY. \$5



ORGANIC COFFEE
and
ESPRESSO BAR

LOVE MUFFIN

259-MUFF

139 n. main

Cafe

LOCAL*ORGANIC*SEASONAL*VEGAN*GLUTEN-FREEDOM

SANDWICHES! \$7.50

ALL SANDWICHES ARE SERVED ON OUR MUFFIN MADE FOCACCIA. EACH IS DELICIOUS HOT PRESSED ON THE GRILL OR COLD.

MUFFALETTA * LAYERS OF SALAMI! SOPRESSATA, CAPICOLA, GENOA & COTTO. PROVOLONE & FONTINA CHEESE. OLIVE TAPENADE & CREAMY MAYO .ONION & TOMATO

HOT STALLION* FOUR SALAMIS, FONTINA CHEESE, ONION, TOMATO SWEET SPICY MUSTARD, MAYO, PEPPERONICIS.

VESUVIO* REAL ROASTED TURKEY, COTTO SALAMI, FONTINA CHEESE, SWEET SPICY MUSTARD, MAYO, MIXED GREENS & TOMATO

CHIPOTLE TURKEY* REAL ROASTED TURKEY, MONTEREY CHEESE, ONION, TOMATO & OUR TASTY CHIPOTLE MAYONNAISE PRESSED ON THE GRILL.

SURF & TURF* WHITE ALBACORE TUNA, THICK BACON, TOMATO, ONION & MIXED GREENS

JAMAICAN JERK CHICKEN* CHICKEN SALAD SPICED WITH OUR BLEND OF SAVORY SPICY JAMAICAN FLAVORS. ONION, TOMATO & MIXED GREENS. FEEL IT!

LUNCH

SUMMER LOVE BLT * CLASSIC BLT WITH AVOCADO & PESTO MAYO. ALL THE BOUNTY OF LOCAL TOMATOES & BASIL! MUFFALICIOUS!

CURRIED TOFU SALAD* RED CURRY, CILANTRO, LIME, CHICKPEAS, SPROUTS, MIXED GREENS, ONION, & TOMATO

FRESH VEG* ROASTED RED PEPPER SPREAD, GOAT CREAM CHEESE, SPROUTS, CARROTS, TOMATO, ONION, SPRING GREENS

BBQ TOFU* BBQ BAKED TOFU, MIXED GREENS, ONION & TOMATO, & A CRISPY CRUNCHY PICKLE SALADS!
SALADS \$7.50

FARMHOUSE* SHERRY VINAIGRETTE, BLUE CHEESE, HARD BOILED EGG CRISPY PANCETTA, SHAVED FENNEL OVER SPRING GREENS

GREENIE* CILANTRO LIME VINAIGRETTE, AVOCADO, CELERY, SCALLIONS, BELL PEPPERS, WHITE CHEDDAR OVER MIXED SPRING GREENS.

BLT* CREAMY MAYO DRESSING, BACON, TOMATO, HERBED FOCACCIA CROUTONS, ONION, OVER MIXED SPRING GREENS.

7:30am-2:00pm EVERYDAY