



# Breakfast

**SUNRISE PANINIS \$7.25**  
housemade focaccia

**HAM** egg, spinach, onion, Hatch green chile cream cheese

**SAUSAGE** egg, onion, monterey & apricot aji amarillo jam

**BACON** egg, monterey cheese, & adobo remoulade

**VEGGIE** egg, avocado, spinach, tomato, onion & sikil pak spread

## BURRITOS \$7

**NEW MEXICO** chorizo, eggs, cheddar & potatoes

**WESCIAL** eggs, bacon, Hatch green chile, cheddar & potatoes

**LOCALS** eggs, potatoes, spinach, onion, cheddar

**BEANS** eggs, cheddar, black beans, chopped green chile

**MORITA** eggs, black beans, spinach, potatoes & salsa negra

**ROOSTER** eggs, kimchi, pork, cheddar & sriracha bbq

**BOMBERO** eggs, slow roasted beef brisket, cheddar, avocado & bombero sauce

## BOWLS \$9

**HOUSEMADE GRANOLA** Organic oats, seasonal spices & nuts. Served with fresh fruit & yogurt or milk.

**CHIA PUDDING** Organic Black Chia served cold with coconut milk, fresh seasonal fruit and nuts.

**WARM QUINOA** Organic rainbow quinoa served with almonds, agave fresh fruit & steamed almond milk



MOAB ♥ UTAH

# 435-259-muff

139 North Main  
Moab, Utah

- ♥ Local ♥ Organic ♥
- ♥ Seasonal ♥ Vegan ♥
- ♥ Gluten free ♥

6:30 am to 1:00 pm everyday



Organic Coffee & Espresso Bar

# Breakfast

**PLATES \$9.50**

**HUEVOS RANCHEROS** 2 eggs & red chile sauce over potatoes, corn tortilla, black beans & cheddar

**POTATAS BRAVAS** 2 eggs over potatoes cooked in onion, garlic & tomato sauce on a bed of spinach & feta cheese

**FARMER'S OMELET** 3 egg omelet with seasonal veg & cheese. served with housemade toast & jam

**PLATES \$11**

**VERDE** 2 eggs & Hatch green chile verde sauce over potatoes, beef brisket cheddar cheese & pico de gallo

**LA POUTINE** 2 eggs & sausage gravy over potatoes, bacon, bleu cheese & pico



# Lunch

**SANDWICHES \$11**  
housemade focaccia  
*served with kettle chips or fruit*

**CHIPOTLE TURKEY** house roasted turkey, chipotle mayo, onion & smoked gouda .... grilled!

**VESUVIO** house roasted turkey, salami, monterey, sweet hot mustard, mayo, tomato & lettuce

**SUMMER LOVE BLT** bacon, lettuce, tomato, avocado, onion with pesto mayo & creamy muff sauce

**SURF & TURF** white albacore tuna, thick bacon, tomato, onion, lettuce

**CUBAN** shredded pork, ham, monterey, French's mustard, onion & pickle grilled!

**BANH MI** shredded pork, onion, pickled carrots, cilantro, lettuce, serranos, lettuce, sriracha mayo

**FRESH VEG** avocado, tomato, carrots, onion, lettuce & sikil pak spread

## SALADS \$9

**FARMHOUSE** hardboiled egg, bacon, bleu cheese, pecans & sherry vinaigrette

all sandwiches can be made to serve as a salad.

Fresh juices and other seasonal items ready to grab and go.